

CPR TRAINING TO STAFF

Date: 13/10/24

Trainer: [REDACTED]

Attended by: Ruby (female Sr. Therapist)

Hemant (Sr. Therapist)

Sonjay (Pharmacist)

Atkash (Housekeeping)

Riya (Attendant)

Bhusho (Receptionist)

Today, on 13/10/24, a training session was organized for staff on CPR to clear their doubts and issues if they are facing any trouble. Training includes so far, which staff should know during emergency. Following are the Agenda —

* This denotes a level car which patients will receive in an emergency.

* Initial Assessment:

- Staff has to use code blue to start work-in-action. Along with information to ambulance and higher centre for transfer of patients.

* 7 CPR Steps Everyone Should know:

- 1) Position your hand
- 2) Interlock fingers.
- 3) Give chest compressions
- 4) open the airway
- 5) Give Rescue breaths
- 6) Watch chest fall
- 7) Repeat chest compression and Rescue breaths.

* After Arrival of anesthesia doctor - team will follow the instruction as per order by CPR head team.

* Chest compression :

Adult - 2 inches ↓

Child - 2 inches ↓.

Infant - 1.5 inches ↓.

- Perform 30 chest compression at a rate of 100 per minute, letting the chest rise between each.

Questions - Paper

- Q1. Full form of CPR?
- Q2. What is the rate of chest compressions per minute for any age?
- Q3. Where should the hands be placed on the chest for adult CPR?
- Q4. What is the depth of compression on an adult?
- Q5. Which code should be announced before giving CPR?
- Q6. What is the depth of compression on an infant?
- Q7. Provide 2nd CPR step?
- Q8. Which pulse should be checked during CPR?

Answers

(Bharti° Sain - Receptionist)

- Ans-1 - Cardio Pulmonary Resuscitation
Ans-2 - 100 Compressions per minutes
Ans-3 - 2 Inch.
Ans-4 - Should be placed at lower side of breast bone.
Ans-5 - Blue Code should be announced. Before giving CPR.
Ans-6 - 1.5 Inch
Ans-7 - Interlock Fingering.
Ans-8 - Carotid pulse.

Allover - Good!
Need more Training.

70/80

Answers

Sanjay (Pharmacist)

Ans-1. CPR Full form — Cardio-pulmonary Resuscitation.

Ans-2. 100 Compression. per minute.

Ans-3. 2 inch.

Ans-4. Should be placed at lower side of breast bone.

Ans-5. Blue Card. Should be announced. before giving CPR.

Ans-6. 1.5 inch.

Ans-7. Interlock. Fingering.

Ans-8. Carotid. pulse.

Well on - Average -
Need not Training

60/80.

Answers

Dharmender (Male attendant).

Ans 1 $\Rightarrow$ Cardio pulmonary Resuscitation

Ans 2 $\Rightarrow$ 100 compressions per minute

Ans 3 $\Rightarrow$ Hands should placed on Breast Bone (Lower half)

Ans 4 $\Rightarrow$ 2 Inches

Ans 5 $\Rightarrow$ Code Blue

Ans 6 $\Rightarrow$ 1.5 Inches

Ans 7 $\Rightarrow$ Inter lock fingers

Ans 8 $\Rightarrow$ Carotid Pulse

Answer - correct
(20/80)

Answers

Akash (Housekeeping)

Ans 1 $\Rightarrow$ Cardio pulmonary Resuscitation

Ans 2 $\Rightarrow$ 100 Compression / min.

Ans 3 $\Rightarrow$ हाथ की फोर हॉग की गिनती इसी में करना चाहिए /

Ans 4 $\Rightarrow$ 2 इंच

Ans 5 $\Rightarrow$ मौड़ पल (नीला)

Ans 6 $\Rightarrow$ 1.5 इंच

Ans 7 $\Rightarrow$ इंग्लोक उगोमिय

Ans 8 $\Rightarrow$ कारोटिड पल्स

Net One - Average.
(60/80)

Ans 1 → Cardio Pulmonary Resuscitation.

Ans 2 → 100 Compression Per minute.

Ans 3 → Hands must be on mediastenum.

Ans 4 → 2 inches.

Ans 5 → 1.5 inches.

Ans 6 → Fingering interlock.

Ans 7 → Code Blue.

Ans 8 → Carotid Puls.

All over - Good.
(54/80)

1500	
1050	
750	
500	
250	
0	
1500	
1050	
750	
500	
250	
0	
1500	
1050	
750	
500	
250	
0	

Riya (Attendant)

Answers

Ans 1. CPR full form $\rightarrow$ Cardio pulmonary Resuscitation.

Ans 2. 100 Compression per minute.

Ans 3. Should be placed at lower side of breast bone.

Ans 4. 2 inch.

Ans 5. Code Blue.

Ans 6. 1.5 inch.

Ans 7. Fingering Interlock.

Ans 8. Carotid pulse.

All on - used.
(70/80)

Answers

Ruby (Sr. Therapist)

Ans (1.) ~~Keto~~ Cardio Pulmonary Resuscitation

Ans (2.) - Perform 30 chest compressions at a rate 100 per minute

Ans (3.) ब्रेस्ट बॉन की हड्डी के निचले हिस्से में रखना चाहिए

Ans (4.) दो इंच

Ans (5.) Code Blue (अनोउस) (29)

Ans (6.) 1.5 इंच

Ans (7.) इंटरलॉक उगालिया

Ans (8.) ~~कार्डियो~~ ~~कैरोटिड~~ Carotid Pulse

All over - Good

70/80

Staff feedback :-

- * Dr. Sonam mam ne jo training di, aur training ke baad
vahan kuch samasya me aaya hai. CPR se hum kisi ko jinnam kar sakte hai,
jisse yeh kahi par bhi upayog ho sakti hai, sirf Emergency case me.
CPR se pehle hum Code Blue bolate hai.
- * it's very useful for Fainted. If there is an accident, we can
do CPR on the victim before going to the hospital
if patient fainted.
- * Dr. Sonam Kashyap ne hume bahut achhe se
samajhaya aur unhone CPR Training bahut
achhe se bataya. Mujhe CPR Training me
ye samajh aaya ki अगर ये दुर्घटना कही भी
हो जाती है तो मैं अच्छे से CPR दे सकती हूँ।
- * हमे मैम ने बहुत अच्छे से समझाया है। Training di, मुझे कभी लाइफ
मे CPR देने की जरूरत पड़ी तो मैं अच्छे से दे सकता हूँ।
- * Training di hai Dr. Sonam mam ne jo bahut achhe
se samajhaya hai CPR Training bahut achhe se
bataya hai.
- * हमे जिन ने CPR की Training di, maine Training me sikha hai ki कभी भी
किसी व्यक्ति को CPR देने की जरूरत पड़ी तो मैं CPR अच्छे से दे
सकती हूँ।