FILE CHECK LIST

Patient Name: RAJIV SHARMA.

MRN: 785.

S no	Content	YES	No	No. Of Pages	Remarks
1	Registration Form	✓		1.	
2	General Consent Form/ PANCHKARMA CONSENT FORM	✓		1.	
	PRAKURTI CHART FORM	✓		1.	
3	Referral /Transfer Form		No.		
4	Patient Initial Assessment Sheet	✓		2.	
5	Plan of Care	✓		1.	
6	Visual Analog Scale Format (Pain)	✓		3.	
7	Diet chart	✓		2.	
8	Progress Note	✓		7.	
9	Reassessment Notes	✓		1.	
10	Informed patient consent for therapy /procedure	✓		1.	
11	Pre procedure instruction sheet	✓		1	
12	Procedure /Treatment Notes and Post procedure /treatment instructions	✓		1.	
13	Drug chart	✓		1.	
14	Patient and / family member education form	✓		1.	
15	Discharge summary	✓		2.	
16	Investigation Results	✓		1	
17	Other		✓		

Auditor name & Date: 28/3/22

Consultant Name & Signature: DR. AKANKSHA

28/3/22

Vrindavan Ayurveda Chikitsalayam
(unit of R.P Garg and Associates)
Vrindavan Estate, Village Thana, EPIP-2, Baddi, Himachal Pradesh Ph : (01795 667166) +91 7901778899

VRINDAVAN AYURVEDA CHIKITSALAYAM

Shivalik Foothills, Village Thana, EPIP -II, H.P
Ph:01795667166, +91 7901778899

ADMISSION RECORD

IPD No	:	3			
UHID No	:	725			
Full Name	:	RAJIV SHARMA			
DOB	:	02/07/1985 00:00:00			
Gender	:	Male	Age	:	37
Address	:	PANDIT WALI GALI WARD NO.-6			
E-mail ID	:	@			
Nationality	:	India	Mother Tounge	:	
Profession	:				
Marital Status	:				
Name of person accompanied by	:				
Contact Tel	:	+971558954201			
Admission Date	:	13/03/2022			
Suggested Duration of Treatments	:				
Bed Number	:	R-204			
Chief Physician	:	Dr. Akanksha			
Consulting Doctor	:	Dr. Akanksha			

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AVANIKSHA.
Unique Identification Number	725
OP/IP	O.P
Admitted Location	R1204.
Date & Time	13/03/2022 @ 4:00 P.m.

VAC /F 1/10 21

Registration Form

Date of Registration: 13/03/2022

Name: RAJIV SHARMA.

Date of Birth: 02/07/1985 Age: 37 Year: 1985.

Sex: ☑ Male ☐ Female

Nationality: INDIAN

Aadhar Card or Passport No.: 817507167348

Postal Address: PANDITA WALI GALI WARD No.6

PULL HERA HOSHIARPUR.

Phone No: 9115113346

Email Id: No. Referred By: No.

Came to know Vrindavan Ayurveda Chikitsalayam: (Tick appropriate)

Newspaper / Friend / TV / Sign board / Pamphlets

Signature of Patient/Relative

ADMISSION REQUEST

Patient Name : RAJIV SHARMA.	**MRN :** 725.
Consultant Name : DR. AKANKSHA.	**Date :** 13/03/2022.
Routine ☑ **Urgent** ☐	**Room Type :** Single ☑ Twin ☐ Multiple Bedded ☐
Primary Diagnosis : KATEEGARAHAM.	
Expected Date of Discharge : 27/12/2022.	
Admitting Doctor	
Name : DR. AKANKSHA.	
Signature : Akanksha.	
Date : 13/08/2022 Time : 4:00 P.m.	

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	785
OP/IP	O.P
Date & Time	13/03/2022 @ 4:00 P.M.

VAC /F-2/10-21

General Consent Form

I RAJIV SHARMA aged 37. years, here by consent to undergo treatment at Vrindavan Ayurveda Chikitsalayam, Baddi, explained to me to my full knowledge in my own language about my condition, treatment procedures planned, the duration of treatment, do's & don'ts during the treatment procedure, the risk associated with the treatment procedure, the possible outcome, the services available at the Vrindavan Ayurveda Chikitsalayam, and the approximate cost of the treatment.

I agree to undergo the treatment procedures and abide by the instructions given to me by the treating Vaidya.

Patient rights and responsibilities explained to me in my understanding manner and language, I understood also, I am agreed to follow patient responsibilities and I will abide by the hospital / facility rules.

I also give consent to make timely payments of all dues of the hospital that are incurred from time to time during the management of patient in the hospital.

Date & Time : 13/03/2022 @ 4:05 P.m.

Vaidya Name & Signature : DR. AKANKSHA @

DR. AYANKSHA SONI
B.A.M.S. REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Witness Name & Signature : CHETAN SHARMA

Patient Name & Signature : RAJIV SHARMA

Parent / Guardian Name & Signature, if the patient is minor :

रोगी का नाम	
ईलाज करने वाले वैद्य का नाम	
विशिष्ट पहचान संख्या	
ओ पी /आई पी	
तिथि एवं समय	

VAC /F-2/10-21

सामान्य सहमति प्रपत्र

मैं ..... आयु ..... वर्ष, यहां सहमति से गुजरना वृंदावन आयुर्वेद चिकित्सालयम, बद्दी में उपचार ने मुझे मेरी स्थिति, नियोजित उपचार प्रक्रियाओं, उपचार की अवधि, उपचार प्रक्रिया के दौरान क्या करें और क्या न करें, उपचार प्रक्रिया से जुड़े जोखिम के बारे में मेरी अपनी भाषा में पूरी जानकारी के साथ समझाया। संभावित परिणाम, वृंदावन आयुर्वेद चिकित्सालयम में उपलब्ध सेवाएं और उपचार की अनुमानित लागत।

मैं उपचार प्रक्रियाओं से गुजरने और मेरे द्वारा दिए गए निर्देशों का पालन करने के लिए सहमत हूँ ।

वैद्य का इलाज रोगी के अधिकारों और जिम्मेदारियों को मेरी समझ और भाषा में समझाया, मैं भी समझ गया, मैं रोगी जिम्मेदारियों का पालन करने के लिए सहमत हूं और मैं अस्पताल/सुविधा नियमों का पालन करूंगा।

मैं अस्पताल में रोगी के प्रबंधन के दौरान समय-समय पर होने वाले अस्पताल के सभी बकाए का भुगतान करने के लिए भी सहमति देता हूँ ।

तिथि एवं समय :

वैद्य का नाम एवं हस्ताक्षर :

साक्षी का नाम एवं हस्ताक्षर :

मरीज़ का नाम एवं हस्ताक्षर :

मातापिता /अभिभावक का नाम एवं हस्ताक्षर, यदि रोगी नाबालिग है :

VRINDAVAN AYURVEDA CHIKITSALAYAM

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

PANCHKARMA CONSENT (पंचकर्म सहमति)

UHID 725 IPD 725 Bed No. B1204 Date 13/03/2022.

Patient Name (रोगी का नाम) RAJIV SHARMA.

Name of W/O, D/O, S/O (पिता/पति का नाम) RESNA SHARMA

Address & Phone No. (पता एवं फोन नं.) PADHTA WALI GALI, WARD No. 6, PUL HERA HOSHIARPUR.

DOA (भर्ती की तिथि) 13/03/2022 TOA (भर्ती का समय) 4:00 PM Age(उम्र) 37 Sex(लिंग) M

Treatment Benefits (उपचार के लाभ) L.B. Pain will decreases & Blood supply improved.

Risk (जोखिम) Lower back Pain may be increase.

Alternative (विकल्प) Stop running therapy & rectification will be done.

We are informed about the therapy & also about the complication in which e.g.,

हमें हमारी थैरेपी के बारे में पूर्णतः बता दिया गया है एवं थैरेपी के आने वाले उपद्रवों के बारे में भी बता दिया गया है |

जैसे :-

- [ ] Fever (बुखार आना)
- [ ] Tenderness in abdomen (पेट में भारीपन)
- [x] Backache (कमर में दर्द)
- [x] Increase pain (दर्द में वृद्धि)
- [ ] Decrease B.P (बी.पी कम होना)
- [ ] Tingling sensation (झनझनाहट)
- [x] Tenderness (अकड़न)
- [ ] Numbness (सुन्नपन)
- [ ] Vomiting (उल्टी)
- [ ] Loose motion (दस्त)

After Explaining about the complication & the benefits I will be responsible for everything and give full permission to the doctors & the therapists to perform. It have been clearly explained about the complications and other impacts of procedure by the doctor clearly in my own language. I have been explained about the expenses in the procedure clearly. I have been explained about the details of PROCEDURE, in case of any emergency and further referral to any higher center, the required expenses in that case will be paid by me. I had read about the clauses clearly and giving my concern for the procedure mention about

आदि के बारे में डाक्टर द्वारा अवगत करा दिया गया है | मैं स्वत: अपनी इच्छानुसार अपनी होनी वाली थैरेपी के बारे में पूर्णतः ज्ञात होने के पश्चात इन्हें कराने के लिए तैयार हूँ | इसकी पूर्णतः ज़िम्मेदारी मेरी स्वयं की होगी | मुझे मुझ पर होने वाली प्रक्रिया (थैरेपी) के बारे में पूर्णतः बता दिया है। जिसमें आने वाले उपद्रवो के बारे में भी मुझे मेरी भाषा में बता दिया गया है। यदि किसी भी थैरेपी के दौरान आई आपातकालीन स्थिति में मुझे किसी दूसरे बड़े अस्पताल में जाना पड़ता है तो इसका पूर्ण खर्चा मुझे स्वयं वहन करना होगा। मैं अस्पताल के सारे नियम व कानून पढ़ चुका/चुकी हूँ एवं मुझे बता दिया गया है और मैं अपनी स्वीकृति दे रहा/रही हूं।

DR. AKANKSHA SHARMA
B.A.M.S., REGD. NO.
VRINDAVAN AYURVEDA CHIKITSALAYAM

13/03/2022 4:06 P.M.

➢ Doctor's Signature (डॉक्टर के हस्ताक्षर) DR. AKANKSHA Patient's Signature (रोगी के हस्ताक्षर) ....

(2) (3) (1)
VPK

Prakurtl Chart Form

UHID.....725..... IPD.....725..... BED NO. R1204 DATE.....13/03/2022

Kindly add mental, behavioral, emotional and physical profile subtotals to attain the final total. The dash with the highest total is your mind body type.

	VATA	PITTA	KAPHA
MENTAL PROFILE			
Mental activity ☑	Quick mind restless	☐ Sharp intellect aggressive	☐ Claim stead stable
Memory ☐	Short-term best	☑ Good general memory	☐ Long –term best
Thoughts ☐	Constantly charging	☐ Fairly steady	☐ Steady stable fixed
Concentration	Short-learn focus best	☐ Better than average mental concentration	☐ Good ability for long term focus
Ability to learn ☑	Quick grasp of learning	☐ Medium to moderate grasp	☐ Slow to learn
Dreams ☐	Fearful flying running jumping	☐ Angry , fiery ,violent adventurous	☐ Includes water clouds relationship , romance
Sleep ☐	Interrupted light	☐ Sound ,medium	☑ Sound ,heavy long
Speech ☐	Fast sometimes missing words	☐ Fast sharp clear cut	☐ Sound ,clear ,sweet
Voice ☐	High pitch	☐ Medium pitch	☐ Low pitch
Mental profile			
Eating speed ☐	Quick	☐ Medium	☐ Show
Hunger level ☐	Irregular	☐ Sharp need food when hungry	☐ Can easily miss meals
Food and drink ☐	Prefers warm	☐ Prefers cold	☐ Prefers dry and warm
Achieving goal ☐	Easily distracted	☐ Focused of driven	☐ Slow and steady
Giving/donation ☑	Gives small amounts	☐ Gives nothing or large amount infrequently	☐ Gives regularly and generously
Relationships ☐	Many casual	☐ Intense	☐ Long and deep
Sex drive ☐	Variable or law	☐ Moderate	☐ Strong
Works best ☐	White supervised	☐ Alone	☐ In groups
Weather preference ☐	Aversion to cold	☐ Aversion to heat	☐ Aversion to damps cool
Reaction to stress ☐	Excites quickly	☐ Medium	☐ Slow to get excited
Finances ☐	Doesn't save spends quickly	☐ (Save but big heat)	☐ Save regularly accumulates wealth
Friendship ☐	Tends towards short term friendship makes friends	☐ Tends to be a longer friends related to occupation	☐ Tends to form long lasting

Vata type	Dry to rough skin ,insomnia , constipation ,fatigue , headaches , intolerance of cold underweight or losing weight anxiety ,worry ,and restlessness , attention deficit with hyperactivity disorder .
Pitta type	Rashes inflammatory, skin condition, stomach ache, diarrhea, controlling and manipulative behavior, visual problems, excessive body heat, hostility irritability and excessive competitive drive.
Kapha type	Oily skin shows digestion, digestion, sinus congestion, nasal allergies, asthma, and obesity. Skin growths, possessiveness, neediness, apathy, depression, difficulty, paying attention.

INSTRUCTIONS FOR PANCHKARMA TREATMENTS

1. Warm and hot water for drinking.
2. Hot water for bathing.
3. Avoid day sleep.
4. Avoid awakening in night.
5. Pass natural urges (urine & stools) before Panchkarma treatments.
6. Don't suppress natural urges.
7. Don't do excessive workout exercise
8. Don't expose to clod air of hot sun.
9. Avoid stress and strain during treatment.
10. Don't travel on vehicles immediately after treatment.
11. Immediately after traveling or exercise should be not taking and panchkarma treatment.
12. Avoid coitus during treatment period.
13. Take proper rest during and after treatment.
14. During treatment patient should be kept on light and hot diet.

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

13/03/2022
4.07 P.M

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725
OP/IP/Emergency	O.P.
Admitted Location	R/204.
Date & Time	13/03/2022 @ 4:07 P.M.

VAC /F-4/10-21

Patient Initial Assessment Sheet

Chief complaints

Lower back pain radiate to both legs Rt + Lt ++ since 2-3 years back.
Weight Lifting since 2014.
Swelling on Lower back Lt. Side.

History of present illness

Firstly weight lifting since 2014 & then started to Lower back pain radiate to both legs Rt + Lt ++ since 2-3 years back & then after swelling on Lower back Lt. Side.

Vital signs

Wt. → 87kg.
B.P → 130/90 mmHg.
R. R. → 16/min.
P. R. → 75/min.

System Examination details	S. L. R. DONE.

Pain Score	9/10.
Nutritional risk	No.
Is patient vulnerable? If yes mention type	No.
Previous Medications	No.

Name of the drug	Dose	Route /Site	Frequency /Time
	N.A		

Any allergies: No any food allergies & Drug Allergies.

Provisional Diagnosis	KATEEGHRAHAM.
Vaidya Name & Signature: Date & Time:	DR. AKANKSHA & Akanksha 13/03/2022. & 4:09 P.m.

Patient Name	RAJIV SHARMA
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725
OP/IP/Emergency	O.P.
Admitted Location	R/204.
Date & Time	13/03/2022. @ 4:10 P.m.

VAC /F-5/10-21

Plan of Care

Problem	Planned intervention /treatment	Nature of care (Preventive/Curative /Investigative /Rehabilitative)	Desired Result
Lower back	PICHU	CURATIVE	FEELING BETTER
pain Radiate	KALARI UZHICHIL	〃	〃
to both Legs.	K.K. DRY KIZHI	〃	〃
Swelling on		〃	〃
Lower back			
Left Side.			

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Vaidya Name & Signature : DR. AKANKSHA @

Consultant Name & Signature : DR. AKANKSHA

Date & Time : 13/03/2022. @ 4:12 P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

VITAL CHART

PATIENT NAME : RAJIV SHARMA GENDER : M DOA : 13/03/2022 UHID NO. : 125

DATE	TIME	WEIGHT	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
14/03/2022	4:10A	87Kg	98.4°F.	130/90mmHg	73/min	18/min.	9/10	JIBIN MELBIN
	5:20P	"	98.6°F.	125/85mmHg	75/min	16/min.	9/10	JIBIN MELBIN
15/03/2022	7:00A	"	98.3°F	128/85mmHg	80/min	15/min	9/10	JIBIN MELBIN
	5:30P	"	98.5°F	120/80mmHg	76/min	20/min	9/10	JIBIN MELBIN
16/03/2022	7:10A	"	98.7°F	125/85mmHg	78/min	18/min.	9/10	JIBIN MELBIN
	6:00P	"	98.2°F	130/90mmHg	82/min	16/min.	8/10	JIBIN MELBIN
17/03/2022	8:00A	"	98.4°F	120/80mmHg	80/min	15/min.	8/10	JIBIN MELBIN
18/03/2022	7:00A	"	98.5°F.	125/85mmHg	75/min	18/min.	8/10	JIBIN MELBIN
19/03/2022	7:30A	"	98.2°F.	130/90mmHg	78/min	16/min	8/10	JIBIN MELBIN
20/03/2022	7:10A	"	98.3°F	120/80mmHg	76/min	20/min.	8/10	JIBIN MELBIN
21/03/2022	7:00A	85Kg	98.4°F	125/85mmHg	78/min	18/min.	7/10	JIBIN MELBIN
22/03/2022	7:20A	"	98.5°F	130/90mmHg	80/min	19/min.	7/10	JIBIN MELBIN
23/03/2022	7:25A	"	98.2°F	120/80mmHg	82/min	20/min	7/10	JIBIN MELBIN
24/03/2022	7:30A	"	98.3°F	130/90mmHg	80/min	19/min	7/10	JIBIN MELBIN
25/03/2022	7:20A	"	98.4°F	120/90mmHg	72/min	20/min.	6/10	JIBIN MELBIN
26/03/2022	7:30A	"	98.5°F	130/90mmHg	78/min	18/min.	6/10	JIBIN MELBIN
27/03/2022	7:00A	"	98.4°F	120/80mmHg	80/min	20/min	5/10	JIBIN MELBIN

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725
OP/IP/Emergency	O.P.
Date & Time	13/03/2022. @ 4:14 P.m.

VAC /F-6/10-21

Visual Analog Scale Format

Date of Examination: 13/03/2022

Name: RAJIV SHARMA.

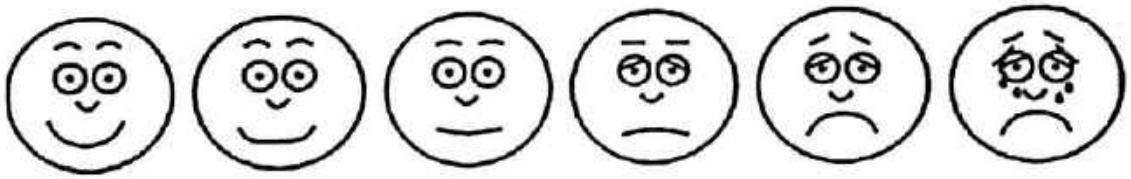
Date of Birth: 02/07/1985 Age: 37 Years:

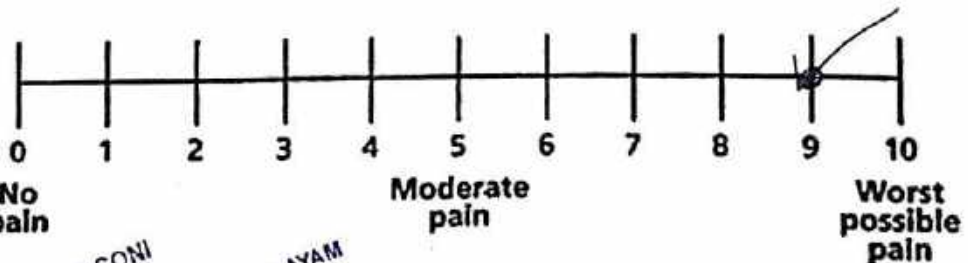
Sex: ☑ Male ☐ Female

Nationality: INDIAN

Phone No: 9115113346

Email Id: No. Referred By: No.





Date, Time and Signature of Vaidya :

DR. AKANKSHA SONI
B.A.M.S. / REGD. NO. 5145
VRINDAVAN AYURVEDA CHIKITSALAYAM

13/03/2022 @ 4:15 P.m @ Akanksha.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

PAIN SCORING CHART

UHID: 725 IPD: 725 OPD: 725

Name. RAJIV SHARMA Age: 44 Sex : M.

Consultant: DR. AKANKSHA Date of admission : 13/03/2022

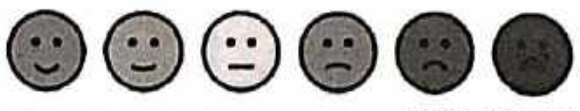
BEFORE TREATMENT

S.No.	Time	Date	Checked by	Pain Scoring
1.	10:00 Pm	14/03/2022	DR. AKANKSHA	9/10
2.	10:10 A	15/03/2022	"	9/10
3.	10:15 A	16/03/2022	"	9/10
4.	10:20 A	17/03/2022	"	9/10
5.	10:00 A	18/03/2022	"	8/10
6.	10:05 A	19/03/2022	"	8/10
7.	10:30 A	20/03/2022	"	8/10
8.	7:50 A	21/03/2022	"	8/10
9.	7:40 A	22/03/2022	"	8/10
10.	7:30 A	23/03/2022	"	8/10
11.	7:40 A	24/03/2022	"	8/10
12.	7:10 A	25/03/2022	"	8/10
13.	7:20 A	26/03/2022	"	7/10
14.	7:00 A	27/03/2022	"	

AFTER TREATMENT

S.No.	Time	Date	Checked by	Pain Scoring
1.	1:00 P.m	14/03/2022	DR. AKANKSHA	9/10
2.	1:10 Pm	15/03/2022	"	9/10
3.	1:15 P.m	16/03/2022	"	9/10
4.	1:20 Pm	17/03/2022	"	9/10
5.	1:05 P.m	18/03/2022	"	8/10
6.	1:00 P.m	19/03/2022	"	8/10
7.	1:10 Pm	20/03/2022	"	8/10
8.	9:15 Am	21/03/2022	"	8/10
9.	9:30 A	22/03/2022	"	8/10
10.	9:40 A	23/03/2022	"	8/10
11.	10:00 A	24/03/2022	"	7/10
12.	10:10 A	25/03/2022	"	7/10
13.	10:20 A	26/03/2022	"	6/10
14.	10:00 A	27/03/2022	"	5/10

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM



Akanksha
27/03/2022
7:00 P.m

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

PAIN SCORING CHART

UHID: ..... IPD:..... OPD:.....

Name. ..... Age:..... Sex : .....

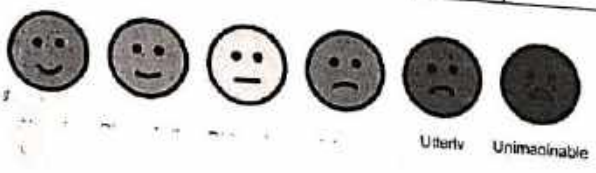
Consultant: ..... Date of admission : .....

BEFORE TREATMENT

S.No.	Time	Date	Checked by	Pain Scoring

AFTER TREATMENT

S.No.	Time	Date	Checked by	Pain Scoring



Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725
OP/IP/Emergency	O.P.
Admitted Location	R1204
Date & Time	13/03/2022 @ 4:00 P.M

VAC /F-7/10-21

Diet Chart

Patient Name: RAJIV SHARMA Age/Gender: 37/M.

Diagnosis: KATEEGHRAM

Height: 6' Weight: 87 kg.

Meal Type	Meal Items
Breakfast:	POHA / UPMA / CHUTNEY
Lunch:	CHAPPATI / SBJI / DAL / MIX VEGETABLE.
Dinner:	ONE CHAPPATI / FRUITS.
Items to Avoid:	CURD, BAKERY ITEM, SPICY FOOD.
Items to Include:	

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Date, Time & Signature of Vaidya: 13/03/2022 @ 4:10 P.M

Patient Name	
Treating Vaidya Name	
Unique Identification Number	
OP/IP/Emergency	
Admitted Location	
Date & Time	

VAC /F-7/10-21

Diet Chart

Patient Name: ..... Age/Gender: .....

Diagnosis: .....

Height: ..... Weight: .....

Meal Type	Meal Items
Breakfast:	
Lunch:	
Dinner:	
Items to Avoid:	
Items to Include:	

Date, Time & Signature of Vaidya: .....

Vrindavan Ayurveda Chikitsalayam
Vrindavan Estate, Village Thana, EPIP-2, Baddi, Himachal Pradesh Ph : (01795 667166) +91 7901778899

DAILY ATTENDANT CHART

13/03	14/03	15/03	16/03	17/03	18/03	19/03	20/03	21/03	22/03
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23/03	24/03	25/03	26/03	27/03					
✓	✓	✓	✓	✓					

Vrindavan Ayurveda Chikitsalayam
(unit of R.P Garg and Associates)
Vrindavan Estate, Village Thana, P.O.D.2, Distt. Himachal Pradesh, Ph. (01795 667166), +91 7091778001

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725 OPD: 725 Room No. R1204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DR. AKANKSHA SONI

DATE: 14/03/2022.
TIME: 9:00 Am.
B.P.: 130/90mmHg.
Pulse: 73/min.
Temp.: 98.4°F.
Pain: 9/10.

→ Lower back pain radiate to both legs Rt + Lt ++ since 2-3 years back
→ Weight lifting since 2014.
→ Swelling on Lower back Lt. side.

Abbetite → Used.
Bowel → Incomplete Evacuation Adv.
Sleep → Disturbed Sleep.

Time → 10:00 Am – 12:00 P.m.
Adv. → 1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 Min.
2) PICHU ē G.T. + MURIVENA.
3) KALARI UZHICHIL ē DHANWANTHARA + SAHACHARADI + KARPOORADI TAILAM.

Rx → 1) ASABARI SAHACHARADI KASHAYAM 15ML + 60ML WATER 6 Am & 6 P.m.
2) KSHEERBALA (101) 15 DROPS ē KASHAYAM 6 Am & 6 Pm.
3) BALA THAILAM 2TAB 8Am&8P.m ē Normal Water.
4) RHEUMA CALM 1TAB 8Am&8P.m ē Normal Water.
5) GULGULUTHIKTHAKAM GHRUTHAM 2TSP MORNING ON EMPTY STOMACH & 2TSP After Dinner.

Akanksha 14/03/2022 9:02P

DATE: 14/03/2022.
TIME: 6:00 P.m.
B.P.: 125/85 mmHg.
Pulse: 78/min.
Temp.: 98.5°F.
Pain: 9/10.

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange 10 to 9.

Time → 10:00 Am – 12:00 P.m.
Adv.
1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G.T. + MURIVENA. X 30 Min.
3) KALARI UZHICHIL ē DHANWANTHARA + SAHACHARADI + KARPOORADI THAILAM.

Abbetite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha
DR. AKANKSHA.
14/03/2022
6:03P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205
No.01795667166 /9418514681/9497672347

UHID: 725 OPD: 725 Room No. R1204 PH

PROGRESS NOTES

DATE: 15/03/2022.
TIME: 9:05 Am.
B.P.: 130/80 mmHg.
Pulse: 78/min.
Temp.: 98.3°f.
Pain: 9/10.

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange to 9.

Time - 10:00 Am - 12:30 P.m.

Adv. →
1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU C G. T. + MURIVENA.
3) KALARI UZHICHIL C DHANWANTHAR -M + SAHACHARADI + KARPOORADI THAILA

Abbelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
15/03/2022
9:08Am.

DATE: 15/03/2022.
TIME: 6:04 P.m.
B.P.: 125/85 mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain: 9/10

* Relief After Panchkarma Therapy.
* Feeling better.

Time → 10:00 Am - 12:30 P.m.

Adv. →
1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU G. T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL C DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 Min.

Abbelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
15/03/2022.
6:05P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725. OPD: 725. Room No. R1204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 16/03/2022.
TIME: 9:10 Am.
B.P.: 125/85 mmHg.
Pulse: 78/min.
Temp.: 98.5°f.
Pain: 9/10.

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange 10 to 9.

Time → 10:00 Am – 12:30 P.m.

Abbetite → Good.
Bowel → Normal
Sleep → Good.

Adv. → 1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G. T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARA + SAHACHARADI + KARPOORADI THAILAM.

Akanksha.
DR. AKANKSHA.
16/03/2022
9:12Am

DATE: 16/03/2022
TIME: 6:10 P.m.
B.P.: 125/80 mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain: 8/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 8.

Time → 10:00 Am – 12:30 P.m.

Abbetite → Good
Bowel → Normal
Sleep → Good.

Adv. → 1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G. T. + MURIVENA. X 30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

Akanksha.
DR. AKANKSHA.
16/03/2022

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205
No.01795667166 /9418514681/9497672347

UHID: 725. OPD: 725. Room No. R1204 PH

PROGRESS NOTES

DATE: 17/03/2022.
TIME: 9:00 Am.
B.P.: 130/90 mmHg.
Pulse: 80/min.
Temp.: 98.5°F.
Pain: 9/10.

* Relief After Panchkarma Therapy.
* Feeling better.

Time → 10:00 Am – 12:30 Pm.

Adv. → 1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G. T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARA + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

Appetite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
17/03/2022
9:02 Am.

DATE: 17/03/2022.
TIME: 6:00 P.m.
B.P.: 125/85 mmHg.
Pulse: 78/min.
Temp.: 98.4°F.
Pain: 8/10.

* Relief After Panchkarma Therapy.
* Pain reduced from range 10 to 8.

Time → 10:00 Am – 12:30 P.m.

Adv. → 1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G. T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

Appetite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
17/03/2022.
6:02 P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725 OPD: 725 Room No. R1204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 18/03/2022.
TIME: 9:10 Am.
B.P.: 125/85 mmHg.
Pulse: 76/min.
Temp.: 98.3°F.
Pain: 8/10

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange 10 to 8.

Adv → TIME → 10:00 Am – 12:30 P.m.

1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G.T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM.

Abbelite → Good.
Bowel → Normal
Sleep → Good.

Dr. Akanksha.
18/03/2022.
9:15 Am.

DATE: 18/03/2022
TIME: 6:05 P.m.
B.P.: 120/80 mmHg.
Pulse: 78/min.
Temp.: 98.5°F.
Pain: 8/10

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 8.

Adv → TIME → 10:00 Am – 12:30 Pm.

1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G.T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM.

Abbelite → Good.
Bowel → Normal.
Sleep → Good.

Dr. Akanksha.
18/03/2022.
6:10 P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

No.01795667166 /9418514681/9497672347

UHID: 725 OPD: 725 Room No. R1 204 PH

PROGRESS NOTES

DATE: 19/03/2022.
TIME: 9:15 Am.
B.P.: 130/90 mmHg.
Pulse: 80/min.
Temp.: 98.5°f.
Pain: 8/10

Abhelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
19/03/2022.
9:17 Am.

* Relief After Panchkarma Therapy.
* Feeling better.

Adv → Time → 10:00 Am – 12:30 Pm.

1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ē G.T. + MURIVENA X30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X45 MIN.

DATE: 19/03/2022.
TIME: 6:10 P.m.
B.P.: 125/85 mmHg.
Pulse: 76/min.
Temp.: 98.4°f.
Pain: 8/10

Abhelite → Good.
Bowel → Normal
Sleep → Good.

Akanksha.
DR. AKANKSHA.
19/03/2022
6:12 P.m.

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange to to 7.

Adv → Time → 10:00 Am – 12:30 Pm.

1) KOLAKULTHADI DRY KIZHI FULL BODY X45 MIN.
2) PICHU ē G.T. + MURIVENA. X30 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725 OPD: 725 Room No. R1.204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 20/03/2022.
TIME: 9:20 Am.
B.P.: 130/90mmHg.
Pulse: 78/min.
Temp.: 98.4°F.
Pain: 7/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 7.

Adv.→ TIME → 10:00 Am – 12:30 Pm.

1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ĉ G.T. + MURIVENA X 30 MIN.
3) KALARI UZHICHIL ĉ DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM.

Appetite → Good
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
20/03/2022
9:22 Am.

DATE: 20/03/2022.
TIME: 6:20 P.m.
B.P.: 125/85mmHg.
Pulse: 80/min.
Temp.: 98.5°F.
Pain: 7/10

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange 10 to 7.

Adv.→ TIME → 10:00 Am – 12:30 P.m.

1) KOLAKULTHADI DRY KIZHI FULL BODY X 45 MIN.
2) PICHU ĉ G.T. + MURIVENA. X 30 MIN.
3) KALARI UZHICHIL ĉ DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

Appetite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR AKANKSHA.
20/03/2022.
6:22 P.m

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 125 OPD: 125 Room No. R1204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 21/03/2022.
TIME: 9:00 Am.
B.P.: 130/90mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain:

* Relief After Panchkarma Therapy.

Abbetite → Good.

Bowel → Normal.

Sleep → Good.

Adv. → PURGATION ē AVIPATHY CHOORNAM

TIME → 7:00 Am.

Akanksha
DR. AKANKSHA.
21/03/2022
9:02 Am.

DATE: 21/03/2022.
TIME: 6:00 P.m.
B.P.: 125/85mmHg.
Pulse: 76/min.
Temp.: 98.5°f.
Pain: 7/10.

* Relief After Panchkarma Therapy.
* Pain vreduced from orange 10 to 7.

Abbetile → Good

Bowel → Normal

Sleep → Good.

TIME → 10:00 Am – 12:30 P.m.

Adv. → 1) PICHU ē G.T. + MURIVENNA X 30 min.
2) DRY KIZHI X 45 Min.
3) KALARI UZHICHIL ē DHANWANTHARA + SAHACHARADI + KARPOORADI THAILAM X45 Min.

Akanksha
DR. AKANKSHA.
21/03/2022
6:02 Pm

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725 OPD: 725 Room No. RL204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 22/03/2022.
TIME: 9:25 Am.
B.P.: 130/90 mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain: 7/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 7.

Time → 10:00Am. – 12:30 P.m.

Adv → 1) PICHU ē G. T. + MURIVENA. x 30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM

Abbelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
22/03/2022.
9:27 Am.

DATE: 22/03/2022.
TIME: 6:25 P.m.
B.P.: 125/85 mm Hg.
Pulse: 78/min.
Temp.: 98.5°f.
Pain: 7/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 7.

Time → 10:00 Am – 12:30 P.m.

Adv → 1) PICHU ē G. T. + MURIVENA. x 30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM x 45 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM x 45 Min.

Abbelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
22/03/2022.
6:27 P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725 OPD: 725. Room No. R104 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 23/03/2022
TIME: 9:10 Am.
B.P.: 125/85 mmHg.
Pulse: 78/min.
Temp.: 98.5°f.
Pain: 6/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 6.

TIME → 10:00 Am – 12:30 P.m.

Adv → 1) PICHU ē G. T. + MURIVENA X 30 Min.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM X 45 Min.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 Min.

Abelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
23/03/2022
9:12 Am

DATE: 23/03/2022.
TIME: 6:10 P.m.
B.P.: 130/90 mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain: 6/10

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange 10 to 7.

TIME → 10:00 Am – 12:30 Pm.

Adv → 1) PICHU ē G. T. + MURIVENA X 30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM X 45 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

Abelite → Good.
Bowel → Normal.
Sleep → Good.

Akanksha.
DR. AKANKSHA.
23/03/2022.
6:12 P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

No.01795667166 /9418514681/9497672347

UHID: 725 OPD: 725 Room No. R1 204 PH

PROGRESS NOTES

DATE: 24/03/2022.
TIME: 9:15 Am.
B.P.: 120/80 mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain: 6/10

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 6.

Adv Time → 10:00 Am – 12:30 Pm.

Appetite → Good
Bowel → Normal
Sleep → Good.

1) PICHU ē G.T. + MURIVENA X 30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM X 45 Min.
3) KALARI UZHICHIL ē DHANWANTARA + SAHACHARADI + KARPOORADI THAILAM X 45 Min.

Dr. Akanksha.
Dr. AKANKSHA
9:17 Am.

DATE: 24/03/2022.
TIME: 6:10 Pm.
B.P.: 130/90 mmHg.
Pulse: 82/min.
Temp.: 98.5°f.
Pain: 6/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 6.

Appetite → Good
Bowel → Normal
Sleep → Good.

Time → 10:00 Am – 12:30 P.m.
Adv →
1) PICHU ē G.T. + MURIVENA X 30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM. X 45 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X 45 MIN.

Dr. Akanksha.
Dr. AKANKSHA.
6:15 P.m.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 785 OPD: 785. Room No. R1204 ....PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 25/03/2022
TIME: 9:00 Am.
B.P.: 110/70 mmHg.
Pulse: 80/min.
Temp.: 98.5°f.
Pain: 6/10

* Relief After Panchkarma Therapy.
* Stiffness reduced from orange 10 to 7.

Appetite → Good. Time → 10:00 Am - 12:30 Pm.
Bowel → Normal Adv → 1) Pichu ē G.T. + Murivena X 30 Min.
Sleep → Good. 2) Dry Kizhi ē Kolakulthadi Choornam X 45 Min.
3) Kalari Uzhichil ē Dhanwantharam + Sahacharadi Thailam X 45 Min.

Akanksha.
Dr. Akanksha
25/03/2022
9:05 Am.

DATE: 25/03/2022
TIME: 6:00 Pm.
B.P.: 120/70 mmHg.
Pulse: 78/min.
Temp.: 98.4°f.
Pain: 6/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 6.

Time → 10:00 Am - 12:30 Pm.
Adv. → 1) Pichu ē G.T. + Murivena X 30 Min.
2) Dry Kizhi ē Kolakulthadi Choornam X 45 Min.
3) Kalari Uzhichil ē Dhanwantharam + Sahacharadi + Karpooradi Thailam X 45 Min.

Akanksha.
Dr. Akanksha
25/03/2022.
6:05 Pm.

VRINDAVAN AYURVEDA CHIKITSALAYAM
(Unit of R.P Garg and Associates)
Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 725 OPD: 725 Room No. R1204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 26/03/2022.
TIME: 9:10 Am.
B.P.: 130/90 mmHg.
Pulse: 78/min.
Temp.: 98.3°f.
Pain: 6/10.

Akanksha.
Dr. AKANKSHA.
26/03/2022
9:12 Am.

* Relief After Panchkarma Therapy.
* Stiffness reduced from range 10 to 6.

Time → 10:00 Am – 12:30 P.m.

Adv. → 1) PICHU ē G.T. + MURIVENA X30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM X45 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X45 MIN.

DATE: 26/03/2022.
TIME: 6:10 Pm.
B.P.: 125/85 mmHg.
Pulse: 80/min.
Temp.: 98.5°f.
Pain: 6/10.

Akanksha.
DR. AKANKSHA.
26/03/2022.
6:12 P.m.

* Relief After Panchkarma Therapy.
* Pain reduced from range 10 to 6.

Time → 10:00 Am – 12:30 P.m.

Adv. → 1) PICHU ē G.T. + MURIVENA X30 MIN.
2) DRY KIZHI ē KOLAKULTHADI CHOORNAM X45 MIN.
3) KALARI UZHICHIL ē DHANWANTHARAM + SAHACHARADI + KARPOORADI THAILAM X45 MIN.

Patient condition is better plan for Discharge Tomorrow.

VRINDAVAN AYURVEDA CHIKITSALAYAM

(Unit of R.P Garg and Associates)

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

UHID: 785 OPD: 785 Room No. R1204 PH

No.01795667166 /9418514681/9497672347

PROGRESS NOTES

DATE: 27/03/2022
TIME: 9:10 Am.
B.P.: 130/90 mmHg.
Pulse: 80/min.
Temp.: 98.4°f.
Pain: 6/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 6.

Time → 10:00 Am to 12:30 Pm.
Adv. →

1) Pichu ē G.T. + Murivena x 30 Min.
2) Dry Kizhi ē Kolakulthadi Choornam x 45 Min.
3) Kalari Uzhichil ē Danwantharam + Sahacharadi + Karpooradi Thailam x 45 Min.

Akanksha.
Dr. Akanksha.
27/03/2022.
9:12 Am.

DATE: 27/03/2022.
TIME: 6:20 P.m.
B.P.: 125/85 mmHg.
Pulse: 82/min.
Temp.: 98.5°f
Pain: 5/10.

* Relief After Panchkarma Therapy.
* Pain reduced from orange 10 to 5.
* Patient condition is better for Discharge.

Akanksha.
Dr. Akanksha.
27/03/2022
6:22 P.m.

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	O. P.
Admitted Location	R1204.
Date & Time	13/03/2022 @ 4:15 P.m.

VAC /F-8/10-21

Reassessment Notes

Each time notes should dated, signed and named by Vaidya

Date & Time	Patient Response to the treatment /intervention	Desired Results Met/Not	Further Care Plan	Dr's Sign
14/03/2022 @ 2:00 P.m.	Stiffness reduced from range 1o to 9.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
15/03/2022 @ 2:10 P.m.	Feeling better	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
16/03/2022 @ 2:00 P.m	Pain reduced from range 1o to 8.	Met.	Treatment continued as per Care plan.	DR. AKANKSHA.
17/03/2022 @ 1:35 P.m.	Feeling better.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
18/03/2022 @ 2:00 P.m.	Stiffness reduced from range 1o to 8.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
19/03/2022 @ 1:00 P.m.	Feeling better.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
20/03/2022 @ 10:15 Am.	Pain reduced from range 1o to 7.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
21/03/2022 @ 1:00 P.m.	Stiffness reduced from range to 7.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
22/03/2022 @ 1:30 P.m.	Pain reduced from range to 7.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
23/03/2022 @ 1:40 P.m.	Stiffness reduced from range 1o to 7.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
24/03/2022 @ 1:50 P.m	Pain reduced from range 1o to 7.	Met.	Treatment continued as per care plan.	DR. AKANKSHA.
25/03/2022 @ 2:00 P.m.				

Date & Time	Patient Response To The Treatment/Intervention	Desired Results Meet/Not Meet	Further Care Plan	Dr. Sign
26/03/2022 @ 2:00 P.m	Pain reduced from range 10 to 6.	Met.	Treatment continued as per care plan.	Akanksha. Dr. AKANKSHA.
27/03/2022 @ 2:30 P.m	Pain reduced from range 10 to 5.	Met.	Treatment continued as per care plan.	Akanksha. Dr. AKANKSHA
27/03/2022 @ 3:50 P.m	Patient condition is better ~~plan~~ for the Discharge			Akanksha. DR. AKANKSHA SONI B.A.M.S., REGD. NO. 6145 VRINDAVAN AYURVEDA CHIKITSALAYAM Dr. AKANKSHA

Akanksha. 27/03/2022 6:00 P.m

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	O.P.
Admitted Location	R1 204.
Date & Time	13/10/2022 @ 4:~~28~~ P.m. 4:17 P.m.

VAC /F-9/10-21

Informed Patient Consent for Therapy or Procedure

I RAJIV SHARMA UHID .....Age 37 years Husband/Wife/father Name REEMA. hereby declare that the Vaidya DR. AKANKSHA. has explained the surgery PICHU, KALARI UZHICHIL, K.K.K. possible complications, known benefits, expected results and consequences if not treated.

1. Procedure details (nature of the procedure): 1) DRY KIZHI ~ KOLAKULTHADI CHOORNAM.
2) PICHU ~ G. T. + MURIVENA.
2. Necessity: 2) KALARI UZHICHIL ~ D H + SAHA + KARPOORADI THAILAM.
3. Expected Results: To reduce the Lower Back Pain.
4. Possible complications: Lower Back Pain will reduce.
5. Alternatives: Allopethic Treatment.
6. Consequences if not treated: Pain can increase.
7. Right to refuse therapy /procedure: Explained to the Patient.

Witness name & Signature:	Patient name & Signature:

P.S.

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	O.P.
Admitted Location	R1204.
Date & Time	13/03/2022 & 4:18P.m. 4:18P.m.

Declaration: I declare that I have informed patient of the procedure noted the above including known benefits and possible complications.

DR. AKANKSHA GOYAL
B.A.M.S., REGD. NO. 5145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Date & Time: 13/03/2022 & 4:19P.m.	Vaidya Name & Signature DR. AKANKSHA & Akanksha.

Consent for Patient Representative/Surrogate No.

The patient is unable to give consent because .....

.....

.....

And I, ... (name/relationship to the patient), therefore, consent for the patient. I acknowledge that I have had an opportunity to discuss the procedure ,as stated above, with the doctor or doctor's designee and hereby consent to this procedure.

	Name	Signature	Date	Time
Doctor				
Patient representative with relationship				
Witness				

TREATING VAIDYA NAME - DR. AKANKSHA.

PANCHKARMA TREATMENT PLAN	
POORVA KARMA	
TREATMENT DAYS	1) KOLAKULTHADI DRY KIZHI
RISK BENEFITS	Risk → BP may fluctuate, Burning of skine. Benefit → Relieving the associate pain imediately.
NEXT FOLLOW UP ADVICE	2) PICHU ē G. T. + MURIVENA.
NEXT FOLLOW UP DATE	Risk → Pain may increase, Blood pressure may be fluctuate.
PRADHA KARMA	
TREATMENT DAYS	Benefit → Relieving the associated pain Immediately Blood circulation improvement.
RISK BENEFITS	3) KALARI UZHICHIL ē DH + SAHA + KARPOORADI THAILAM.
NEXT FOLLOW UP ADVICE	Risk → Pain may increase, stiffness may increase.
NEXT FOLLOW UP DATE	Benefit → Pain decrease, stiffness increase, Blood circulation ↑
PASCHAT KARMA	
TREATMENT DAYS	Diet → Liquid - Soup, Juices Semi Solid → Kitchdi, Dalia
RISK BENEFITS	1) AADARI SAHACHARADI KSH 15ML BD 2) KSHEERBALA (101) 15 DROPS BD/CE DAILY 3) BALA THAILAM 2 TAB TWICE DAILY 4) RHEUMA CALM 1 TAB TWICE DAILY 5) G. T. GHRUTHAM 2 TSP TWICE DAILY.

Benefit → Pain will decrease, Blood supply ↑.
Risk → Pain may increase, Abdominal Discomfort.

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Vrindavan Ayurveda Chikitsalayam
(unit of R.P Garg and Associates)
Vrindavan Estate, Village Thana, EPIP-2, Baddi, Himachal Pradesh Ph : (01795 667166) (+91) 7901778899

Patient Name	RAJIV SHARMA.
Treating Valdya Name	DR. AKANKSHA.
Unique Identification Number	725
OP/IP	I.P.
Admitted Location	R1 201.
Date & Time	13/03/2022 @ 4:18 P.m.

VAC /F-10/10-21

Pre-Procedure Instructions

Date & Time	Instructions	Valdya Sign & Full Name
13/03/2022 @ 4:20P.	Stop eating for a certain period of time of treatment. (Befor 3 hour of Procedure ow-ward no intake of food	Akanksha DR. AKANKSHA.

Pre procedure check list

Name of the patient: RAJIV SHARMA Age: 57 Sex: M / F

UHID: ..... Diagnosis: KATEEGHRAHAM.

Planned procedure/intervention: PICHU, KALARI VZHICHIL, K.K. DRY KIZHI

Site Confirmed	: Yes/ No/NA
Informed consent	: Yes/ No/NA
Site preparation	: Yes/ No/NA
Required PPE	: Yes/ No/NA
Required materials availability	: Yes/ No/NA

Staff Sign & Full Name: DR. AKANKSHA @ Akanksha DR. AKANKSHA SONI REGD. NO. 6145 B.A.M.S. VRINDAVAN AYURVEDA CHIKITSALAYAM

Date &Time: 13/03/2022 @ 4:25 P.m.

Patient Name	RAJIV SHARMA
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	125
OP/IP	I.P.
Admitted Location	R1 201.
Date & Time	13/03/2022 @ 4:26 P.m.

VAC /F-11/10-21

Procedure/Treatment Notes :

1) PICHU ē G. T. + MURIVENA.

2) KALARI UZHICHIL ē DH + SAHA + KARPOORADI

3) KOLAKULTHADI DRY KIZHI

Post Procedure/Treatment Instructions :

COMPLETE BED REST.

Staff Sign & Full Name:

Date & Time :

13/03/2022 @ 4:27P.m. & DR AKANKSHA

JIBIN

MELVIN.

Patient Name	RAJIV SHARMA.
Treating Valdya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	I.P.
Admitted Location	R1 204.
Date & Time	13/03/2022 @ 4:28 P.m.

VAC /F-12/10-21

Drug Chart (please write legibly)

Drug Allergy: No.

Date 13/03/2022.

To be filled by administered staff

To be filled by Doctor

Date	Name of the Drug	Dose	Route/Site	Freq	Dr's Sign & Reg. No	(Time given & name)			
						Time	Time	Time	Time
						Name & Sign	Name & Sign	Name & Sign	Name & Sign
13/03	AADARI SAHACHARADI KSH.	15ML	ORAL	TWICE DAILY	Akanksha 6145.	6 Am JIBIN		6 P.m. JIBIN	
13/03	K.B. (LOL)	15DROP	ORAL	TWICE DAILY	Akanksha 6145	6 A JIBIN		6 P.m. JIBIN	
13/03.	BALA THAILAM	2 TAB	ORAL	TWICE DAILY	Akanksha 6145.		8 Am MELVIN		8 P.m. MELVIN
13/03.	RHEUMA CALM	1 TAB	ORAL	TWICE DAILY	Akanksha 6145		8 Am MELVIN		8 P.m. MELVIN
13/03	G.T. GHRUTHAM	2 TSP	ORAL	TWICE DAILY	Akanksha 6145.	6 A MELVIN			8 P.m. MELVIN

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Daily attendant chart

13/03	14/03	15/3	16/03	17/03	18/03	19/03	20/03	21/03	22/03
✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23/03	24/03	25/03	26/03	27/03					
✓	✓	✓	✓						

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	O.P.
Admitted Location	R1204.
Date & Time	14/03/2022 @ 6:30 A

VAC /F-13/10-21

Patients and / or family members education form

Patient treatment, his/her special clinical needs to be identified and education should be provided

Safe and effective Use of Medication

Potential side effects of medication

Food - medicine Interaction

Education on Pathyahara and Poshana

Disease process, Complications and Preventive strategies

Preventing infections

Date & Time	Details of Education Provided	Staff Sign & Full Name	Patient /Relative Sign and Name
14/03/2022 @ 6:34 Am	Avoid oily food.	Akanksha. DR. AKANKSHA.	
15/03/2022 @ 7:00 A	Avoid junk food	Akanksha. DR. AKANKSHA.	
16/03/2022 @ 8:00 A	Don't travel on vehicles immediately after treatment.	Akanksha. DR. AKANKSHA.	
17/03/2022 @ 7:00 Am	Be on light diet during treatment.	Akanksha. DR. AKANKSHA.	
18/03/2022 @ 7:00 Am	Take more wate	Akanksha. DR. AKANKSHA.	

Date & Time.	Details of Education Provided	Staff sign & Full Name.	Patient / Relative. Sign & Name.
19/03/2022 7:20 Am	Avoid day time sleep.	Dr. Akanksha. DR. AKANKSHA.	
20/03/2022 7:30 Am.	Avoid Smoking.	Dr. Akanksha. DR. AKANKSHA.	
21/03/2022 7:00 Am.	Be on light diet during the time of treatment.	Dr. Akanksha. DR. AKANKSHA.	
22/03/2022 7:10 Am.	Don't travel on vehicle immediately After Treatment.	Dr. Akanksha. DR. AKANKSHA.	
23/03/2022 7:15 Am.	Avoid oily food	Dr. Akanksha. DR. AKANKSHA.	
24/03/2022 7:20 Am.	Take more drinking water.	Dr. Akanksha. DR. AKANKSHA.	
25/03/2022 7:10 Am.	Avoid late night sleep.	Dr. Akanksha. DR. AKANKSHA.	
26/03/2022 7:00 Am.	Be on light diet during the time of treatment.	Dr. Akanksha. DR. AKANKSHA.	
27/03/2022 7:10 Am.	Avoid junk food.	Dr. Akanksha. DR. AKANKSHA.	
27/03/2022 3:55 P.m.			

DR. AKANKSHA SONKJWA
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Vrindavan Ayurveda Chikitsalayam
Vrindavan Estate, Village Thana, P.O. Bachli, Himachal Pradesh Ph : (01795 667166) +91 7901778899

Patient Name	RAJIV SHARMA
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	I.P.
Admitted Location	R1204.
Date & Time	13/03/2022 @ 4:35 P.m.

VAC /F-14/10-21

DISCHARGE SUMMARY (NORMAL/LAMA/DAMA)

Patient Name : RAJIV SHARMA	Age & Sex : 37 YM	MRN : 725.
Doctor: DR. AKANKSHA	Admitted Area : WARD.	Date : 27/03/2022.
Weight : 85Kg.	Allergies : No.	Diagnosis : KATTEGHRAHAM

Reason for Admission: Lower back Pain vradiate to both legs Rt + Lt ++ since 2-3 years. Weight Lifting since 2014.

Significant Findings: Swelling on Lower back Lt-side.

Diagnosis: KATEEGARAHAM.

Procedures Performed:
1) PICHU FOR 15 DAYS.
2) KALARI UZHICHIL FOR 14 DAYS.
3) DRY KIZHI FOR 14 DAYS.
4) PURGATION FOR 1 DAY.

Investigations: M.R.I. of LUMBAR SPINE.

Patient Name	RAJIV / SHARMA.
Treating Vaidya Name	DR. AKANKSHA.
Unique Identification Number	725.
OP/IP	I.P.
Admitted Location	R1204.
Date & Time	27/03/2022 & 3:50 P.m.

Medications Given During Course of Hospitalization

1) AADARI SAHACHARADI KASHAYAM 15ML+60ML Water 6 AM & 6 P.m Before Food Twice Daily
2) KSHEERBALA (101) 15 DROPS mixed ē Kashayam 6 AM & 6 P.m Before food Twice Daily
3) CAP. BALA THAILAM 2 CAP. 8 AM & 8 P.m. ē Normal water After food Twice Daily
4) TAB. RHEUMA CALM 1 TAB. 8 AM & 8 PM. ē NORMAL WATER After food Twice Daily
5) GULGULU THIKTHAKAM GHRUTHAM 2 TSP. Morning On Empty Stomach & 2 TSP After Dinner Twice Daily.

Condition at the Time of Discharge:

Patient is feeling perfectly fine and also experienced reduced Pain & swelling.

Djscharge Medications:

1) AADARI SAHACHARADI KASHAYAM 15ML + 60ML WATER 6AM & 6PM Before Food Twice Daily.
2) KSHEERBALA (101) 15 DROPS MIXED ē KASHAYAM 6AM & 6P.M. Before Food Twice Daily.
3) CAP. BALA THAILAM 2 CAP 8AM & 8 PM ē NORMAL WATER. After Food Twice Daily.
4) GULGULU THIKTHAKAM GHRUTHAM 2TSP. Morning On Empty Stomach & 2 TSP. After Dinner ē Milk Twice Daily.

Follow up Care:

1) Avoid heavy exercise.
2) Avoid oily & junk food.
3) Take more drinking water.

Patient Name	RAJIV SHARMA.
Treating Vaidya Name	DR. AKANKSHA
Unique Identification Number	725.
OP/IP	O.P
Admitted Location	R1204.
Date & Time	27/03/2022 @ 4:00 P.m.

Consequences of (NORMAL/LAMA/DAMA)

1	
2	
3	NIL
4	
5	

Call 01795667166 in case of emergency. Get advice if any signs Pain on both legs. or symptoms lower back pain radiating to both legs. arises.

DR. AKANKSHA
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Issued By
Doctor Name & Signature: DR. AKANKSHA Akanksha.

Date & Time: 27/03/2022 @ 7:10 P.m.

Discharge Summary received by
Patient/Relative Name & Signature:

TREATMENT PROGRAMME.

NAME : Mr Rajiv Sharma **Age 37 Yr**
SEX : Male
Room No . 204
Treatment Suggested: for 15 days

Date:	Treatments:	Time:	Remarks:
14/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10 am	Procedure Done.
	Jibin, Melvin.		
15/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10 am	〃
	Jibin , Melvin.		
16/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	〃
	Jibin , Melvin.		
17/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	〃
	Jibin, Melvin.		
18/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	〃
	Jibin. Melvin		
19/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	〃
	Jibin, Melvin.		
20/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	〃
	Jibin , Melvin.		
21/03	Purgation (Avipathy Choornam)	7 am	〃
	Jibin, Melvin.		
22/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10 am	〃
	Jibin, Melvin		
23/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	〃

24/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	"
	JIBIN , MELWIN .		
25/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	"
	JIBIN , MELVIN		
26/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	"
	JIBIN , MELVIN .		
27/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic)	10am	"
	JIBIN , MELVAN .		
28/03	Pichu , K.K. Kizhi, Kalari Uzhichil, Traction(Pelvic) No.	10am	"

Masseurs- Jibin,Melbin

External Medicines
Pichu for G.T + Murivena oil .
Dry Kizhi with K.K.Choornam .
For Kalari Uzhichil with Dha+Saha+Karp.Thailam.
For Head with Dhanwantharam Thailam.

Internal Medicines -

1. **Aadari Sahacharadi kashayam 15 ml + 60 ml water 6 am &6pm.**
2. **Ksheerbala (101) 15 drops with kashayam .**
3. **Cap. Bala Thailam 2 tab After food twice daily.**
4. **Tab. Rheuma Calm 1 tab After food twice daily.**
5. **Gulguluthikthkam Ghrutham 2 tsp morning on empty stomach &2tsp After Dinner.**

14/03/2022 9:00Am.

DR. AKANKSHA SONI
B.A.M.S., REGD. NO. 6145
VRINDAVAN AYURVEDA CHIKITSALAYAM

Dr. Akanksha Soni B.A.M.S

VRINDAVAN
AYURVEDA CHIKITSALAYAM

VRINDAVAN AYURVEDA CHIKITSALAYAM

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

PATIENT FEEDBACK FORM

We thank you for choosing our hospital for your treatment. We would like to know how much we have been able to satisfy you, so that we can improve our service further. Please fill the feedback form and hand it in confidence to our customer care executive.

UHID :- 725 NAME :- RAJIV Sharma Age/Sex:- 37yr/M

Date of Admission :- 13/03/2022

Date of Discharge :- 27/03/2022 Address:- Hoshiarpur (Pb)

Contact no:-

Please rate following questions on a scale of 1 to 5 where, (Check the appropriate box)
5 – Highly Satisfied;4 – Satisfied ; 3 – Neither satisfied nor dissatisfied; 2 – Dissatisfied, 1 – Highly dissatisfied; NA – Not applicable

No.	Questions	☹ 1	☹ 2	😐 3	☺ 4	☺ 5	NA
Your satisfaction with our CLINICAL TREATMENT							
1.	How satisfied are you with the outcome of your treatment					✓	
2.	How satisfied are you with the competence of your doctor?					✓	
3.	How satisfied are you with the competence of other treatment staff (Resident doctor, nurses, therapists etc.)					✓	
Your satisfaction with our BEHAVIOUR towards you							
4.	How satisfied are you with the behavior of doctors towards you?					✓	
5.	Behavior of front office staff and customer care executives?					✓	
6.	Behavior of other staff such as housekeeping and security?					✓	
Your satisfaction with our PROCESSES							
7.	How satisfied are you with convenience of our admission process?					✓	
8.	How satisfied are you with convenience of our discharge process?					✓	
9.	How satisfied are you with provision of information to you?				✓		
10.	How satisfied are you with our patient safety process?				✓		
Your satisfaction with our SERVICES & FACILITIES							
11.	How satisfied are you with the housekeeping and cleanliness?				✓		
12.	How satisfied are you with the maintenance of facilities?				✓		

VRINDAVAN
AYURVEDA CHIKITSALAYAM

VRINDAVAN AYURVEDA CHIKITSALAYAM

Shivalik Foothills, Village Thana, EPIP-2, Baddi, Himachal Pradesh – 173205

रोगी प्रतिक्रिया प्रपत्र

आपके इलाज के लिए हमारे अस्पताल को चुनने के लिए हम आपको धन्यवाद देते हैं। हम जानना चाहेंगे कि हम आपको कितना संतुष्ट कर पाए हैं, ताकि हम अपनी सेवा में और सुधार कर सकें। कृपया फीडबैक फॉर्म भरें और इसे हमारे कस्टमर केयर एक्जीक्यूटिव को विश्वास में सौंप दें।

यूएचआईडी:- नाम:- उम्र/लिंग:-

प्रवेश की तिथि :-

छुट्टी की तारीख :- पता:-

संपर्क नंबर:-

कृपया निम्नलिखित प्रश्नों को 1 से 5 के पैमाने पर रेट करें, जहां (उपयुक्त बॉक्स को चेक करें)
5 - अत्यधिक संतुष्ट; 4 - संतुष्ट; 3 - न संतुष्ट न असंतुष्ट; 2 - असंतुष्ट, 1 - अत्यधिक असंतुष्ट; एनए - लागू नहीं

NO.	प्रश्न	☹ 1	☹ 2	😐 3	☺ 4	☺ 5	NA
हमारे क्लिनिकल उपचार से आपकी संतुष्टि							
1.	आप अपने उपचार के परिणाम से कितने संतुष्ट हैं						
2.	आप अपने डॉक्टर की क्षमता से कितने संतुष्ट हैं?						
3.	आप अन्य उपचार कर्मचारियों की क्षमता से कितने संतुष्ट हैं (निवासी चिकित्सक, नर्स, चिकित्सक आदि)						
आपके प्रति हमारे व्यवहार से आपकी संतुष्टि							
4.	आप अपने प्रति डॉक्टरों के व्यवहार से कितने संतुष्ट हैं?						
5.	फ्रंट ऑफिस स्टाफ और कस्टमर केयर एक्जीक्यूटिव का व्यवहार?						
6.	हाउसकीपिंग और सुरक्षा जैसे अन्य कर्मचारियों का व्यवहार?						
हमारी प्रक्रियाओं से आपकी संतुष्टि							
7.	आप हमारी प्रवेश प्रक्रिया की सुविधा से कितने संतुष्ट हैं?						
8.	आप हमारी डिस्चार्ज प्रक्रिया की सुविधा से कितने संतुष्ट हैं?						
9.	आपको जानकारी के प्रावधान से आप कितने संतुष्ट हैं?						
10.	आप हमारी रोगी सुरक्षा प्रक्रिया से कितने संतुष्ट हैं?						
हमारी सेवाओं और सुविधाओं से आपकी संतुष्टि							
11.	आप गृह व्यवस्था और साफ-सफाई से कितने संतुष्ट हैं?						
12.	सुविधाओं के रखरखाव से आप कितने संतुष्ट हैं?						