

UHTD - JS220 7723

OPD - 7781

, Date - 28/01/22

ORTHOCARE

- Joint Pain
- Cervical Pain
- Low Back Ache

PANCHKARMA

- Detoxification
- Rejuvenation
- Shirodhara, Shiro Basti
- Shiro Pichu
- Kati Basti, Prishtha Basti
- Janu Basti
- Akshi Tarpana
- Nasya
- Basti
- Abhyanga
- Swedanam

GASTOCARE

- Acidity
- Constipation
- Liver Treatment

FACILITY

- Steamer
- Panchkarma Room
- Ayurvedic Treatment

Name: Mahipal Singh
W/o, D/o, S/o: Champat Singh

Chief Complain

History

with cervical Rashes.

Menstrual History

Diagnosis:

Amlapitta

अष्टविध परिक्षा

स्पर्श ऊष्ण

शब्द गम्भीर

Face (आकृति) अंगान्क

Eye (दृष्टि) अंगान्क

Jiwha (जिह्वा) आकृत

Urine (मूत्र) पीतवर्ण

Stool (मल) अकृत

Nadi (वात, पित्त, कफ) विक

(Dash Vidha)

1. Prakrutii विक
2. Vikrutii विक
3. Sara अस्थि / रक्त /
4. Samhana मध्यम
5. Pramana मध्यम
6. Satmya मध्यम
7. Satva अकृत
8. Aahar Shakti मध्यम
9. Vaya वृद्ध
10. Vyayam Shakti मध्यम

Vitals:

B.P.: 126/80 mmHg

Weight.: 53 kg

Height: 5'7"

RBS.: 130 mg/dl

do - severe late acidity
1st to 2nd / 3rd / 4th / 5th / 6th / 7th / 8th / 9th / 10th / 11th / 12th / 13th / 14th / 15th / 16th / 17th / 18th / 19th / 20th / 21st / 22nd / 23rd / 24th / 25th / 26th / 27th / 28th / 29th / 30th / 31st / 32nd / 33rd / 34th / 35th / 36th / 37th / 38th / 39th / 40th / 41st / 42nd / 43rd / 44th / 45th / 46th / 47th / 48th / 49th / 50th / 51st / 52nd / 53rd / 54th / 55th / 56th / 57th / 58th / 59th / 60th / 61st / 62nd / 63rd / 64th / 65th / 66th / 67th / 68th / 69th / 70th / 71st / 72nd / 73rd / 74th / 75th / 76th / 77th / 78th / 79th / 80th / 81st / 82nd / 83rd / 84th / 85th / 86th / 87th / 88th / 89th / 90th / 91st / 92nd / 93rd / 94th / 95th / 96th / 97th / 98th / 99th / 100th

CVS (10)

CVS (10)

G.C. / vein concave / arched

Rx

Amlapitta Har churan

1st - 0 - (top evening)
after food & warm water.

Brahmi Pizhi

125 mg - 0 - 125 mg.
Pizhi & Amlapitta churan
after food & warm water.

NEXT CONSULTATION DATE:.....

