



SANDHYA MEDICITY INDIA PVT. LTD.

Group of Ayurvedic Panchkarma & Ksharsutra Center's

Pranacharya Ayurved Shiromani

DR. YUVRAJ KUMAR TYAGI

B.A.M.S., P.G.S., F.I.C.A., (U.S.A.)

Senior Consultant of Ayurveda

Executive Member - C.C.I.M (2007-2012)

Ministry of Health & F.W. (Govt. of India)

Life Time Achievement Award

DR. VIKAS GUPTA

B.A.M.S., M.D., AMO MBA (HCA) D.I.P., C.K.S.V

Senior Anorectal Surgeon & Mrma Specialist

Jewel of Ayurveda L.M.A. (Ayur) Award

M.: 7428177717

DR. RAJNI GUPTA

(B.A.M.S., C.G.O., D.I.P., C.K.S.V)

Senior Panchkarma Specialist

Dr. A.P.J. Abdul Kalam Award

M.: 9212735382

TREATMENT:

Anorectal Care

- Piles
- Fissur
- Fistula
- Kaharsutra Surgeon

Gynae

- Infertility
- P.C.O.D
- Fibroid Uterus
- Low Back Ace
- Pre & Post Delivery

ORTHOCARE

- Joint Pain
- Cervical
- Low Back Area
- Neuoterpy

PANCH KARMA

- Purification
- Rejuination
- Shirodhara
- Nasya
- Varnan
- Virechana
- Basti

Gestocare

- Acidity
- Constipation
- I.B.S

Special Treatment

- Navel Seating
- Neuro Therapy
- Skin
- Hair fall

FACILITY:

- Steamer, Nebulizer
- Panchkarma Room
- Operation Theater
- Beds for Admission
- Ambulance
- Ayurvedic Treatment
- Emergency Care

Name : Manish grover

AGE 47 SEX Male

W/o, D/o, S/o : Rameesh grover

Chief Complain

History

Family Non/00H/177N/LAS

Menstrual

Diagnosis OFFICE WORK - 9 to 6 Job

अष्टविध परिपला

स्पर्श

शब्द

10 Severe Back pain

Go unable to move and stand

Go pain radiating to @ leg x 10-15 days

Face (Akruti)

Eye (Dirka)

Jiwha

Urine

Kastho (Stool)

Nadi (वात, पित्त, कफ)

(Dash Vidha)

1. Prakruti

2. Vikruti

3. Sara

4. Samhana

5. Praman

6. Satmya

7. Satva

8. Aahar Shakti

9. Vaya

10. Vyayani Shakti

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

हृदय

Pt is Advised For Admission @ 600

Admission

1 KATI BASTI (45mls) (Mahanarayana tailor)

2) ABHANGA (45mls) (Dhanwantari tailor)

3) BASTI - (Mahanarayana tailor)

(Anurasa) (75ml) After lunch

Tab pain cure 2 tabs BD After food

Tab sham hon 2 tabs After food

Tab line cure 2 tabs After food

With warm water

Pain Scoring (10/10)

B.P. : 120/80

Wt. : 65kg

Height: 5-5

RBS.: 98 mg/dl

Next Consultation Date: 4/11/21

P. 7.0

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Not Valid For Medico Legal Case

Sandhyashi Neuro Panchkarma Centre : BF-45, Near Canara Bank, (Gate No.3), Shalimar Bagh, Delhi - 110036

Sandhyashi Hospital : B-48-49, Sector-5, Bawana Industrial Area, Delhi - 110039

Sandhyashi Health Care Centre : 229A/2, Ambedkar Colony, Haiderpur, Delhi - 110088

Sandhya Hot Spring Health Care : Tattapani (H.P.)

Jani Devi Jhavar Panchkarma, Naturopathy & Yoga Hospital

Village Manaklanv-Mathaniya Road, Jodhpur, Rajasthan

Nutritional Assessment → OFFICE Bear / Non Diabetic, no HTN

$$BMI = \frac{65}{(1.65)^2} = 23.9$$

→ 1200 Calorie Diet plan

Day 1 to 3 6:30 AM Herbal tea

Then 8 AM - Oats / Dalia / Poha
to be 12 AM - Vegetable / Poti - 2 / Rice - 1/2 Cup
Review DAL - 1 Cup
After 4 PM - Fruits (2 Cup)
3 days 8 PM - Mixed vegetable 2/3 Cup
DAL 1 Cup
Poti 2/3 in no

Vikram
om

Procedural Details

KATI BASI → Benefits → Relief in pain, Stiffness, Swelling

Risk → Suspected in some cases in pain

Alternative → Patrapotalli pinda swedana

BASI → Benefits → Relief in pain, Stiffness, Improvement in movement

Risk → Loose stool, Constipation, trauma in anus

Alternative → Sitz Bath or trochanteric enema

ABHYANGA → Benefits → Relief in pain, Stiffness, Relaxation of body

Risk → Rash, Allergy

Alternative → Taila Dhara

Vikram
om



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

Covid-19 Mandatory Self Declaration Form

Name : Manish Chauhan Date : 24-2-21

Address : H.No - 2302 Sec 49 Chandigarh Sec - 47

Age : 47 Contact Number : Gender : M/F M

Due to the ongoing and rapidly changing situation with the novel-corona virus (COVID-19), we are requiring all visitors to the Sandhyashi Hospital (A Unit of Sandhya Healthcare) Clinic to fill-out the self-declaration form below.

Do you have any of the following flu-like symptoms ?

Fever	Yes	No ☒
Dry Cough	Yes	No ☒
Sore Throat	Yes	No ☒
Diarrhoea	Yes	No ☒
Breathlessness	Yes	No ☒
Asthma	Yes	No ☒
Other : Please specify	Yes	No ☒

- History of travel in the recent one month nationally and internationally?

No

- Any contact history with a person who had returned from foreign country ? If yes, please specify.

No

- Purpose of your visit : For consultation, Patient attendant/other reason?

No Yes

- Have you come in contact with the covid-19 positive patient in last one month?

No

- Have you attend any gathering or visited any crowded market place in the last 14 days ? If you, please specify.

No

- Are you taking any precautionary measures for boosting your immunity prior to coming ? If you, please specify.

No

- Kindly share your status of Aarogya Setu app? Red/Orange/Green.

No

I hereby assure that whatever information I have provided is correct and true to the best of my knowledge.

If I am an asymptomatic carrier or an undiagnosed patient with covid-19, I know it may endanger my and clinic staff. It is my responsibility to take appropriate precaution and to follow the protocols prescribed by them.

I also know that I may get an infection from the clinic or from a doctor and I will take every precaution to prevent this from happening but I will not at all hold Doctors and clinic staff accountable if such infection occurs to me or my accompanying persons.

Signature

Manish Chauhan

SANDHYASHI HOSPITAL
B-48,49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 748817757



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

Charges Concern Form

Name (नाम): Manish Chatterjee DOA (भर्ती की तारीख): 24/2/21
Age (उम्र): 37 Sex (लिंग): M UHID: 1165 OPD: 11761 IPD: 51/17/4/21
W/O, S/O, D/O (पिता/पति): Ramesh Chatterjee Day Panchkarma: _____

Consultant Name (चिकित्सक नाम): Dr. Vikas Gupta

Provisional Diagnosis (रोग निश्चय): Sever Back Pain

Confirm Diagnosis (रोग विनिश्चय): Sever Back Pain

1. Procedure details (प्रक्रिया विवरण): ABHANGAM, KATI BASTI, BASTI

2. IPD Charges (आई.पी.डी.): 2000 X 7 14000

3. Doctor Consultation Charges (चिकित्सक परामर्श शुल्क): 500

4. Nursing charges (नर्सिंग शुल्क): 300

5. Package Charges Procedure wise

A: Abhyangam 1500 X 7 10,500

B: Kati Basti 800 X 2 1600

C: Basti 2000 X 7 14,000

D: _____

E: _____

6. Doctor Fees (चिकित्सक शुल्क): 1000 X 7 7000

7. Medicine (approx) costing: 1000 X 7 700

8. Consumable (approx) charges: _____

9. Accessory (approx) charges: _____

10. Diet Charges (आहार शुल्क): 100 X 7 700

Total Estimated Package Rs.

53300

Manish
Patient Signature

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Receptionist Signature
Chatterjee



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

B-48,49 Sector-05, Bawana Industrial Area, Delhi-110039

Initial Assessment Form

DATE: 24/2/21 UHID: 1165 OPD: 1171

PATIENT NAME: Manish Prasher F/Name: Ramesh Prasher REG. NO: 1165

PATIENT HISTORY:

ADDRESS (Province-District): HMD-2322, Sec-44C Chandigarh PHONENO: 9212708616
Sec-47 B-CHD

PATIENT AGE: 47 Y F M

1. Civil Status: Single Married Number of children:

2. Job & Occupation: Armed forces Farmers, fisherman Nonqualified worker Technician
Officeworkers Retired Unemployed & not active Student

3. Education level: Can write Can read Class: Graduate

4. History of the trauma/illness: Date: 24/2/21 Circumstances/Etiology:
Associated diseases:

5. Medical History/Treatment: Hospital: Care:
Evolutions since the beginning: Improved Worse Remarks:
Medication: X-ray/Other ex:

	VATA	PITTA	KAPHA
MENTAL PROFILE			
Mental activity	☐ Quick mind restless	☒ Sharp intellect aggressive	☐ Claim stead stable
Memory	☒ Short-term best	☐ Good general memory	☐ Long-term best
Thoughts	☐ Constantly changing	☐ Fairly steady	☒ Steady stable fixed
Concentration	☐ Short-term focus best	☒ Better than average mental concentration	☐ Good ability for long term focus
Ability to learn	☒ Quick grasp of learning	☐ Medium to moderate grasp	☐ Slow to learn
Dreams	☐ Fearful flying running jumping	☐ Angry, fiery, violent adventurous	☐ Includes water clouds relationship, romance
Sleep	☐ Interrupted light	☒ Sound, medium	☐ Sound, heavy long
Speech	☒ Fast sometimes missing words	☐ Fast sharp clear cut	☐ Sound, clear, sweet
Voice	☐ High pitch	☐ Medium pitch	☒ Low pitch
MENTAL PROFILE			
Eating speed	☒ Quick	☐ Medium	☐ Slow
Hunger level	☐ Irregular	☒ Sharp need food when hungry	☐ Can easily miss meals
Food and drink	☐ Prefers warm	☒ Prefers cold	☐ Prefers dry and warm
Achieving goal	☒ Easily distracted	☐ Focused of driven	☐ Slow and steady
Giving/donation	☒ Gives small amounts	☐ Gives nothing or large amount infrequently	☐ Gives regularly and generously
Relationships	☐ Many casual	☒ Intense	☐ Long and deep
Sex drive	☐ Variable or low	☐ Moderate	☒ Strong
Works best	☒ White supervised	☐ Alone	☐ In groups
Weather preference	☐ Aversion to cold	☒ Aversion to heat	☐ Aversion to damp cool
Reaction to stress	☐ Excites quickly	☐ Medium	☒ Slow to get excited
Finances	☒ Doesn't save spends quickly	☐ (Save but big heat)	☐ Save regularly accumulates wealth

SANDHYASHI HOSPITAL
B-48, 49 Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Physical Examination:

Mark on the body-chart deformities or joint anomalies, back deformities or anomalies, edema, shoulders subluxation etc.



Remarks: Local tenderness (+).
Local Stiffness (+).
Swelling → mild (+).

Skin & Soft tissues problem

DISORDERS	Minor	Important
Swelling	(+)	
Callus	(-)	
Scar	(-)	
Wound	(-)	
Temperature	(N)	
Infection	(-)	
Pain	(++)	
Abnormal Sensation	(N)	

SLR Test REFAXYED
Rt 450
Lt 600

Sensitivity	R	L	(Specification)
Superficial	(+)	(+)	
Deep	(-)	(-)	
Numbness	(+)	(+)	
Paresthesia	(-)	(-)	
Other			

Details Discription of Disease

	Comments
Onset	sudden onset
Additional Disease	No H/O DM/HTN/CAD.
Allergy	No
Past Treatment	Pt. had taken allopathic treatment from private clinic for lower backache.

SANDHYASHI HOSPITAL
B-48-49 Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

GRITHPAN ANALYSIS

- Weight :
- Daily Ghril intake :
- Lipid Profile :
- Menstrual History :
- Gravida :
- Menopause :
- Period Days :
- Pain During Period
- L M P
- EDD

NAD

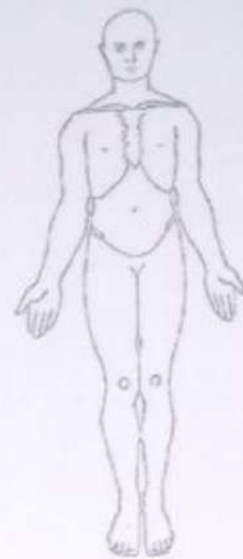
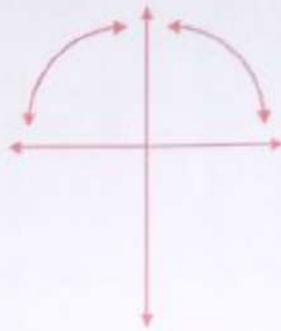
Primary Infection

Secondary Infection

] NAD.

SANDHYASHI HOSPITAL
B-48 Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 742817717

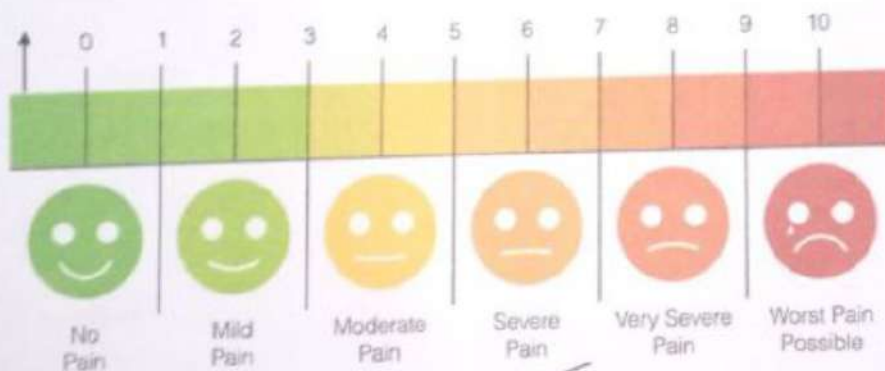
Body chart of pain/symptoms distribution:



Pain Score

10/10

PAIN SCALE



⇒ Pt. has severe pain in lowerback i.e admitted in our hospital.

SANDHYASHI HOSPITAL
B-48, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

General Examination Assesement

ASTA VIDHA PARIKSHA

S No	Asta Vidha Pariksha	Date	Next Review Date	Next Review Date	Sign	Remark
1.	स्पर्श Mridu	24/2/21	10/3/21	14/3/21	Vikas	
2.	शब्द Spashta				Vikas	
3.	Face (Akriti) Madhyam				Vikas	
4.	Eye (Dirka) Madhyam				Vikas	
5.	Jiwha Nirama				Vikas	
6.	Urine (N)				Vikas	
7.	Kastho (Stool) Mridu	Same	Same	Same	Vikas	
8.	Nadi (वात, पित्त, कफ)				Vikas	

DASH VIDHA PARIKSHA

S No	Pariksha	Date	Next Review Date	Next Review Date	Sign	Remark
1.	Prakruti दोषज-दोष					
2.	Vikruti Madhyam					
3.	Sara Madhyam					
4.	Samhana Avara	24/2/21				
5.	Pramana Madhyam		10/3/2021			
6.	Satmyaō Madhyam			14/3/2021	Vikas	
7.	Satva Madhyam					
8.	Aahar Shakti Madhyam					
9.	Vaya madhyam					
10.	Vyayani Shakti Avara					

SANDHYASHI HOSPITAL
B-18-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

SANDHYASHI HOSPITAL

(A Unit of Sandhya Health Care)

B-48,49 Sector-05, Bawana Industrial Area Delhi-110039

Patient Name : Manish Grewal Gender : M DOB : 24/2/21 UHID : 165

VITAL CHART

[illegible]

SANDHYASHI HOSPITAL
B-48-49, Sector 3,
Bawana Industrial Area, Delhi-39
Ph. 7426177717

Functional Evaluation:

Balanced disorders

Sitting	Normal ✓
	Good
	Poor
	Not possible
Standing	Normal ✓
	Good
	Poor
	Not possible

Coordination

UPPER LIMBS	Good ✓		Poor		Not possible	
	L	R	L	R	L	R
LOWER LIMBS	Good ✓		Poor		Not possible	
	L	R	L	R	L	R
Comments:						

<u>Gait Analysis</u>				
Functional Quality of the gait	Normal	Good	Poor	Comments:
1. SAFETY	✓			
2. CADENCE	✓			
3. SPEED	✓			Speed is (N) but less pain.
4. FATIGUE	✓			

Next Follow Plan
follow up after 15 days in OPD 9am to 2pm.

Next Follow Date
follow up on 7/3/2024.

Till Next Follow Diet Care :-
follow same diet care for next 7 days.

Till Next Follow Life Style Change
follow same life style as advised.

SANDHYASHI HOSPITAL
B-48 Sector-5,
Gawana Industrial Area, Delhi-39
Ph. 7428177717

Friendship ☐	Tends towards short term friendship makes friends ☐	Tends to be a longer friends related to occupation ☐	☒ Tends to form long lasting
-------------------------------------	--	---	--

8. Medical and Social Support			
Ant old disease Live DM, HTN Etc.	Yes	☒ No	Comments
History of Surgery	Yes	☒ No	Comments
History of	Good	Bad	Comments

9. Main patient's concerns: To get relief in symptoms
 10. Main patient's expectations: To take Ayurvedic treatment for better health.
 Current Treatment: ☒ 1st ☒ 2nd ☒ 3rd
 Remarks: 1. Abhyangam 2. Kati Basti 3. Basti 4. Oral Medication

Date 24/2/2024
 Diet

	Breakfast	Launch	Dinner	Night
24/2/24	दलिया	मूंग की दल + रोटी + सलाद	खिचड़ी + दाल	—
25/2/24	खिचड़ी + पनीर (200gm)	रोटी + मूंग-मसूर की दल	दलिया	—
26/2/24	दलिया + चाय + बिस्किट	रोटी + मूंग + सलाद + सब्जी	रोटी + सलाद + मूंग-मसूर दल	—
27/2/24	पौहा	रोटी + मूंग की दल + सलाद + गुड़	खिचड़ी + दाल	—

Date
 Diet

	Breakfast	Launch	Dinner	Night
28/2/24	खिचड़ी + पनीर (200gm)	दलिया + पौहा	मूंग-मसूर की दल + रोटी + सलाद	—
1/3/24	दलिया	खिचड़ी + दाल	मूंग-मसूर की दाल + रोटी	—
2/3/24	खिचड़ी + पौहा	मूंग-मसूर दल + रोटी + सलाद	दलिया	—
3/3/24	दलिया + चाय + बिस्किट	मूंग-मसूर की दल + रोटी	—	—

PANCHKARMA TREATMENT PLAN	
POORVA KARMA	
Days Medicine	<u>7 days</u>
Risk, Benefits	NA
Next follow up advice	pt admitted direct in hospital
Next follow up date	Sudden onset of pain
PRADHA KARMA	
Days Medicine	7 days of treatment
Risk, Benefits	(1) Risk of Abhyangam - skin allergy Benefits of Abhyangam - skin relief (2) Risk of Basti - loose motion, constipation, trauma in anus Benefits of Basti - pain relief, stiffness relieved, improved movement (3) Risk of Kati Basti - pain may increase Benefits of Kati Basti - relief in pain, stiffness & swelling decrease
Next follow up advice	after 7 days
Next follow up date	7/3/2021
PASCHAT KARMA	
Days Medicine	Ayurvedic treatment as advised for 7 days - (medicine are advised on discharge summary).
Risk, Benefits	(1) Pain may increase (2) fever onset (3) stiffness (1) relief in pain (2) Good appetite (3) stiffness ↓ (4) swelling ↓
Next follow up advice	follow up after 7 days.
Next follow up date	7/3/2021

Aahar to be follow → Laghu - Supachay, Ushna
Savanas nipuna Aahar.

Nihas to be follow → Yoga, Pranayam, Asan,
Amukool Vatavarn for stay.

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48, 49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)



UHID: 1165

OPD: 1171

IPD: 00/1704/21

Bed No 06

PH No.011-40199634 / 7428177717

24/2/21

PROGRESS NOTES

INITIAL ASSESSMENT

- * Chief Complaint - Pt. comes i/c/o
 - Severe back pain
 - Unable to move and stand
 - Pain radiating to (R) leg.
- * History of Present illness - Pt. was healthy before 20-25 days, Then suddenly he started to feel Lowerbackache. Pt. took allopathic medication from private clinic but not got relieved. On day by day pain aggravated and pain from Lowerback radiate to Right leg. Pt. was suffering from 10-15 days and now admitted here for further treatment.
- * Past History - NAD.
- * Personal History - No H/O DM/HITN/Asthma
- * Family History - NAD

SANDHYASHI HOSPITAL
B-48, 49 Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

Nutritional Assessment Form

I. Identifying Information

Full Name: Manish Poores Date: 24/2/21
UHID No: 1165 Age: 47y Sex: M

Ethnicity: Hindu ☒ Muslim ☐ Christian ☐ Sikh ☐ Jain ☐ Tribe ☐ Other: ☐

Referring Clinician: NA

Reason(s) for visit: Pt. is admitted for Panchkarma Treatment.

II. Medical History (please give full details)

- Diabetes YES/NO ☒ HBA1c.....since.....Medication
- HTN YES/NO ☒ Last recorded valuesince.....medication
- CAD YES/NO ☒ STENT/BYPASS/MEDICINE SINCE...MEDICATION
- THYROID YES/NO ☒ REPORTS.....SINCE.....MEDICATION
- MENTRUAL HISTORY MENSTRUALCYCLE.....MEDICATION

Are you allergic to any food or drink? Yes or No

If yes, please specify: Nothing Significant

Do you get a rash or edema from your allergy? Yes or No ☒

Do you take any vitamins, minerals and/or food supplements? Yes or No ☒

If yes, which ones _____

Have you had any major injuries, hospitalizations, or operations? Yes or No ☒

If yes, what _____

Do you have any chronic illnesses? Yes or No ☒

If yes, please explain _____

(Examples: Shortness of breath, Heartburn, Constipation, Excessive thirst, Headaches, Pain, bleeding etc)

Do you take any medications on a regular basis? Yes or No ☒

If yes, what medication and what dosage _____

Please explain about

- Appetite: (N)
- Food habits: Pure Vegetarian
- Daily working hours: 8-10 hrs.
- Exercise: 1-2 hour in morning (only walking)
- Job profile: 9 am to 6 pm working (office job).

SANDHYASHI HOSPITAL
B-48, 49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 74281733



UHID 1165-

OPD 11761

IPP 1714

SANDHYASHI HOSPITAL(A Unit of Sandhya Medicity India Pvt. Ltd)
B-48, 49, Sec. 5, Bawana Industrial Area, Delhi-39UHID No. 11761/21
Bed No. 06**ADMISSION & DISCHARGED RECORD**Name of Patient (रोगी का नाम) Manish GroverName of Father's (पिता का नाम) Ramesh GroverDate of Admission (भर्ती की तिथि) 24/2/21Time of Admission (समय) 10:11 am Age (वय) 47y Sex (लिंग) MReferring Doctor (सहायक उपचारक) Dr. RajniDoctor Incharge (संचालक उपचारक) Dr. Vikas GuptaDate of Discharge (छुट्टी तिथि) 31/3/21 Time of Discharge (छुट्टी का समय) 5 pmOperation (IF any) Panch Karma Treatmentरोग निश्चय (Diagnosis) (भर्ती का समय) Severe Back Painरोग निश्चय (Diagnosis) (छुट्टी का समय) Acute LumbagoAddress & Phone (पता एवं फ़ोन नं.) House no 2322 Sec-44-C Chandigarh Sec-47
PO CHD Chandigarh 160047

Result	Cured/relived	Left against Medical Advice	Investigation only	Discharge request	Expired
--------	---------------	-----------------------------	--------------------	-------------------	---------

UNDER TAKING FOR TREATMENT INVESTIGATION & FINANCE ETC.

I want to get the patient at sandhyashi hospital at my own and I am ready for and eventually and outcome this concern is given of my own free will after having been made to understand the contents and implications of this documents.

मैं अपनी मर्जी से संध्यासी अस्पताल में भर्ती हो रहा हूँ। मैं तैयार हूँ मेरे साथ होने वाली चिकित्सा पद्धति के लिए, और मैं सब कुछ सोच समझ कर करवा रहा हूँ। एवं मैंने जो विवरण दिया है वह पूर्णतः सही है।

Dated (दिनांक) ManishWitness (प्रत्यक्षी) ManishSignature (हस्ताक्षर) ManishRelationship of patient (रोगी से सम्बंध) Son

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Terms & Conditions

1. I have opted on my own for admission into this hospital and will pay the bills as per hospital rules and regulations.
2. The management reserves the right to admit or discharge the case amendment/modify rules. Regulations and the charges without notice or assigning any reason there of.
3. Facilities provided in the room are maintained in working order but any failure in their functioning does not affect the charge and the management accepts no liability for the same. The Hospital accepts no responsibility for any loss or inconvenience caused by strike, lock out, water, telephone electricity and air-conditioning failure etc.
4. Patients are advised not to bring any valuable or any jewellery or any other luggage with them. and also advised to deposit their surplus cash with the hospital and get a receipt. The hospital will not be responsible for any loss or left.
5. Suggestions/complaints may be given in writing at the reception.
6. All bills to be paid in cash, cheques are not accepted.

नियम व शर्तें

1. मैंने इस अस्पताल में प्रवेश के लिए अपना खुद का चयन किया है और अस्पताल के नियमों और विनियमों के अनुसार बिल का भुगतान करेगा।
2. प्रबंधन नियमों को संशोधित करने का अधिकार सुरक्षित रखता है। विनियम और बिना किसी पूर्व सूचना के शुल्क या किसी भी कारण को असाइन करना।
3. कमरे में उपलब्ध सुविधाएं कामकाजी क्रम में रखी जाती हैं लेकिन उनके कामकाज में कोई विफलता चार्ज को प्रभावित नहीं करती है और प्रबंधन इसके लिए कोई देयता स्वीकार नहीं करता है। अस्पताल स्ट्राइक, लॉक आउट वॉटर, टेलीफोन, बिजली और एयर कंडीशनिंग विफलता इत्यादि के कारण होने वाली किसी भी हानि या असुविधा के लिए कोई जिम्मेदारी स्वीकार नहीं करता है।
4. मरीजों को सलाह दी जाती है कि वे उनके साथ कोई मूल्यवान या कोई आभूषण या कोई अन्य सामान न लाएं। और जमा करने की भी सलाह दी। अस्पताल के साथ उनके अधिशेष नकद और एक रसीद प्राप्त करें। अतः अस्पताल किसी भी नुकसान या बकाया के लिए जिम्मेदार नहीं होगा।
5. रिसेप्शन पर लिखित में सुझाव / शिकायतें दी जा सकती हैं।
6. सभी बिलों का भुगतान नकद में किया जाता है। चैक नहीं लिया जाता है।

Dated (दिनांक)..... 24/2/21

Witness (प्रत्यक्षी).....

Signature (हस्ताक्षर).....

Relationship of patient (रोगी से संबंध).....



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

Panchkarma Consent

UHID: 1165

IPD: 001/1704/21

Bed No. 06

Date: 24/2/21

Patient's Name (रोगी का नाम) Manish Grover
 Father's/ Husband's Name (पिता/पति का नाम) Ramesh Grover
 Date (दिनांक) 24/2/21 Age (उम्र) 47Y Sex (लिंग) M
 Address & Phone No. (पता एवं फोन नं.) MN-2322, Sec-44-C, Chandigarh sec-47, Chandigarh
 Treatment Benefits (उपचार के लाभ) Relief in Pain, Swelling, Stiffness
 Risk (जोखिम) Kati Basti → Pain in, Abhyangam → Skin allergy, Basti → loose stool
 Alternative (विकल्प) Kati Basti → PPS, Abhyangam → Tala dhara, Constipation/pain in anal region
Basti → Sitz bath or Trifle Kwath Basti

हमें हमारी धैर्यता के बारे में पूर्णतः बता दिया गया है एवं धैर्यता के जाने वाले उपद्रवों के बारे में भी बता दिया गया है।

जैसे :-	घुटनों में सूजन	☒	झनझनाहट	☒
	पैरों में दर्द	☒	अकड़न	☒
	पेट में भारीपन	☒	सुन्नपन	☒
	कमर में दर्द	☒	उल्टी	☐
	दर्द में वृद्धि	☒	दस्त	☐
	बुखार आना	☒	बी.पी कम होना	☐

आदि के बारे में डाक्टर द्वारा अवगत करा दिया गया है। मैं स्वतः अपनी इच्छानुसार अपनी होनी वाली धैर्यता के बारे में पूर्णतः जात होने के पश्चात इन्हें कराने के लिए तैयार हूँ। इसकी पूर्णतः जिम्मेदारी मेरी स्वयं की होगी।

> धैर्यता का नाम Manjeet & Dharmendra धैर्यता हस्ताक्षर Manjeet
 > डाक्टर का नाम DR. VIKAS डाक्टर हस्ताक्षर Vikas Gupta
 > रोगी के हस्ताक्षर Manish प्रत्याक्षी Pratul दिनांक 24/2/21

We are informed about the therapy & also about the complication in which e.g.

Swelling in Joints
 Pain in Legs
 Tenderness in abdomen
 Backache
 Increase pain
 Fever

Tingling sensation
 Tenderness
 Numbness
 Vomiting
 Loose motion
 Decrease B.P



> After Explaining about the complication & the benefits I will be responsible for everything and give full permission to the doctors & the therapists to perform

> Therapist's Name..... Therapist Signature.....
 > Doctor's name..... SANDHYASHI HOSPITAL
 > Patient's Signature..... B-48-49, Sector-5, Bawana Industrial Area, Delhi-39
 Ph. 7428177717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

UHID.....17.14.21..... IPD.....17.14..... Bed No..... Date.....23/3/21.....

F.H.NO.

DISCHARGE SUMMARY

Patient's Name (रोगी का नाम).....Manish grover..... Age (उम्र).....47..... Sex (लिंग).....Male.....

W/o, S/o, D/o(पिता/पति).....Ramesh grover.....

Address (पता).....House No 2322, Sec 44, C-Chandigarh, Sec 47 (160047).....

Date of Admission (भर्ती की तारीख).....24/2/21..... Date of Discharge (छुटी की तारीख).....23/3/21.....

Time of Admission (भर्ती का समय).....11 AM..... Time of Discharge (छुटी का समय).....5 PM.....

Chief Consultant (मुख्य चिकित्सक).....DR. VIKAS Gupta (M.S.).....

CHIEF COMPLAINT AND HISTORY (मुख्य तकलीफ एवं उसका वृत्तान्त)

Past Medical History (पुराना चिकित्सा वृत्तान्त)

NO H/O DM / HTN / CAD

Family History (कुटुंब वृत्तान्त) NO

Pain Scale - 10/10

Go Sore Back pain
Go Unable to Stand one hour
Go Pain Radiating to @ leg
S/L @ P/leg

VitaParameters

B.P. 120/80

P/R 96/Min

SUGAR 98/NG

WEIGHT 65

HEIGHT 5.4 FT

Astha Sthana

1. NADI वातपित्तज

2. MALA Normal

3. MUTRA Clear

4. JIWAHA Coated

5. SHABDA Clear

6. SPARSHA Warm

7. AKRUTI Normal

8. DRIKA Normal

Dash vidha Pariksha

1) Prakruti पित्तज + कफ

2) Vikruti NO

3) Sara Normal

4) Samhana Normal

5) Pramana Normal

6) Satmya Normal

7) Satva Auro

8) Agni Madhura

9) Vaya NO

10) Vyayam Shakti Normal

MENSTRUAL HISTORY

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

INVESTIGATION EXAMINATION (जॉय)

No

DIAGNOSIS AND TREATMENT SUMMARY (रोग चिकित्सा वृत्तांत)

△ Acute Lumbago
• KATI BASI
• BASI
• ABHINAVAN

DIET ADVISE ON DISCHARGE (आहार निर्देश Diet As Advise)

CONDITION AT THE TIME OF DISCHARGE

HOME ☒ DEAD ☐ REFERRED ☐ LAMA ☐

Follow up (दोबारा कब आना है) After 7 days

1. WHEN TO OBTAIN EMERGENCY CALL (आपातकालीन समस्या में सम्पर्क)
PH No. 011-40199634 / 7428177717

- A) pain
B) Swelling
C)

2. Medicine After Diseases (औषधि छुट्टी के बाद)

Tab pain cure 2 tabs
Tab Shor bu 1 tab
Tab live cure 1 tab
Sup Nephroshi 1 tab

Dr. VAS GUPTA 7428177717
PH No. 011-40199634 / 7428177717
Dr. Name V.K. 184 uph
Signature V.K. 184 uph
Date 2/3/21



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health Care)

B-48, 49 Sector-05, Bawana Industrial Area Delhi-110039

Patient Name: Manish Gerez Gender: M DOB: 24/2/21 UHID: 1165

VITAL CHART

DATE	Time	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SINGH
24/2/21	11 AM	98.1°F	120/80	84/M	18/M	10/10	Manjeet
	1 PM	98.6°F	130/70	88/M	16/M	10/10	Manjeet
	3 PM	98.5°F	120/70	88/M	16/M	10/9	Pawan
	5 PM	97.4°F	110/80	90/M	18/M	10/9	Pawan.
	7 PM	97.6°F	110/80	92/M	18/M	10/10	Pawan.
	9 PM	98.6°F	120/80	86/M	18/M	10/10	Pawan
	11 PM	98.1°F	120/70	84/M	16/M	10/10	Harish
25/2/21	01 AM	97.7°F	130/80	84/M	16/M	10/10	Harish
	3 AM	98.7°F	120/70	82/M	16/M	10/10	Harish
	5 AM	98.2°F	120/70	82/M	16/M	10/10	Harish
	7 AM	98.5°F	110/80	82/M	16/M	10/10	Manjeet
	9 AM	98.6°F	120/80	84/M	18/M	10/10	Manjeet
	11 AM	96.7°F	120/80	78/M	16/M	10/9	Manjeet
	1 PM	97.5°F	120/70	84/M	17/M	10/9	Manjeet
	3 PM	97.7°F	110/80	88/M	17/M	10/9	Pawan
	5 PM	98.6°F	110/70	88/M	18/M	10/9	Pawan
	7 PM	98.4°F	120/80	90/M	16/M	10/9	Pawan
	11 PM	98.7°F	120/90	92/M	16/M	10/9	Harish
26/2/21	1 AM	97.6°F	110/80	86/M	18/M	10/9	Harish
	3 AM	97.4°F	110/70	84/M	18/M	10/9	Harish
	6 AM	97.2°F	120/80	84/M	18/M	10/9	Harish

SANDHYASHI HOSPITAL
B-48-49, Sector-5
Bawana Industrial Area
Ph. 742817717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health Care)

B-48, 49 Sector-05, Bawana Industrial Area Delhi-110039

Patient Name: Manish George Gender: M DOB: A 24/2/21 UHID: 1165

VITAL CHART

DATE	Time	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SNGH
26/2/21	8 AM	98.2°F	110/80	82/M	16/M	10/8	Manjeet
	10 AM	98.4°F	120/80	82/M	16/M	10/8	Manjeet
	12 PM	98.6°F	120/80	82/M	16/M	10/8	Manjeet
	3 PM	98.2°F	120/80	84/M	16/M	10/8	Raman
	6 PM	98.4°F	120/80	78/M	16/M	10/8	Raman
	8 PM	97.7°F	110/80	84/M	18/M	10/8	Raman
	10 PM	97.4°F	120/80	88/M	16/M	10/8	Harish
27/2/21	1 AM	97.7°F	120/80	88/M	18/M	10/8	Harish
	3 AM	98.2°F	120/80	90/M	16/M	10/8	Harish
	5 AM	98.4°F	110/80	92/M	16/M	10/8	Harish
	8 AM	98.6°F	120/80	86/M	18/M	10/8	Manjeet
	10 AM	98.7°F	120/90	84/M	18/M	10/7	Manjeet
	1 PM	98.6°F	120/80	84/M	18/M	10/7	Manjeet
	3 PM	98.6°F	120/80	86/M	16/M	10/7	Manjeet
	5 PM	98.4°F	110/90	88/M	16/M	10/7	Raman
	8 PM	96.7°F	120/90	88/M	16/M	10/7	Raman
	11 PM	96.4°F	120/80	90/M	16/M	10/7	Harish
28/2/21	2 AM	97.2°F	120/80	92/M	16/M	10/7	Harish
	4 AM	97.4°F	110/80	86/M	18/M	10/7	Harish
	7 AM	97.4°F	110/80	84/M	16/M	10/7	Manjeet
	9 AM	98.2°F	120/90	82/M	16/M	10/7	Manjeet

SANDHYASHI HOSPITAL

B-48, 49 Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health Care)

B-48,49 Sector-05, Bawana Industrial Area Delhi-110039

Patient Name: Manish Grover Gender: M DOB: 24/2/21 UHID: 1165

VITAL CHART

DATE	Time	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SINGH
28/2/21	11 AM	98.4°F	120/80	84/M	18/M	10/6	Manjeet
	1 PM	98.6°F	120/80	88/M	16/M	10/6	Manjeet
	3 PM	98.6°F	120/80	88/M	16/M	10/6	Pawan
	5 PM	97.7°F	110/80	90/M	18/M	10/6	Pawan
	7 PM	98.2°F	110/80	92/M	18/M	10/6	Pawan
	9 PM	98.2°F	120/80	86/M	18/M	10/6	Manish
	11 PM	97.7°F	120/80	84/M	16/M	10/6	Manish
1/3/21	2 AM	98.2°F	120/80	84/M	16/M	10/6	Manish
	5 AM	98.4°F	120/80	82/M	16/M	10/6	Manish
	7 AM	98.6°F	110/80	82/M	16/M	10/6	Manjeet
	9 AM	98.2°F	110/90	82/M	16/M	10/4	Manjeet
	11 AM	98.4°F	120/80	84/M	18/M	10/4	Manjeet
	1 PM	98.2°F	120/80	78/M	16/M	10/4	Manjeet
	3 PM	98.4°F	120/80	84/M	18/M	10/4	Pawan
	5 PM	97.7°F	130/90	88/M	16/M	10/4	Pawan
	7 PM	97.4°F	130/90	88/M	16/M	10/4	Pawan
	10 PM	97.7°F	130/80	90/M	18/M	10/4	Manish
2/3/21	1 AM	97.4°F	120/80	92/M	18/M	10/4	Manish
	4 AM	98.2°F	120/80	86/M	18/M	10/4	Manish
	6 AM	98.4°F	120/90	84/M	16/M	10/4	Manish
	8 AM	99.2°F	120/80	84/M	16/M	10/4	Manjeet

SANDHYASHI HOSPITAL
B-48-49 Sector-5,
Bawana Industrial Area, Delhi-39
Ph: 7428177717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health Care)

B-48, 49 Sector-05, Bawana Industrial Area Delhi-110039

Patient Name: Manish Grover

Gender: M

DOB: 24/2/21

UHID: 1165

VITAL CHART

DATE	Time	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
28/2/21	11 AM	98.4°F	120/80	84/M	18/M	10/6	Manjeet
	1 PM	98.6°F	120/80	88/M	16/M	10/6	Manjeet
	3 PM	98.6°F	120/80	88/M	16/M	10/6	Pawan
	5 PM	97.7°F	110/80	90/M	18/M	10/6	Pawan
	7 PM	98.2°F	110/80	92/M	18/M	10/6	Pawan
	9 PM	98.2°F	120/80	86/M	18/M	10/6	Manish
	11 PM	97.7°F	120/80	84/M	16/M	10/6	Manish
1/3/21	2 AM	98.2°F	120/80	84/M	16/M	10/6	Manish
	5 AM	98.4°F	120/80	82/M	16/M	10/6	Manish
	7 AM	98.6°F	110/80	82/M	16/M	10/6	Manjeet
	9 AM	98.2°F	110/90	82/M	16/M	10/4	Manjeet
	11 AM	98.4°F	120/80	84/M	18/M	10/4	Manjeet
	1 PM	98.2°F	120/80	78/M	16/M	10/4	Manjeet
	3 PM	98.4°F	120/80	84/M	18/M	10/4	Pawan
	5 PM	97.7°F	130/90	88/M	16/M	10/4	Pawan
	7 PM	97.4°F	130/90	88/M	16/M	10/4	Pawan
	10 PM	97.7°F	130/80	90/M	18/M	10/4	Manish
	1 AM	97.4°F	120/80	92/M	18/M	10/4	Manish
	4 AM	98.2°F	120/80	86/M	18/M	10/4	Manish
2/3/21	6 AM	98.4°F	120/90	84/M	16/M	10/4	Manish
	8 AM	99.2°F	120/80	84/M	16/M	10/4	Manjeet

SANDHYASHI HOSPITAL
B-48-49 Sector-05,
Bawana Industrial Area, Delhi-39
Ph: 7428177717



SANDHYASHI HOSPITAL



(A Unit of Sandhya Health care)
(B-48, 49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

UHID: 1165 OPD: 11761 IPD: 00/1704/21 Bed No: 06

PH No. 011-40199634 / 7428177717

PROGRESS NOTES

24/2/21
10 AM

C/o Severe Back pain
Qo Unable to move and stand
Qo Pain Radiating to R leg
2 days

Pain Score (10/10) SLR (R) 45°
(L) 60°

Bp 120/80
P/R 90/min
T 98.1°
C/S
P/R
r

Adv
KATI BASI - (Hemabraya tailors)
ABYAN GAN - (Dhanwantra tailors)
BASI - (CHIN tailors)
Tad pain cure 2 hrs by
Tad Shoth hor 2 hrs by
Tad live cur 2 hrs by

24/2/21 (BPM)

Pain (10/10)

C/o Same Back pain
Qo Unable to move and stand

Davika
uptu

Bp 120/80
P/R 90
P/R 20/min
Chen

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Davika
uptu

24/2/24
10P4

C/o Seenu Bapu pan
Go Onable to Mon

Pair (10/10) Gp Par Radiator (P) 1st
LKR (P450)

Dps 10/30

Plr 290/m

Temp = 98.3

R/Rs 20/m

Gprz - 100/m

Adv

Tomorrow Continue Same trans.

Sapna

~~scribble~~

25/2/24
GAA

C/o Seenu Bapu pan

Go Ureble to Mon

Gp par radiator (P) 1st

LKR (P450)

Pair (10/10)

Naresh



SANDHYASHI HOSPITAL



(A Unit of Sandhya Health care)

(B-48, 49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

UHID: 1165

OPD: 1171

IPD: 10/12/21

Bed No. 06

PH No. 011-40199634 / 7428177717

PROGRESS NOTES

25/2/21
10 AM

C/S/B Dr. Vikas

Go Severe Back pain

Go unable to move and stand

Pain score (10/9) Go pain radiating to (R) leg

Better than before

B.P. 120/80

P/R 90/H

A/P 20/H

Chest B/L

C/S (P)

P/V B/L

Legs

Adm

• KATI BASTI

• BASTI

1 ABT + w/h

25/2/21
6 PM

Pain 10/9

C/S/B Dr. Vikas

Go unable to move and stand

Adm
C/S

SANDHYASHI HOSPITAL

B-48, 49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Vikas

25/2/21
10pm

Acute Lumbago

clo Pain Low Back

clo unable to Move and Stand

clo Pain Reduce on RLSR RUSO

Pain Score
(10/9)

Ad

Basti
Abhiyangan
Kati Basti

Tab - Pain Cure - 2BD

Tab Neuro Cure - 2BD

Tab - Shothor - 2BD

Syp - Mahatikta Kashay 4-4BD

Notes



SANDHYASHI HOSPITAL



(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

UHID: 1165

OPD: 1171

IPD: 11704/21

Bed No 06

PH No.011-40199634 / 7428177717

PROGRESS NOTES

26/2/21
10 AM

Pain (10/8)

C/o Severe Back pain

Go Unable to Stand and Move

C/o pain radiating to R leg

Asu

B.P. 110/70

P.R. 90/M

P.R. 20/M

Chest & Abdominal

C/S

PR 20/M

Temp 98.6°F

• KATI BASTI

• BASTI

• ABSTAINING

26/2/21

6 PM

Pain (10/8)

C/o Severe Back pain

Go Unable to stand and move

C/o pain radiating to R leg

Asu

• CSF

Vikas

SANDHYASHI HOSPITAL

B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Vikas

26/2/21
10PM

Acute Lumbar

clo Pain Low Back

Pain (10/8)

Better than Before.

clo unable to move and stand
No Better

clo Pain Reduce no R SLR R USO

Ad.

Abhyangam

Kati Basti

Basti

Tab. Pain cure - 2BD

Tab. Neuro cure - 2BD

Tab. Shothar - 2BD

Syp. Mahatiktan Kashaya - 4-4-BD

Naxa



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48, 49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)



UHID: 1165

OPD: 1171

IPD: 10/1704/21

Bed No 06

PH No.011-40199634 / 7428177717

PROGRESS NOTES

27/2/21
10 AM

C/o Severe Back pain
G/o Unable to stand and move
G/o pain radiating to R leg

Pain Son (10/7)

Adv

B.P 120/80
P/R 90/14
H/R 20/14

1/RATI BASTI
BASTI
ABTAW GARG

Chest clear

C/S (P)

pass

in

27/2/21
6 PM

Pain (10/7)

C/o Severe Back pain
G/o Unable to stand and move
G/o pain radiating to R leg

Adv

C/S

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Vikas

Sapre

27/2/21
10pm

Accute Lumbago

pain (10/7)

clo Pain Low Back

clo Pain Low Back

Better than Betor.

clo unable to move and stand

clo Pain Recluse no R SPK R USG

BP- 120/80

RR- 90/M

Temp. 98.1

RR- 20/M

SpO₂- 100/M

o chest clear.

Ad

Kati Basti

Abhiyangan

Basti

Tab- Pain Cure - 2BD

Tab Neuro Cure - 2BD

Tab Shothas - 2BD

Syp Mahatiktan Kashay 44.BD.

Nages

28/2/21

10:15 PM

Acute Lumbago

BP - 120/80

PR - 90/M

Temp. 98.1

RR - 20/M

SpO₂ 100/M

Cl to moderate to severe pain

Cl unable to move and stand

Cl Pain Redus no (R) SLR (R) 450

Pain 10/6

Ad

Kati Basti

Abhiyangan

Basti

Tab - Pain Cure - 2BD

Tab - New Cure - 2BD

Tab - Shofar - 2BD

Syp. Mahatikla Kashaye. 4-4. BD.

Wash



SANDHYASHI HOSPITAL



(A Unit of Sandhya Health care)
(B-48, 49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

UHID: 1165

OPD: 1171

IPD: 00/1704/21

Bed No 06

PH No.011-40199634 / 7428177717

PROGRESS NOTES

1/3/21
10 AM

△ Acute Lumbago

Pain (10/10)

1/2 Pain lower Back

1/2 Pain Radiating to R leg

Go Now walking with Support

B.P. 120/80

P/R 90/11

As

P/R 20/11

1. RATTI BASTI

Chest BCT 11

2. BASTI

Cv (P)

3. AB-111111

P/H

Vikas

1/3/21
6 PM

Pain (10/10)

1/2 Pain lower Back

Go Pain Radiating to R leg

Go Now Able to walk

B.P. 120/80

P/R 90/11

P/R 20

SANDHYASHI HOSPITAL

B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Sapm

1/3/21
10 PM

Pain 10/14

BP. 120/80

PR. 82/M

Temp. 98.1

RR. 20/M

SpO₂ 100/M

Accent Lumbago

C/o Pain Low Back

C/o unable to Move and Stand

C/o Pain Radiate to R SLR. R uov

Ad

Kedi Basti

Basti

Abhiyangan

Tab. Pain Cure - 2BD

Tab. Neucure - 2BD

Tab. Shothar. 2-BD

Syp. Mahatiktan Kashay -

Nagesh



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48, 49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)



UHID: 1165

OPD: 1171

IPD: 00/17.04/21

Bed No 06

PH No.011-40199634 / 7428177717

PROGRESS NOTES

2/3/21
10 AM

△ Acute Lumbago

Pain 10/3

C/o Pain Better in Lower Back
C/o P is Able to Move

B.P 120/80

As

P/R 90/1

1 RATT BASTI

P/R 20

• BASTI

• ABTOWAY

C/S AD
CNA

Chamber

Temp 98.6° F

Vikar

2/3/21

2:40 PM Pain 10/3

△ Acute Lumbago

B.P 120/80

C/o Pain is Better than Before

P/R 90/1

As CS 1

P/R 20

2/3/21

10:14 PM

Pain 10/3

△ Acute Lumbago

Bawana Industrial Area, Bawana
Ph. 7428177717
B-48-49, Sector-5, Delhi-35

SANDHYASHI HOSPITAL

B.P 120/80

P/R 90

Plan Discharge to home

Nareesh

Vikar

2/3/21

Pain (10/13)

Acute Umbago

do Pain Low Back
Better than before.

do unable to Move and Stand
Better than.

do Pain Radius no (R) SLR. (R) 450

Dischar Yesterday

Ad

Kati Basti

Basti

Abhyangam

Tab. Pain Cure. - 2BD

Tab. Neuro Cure. 2BD

Tab. Shothus 2BD

Syp. Mahatiktan Kashay 4-4.BD.

BP. 120/80

PR. 90/M

RR. 20/M

SpO₂ 100/M

Temp. 98.1



SANDHYASHI HOSPITAL

(A UNIT OF SANDHYA HEALTH CARE)

B-48 Sector-5, Bawana Industrial Area, Delhi-110039

UHID: 1165

Bed No. 96

PH No. 7428177717/8800162068

PROGRESS NOTES

3/3/21
1007

Part 10/2

Acute lumbago

Go pain low back
Better than before

Go Urine to More and see
Better

Go pain Radiate to R. Side R. Arm

Discharge to day

→ Ad

'KATIBAN'

'BAN'

'A B BAN'

'Tas par Cu 7/10'

'Cu New Cu 24th Dec'

'Cu Star 24th Dec'

'Sp Matric 4/10'

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 7428177717

Dr. VIKAS GUPTA 7428177717

B.A.M.S., D. (AM) MBA (HCS)

C. P. C. S. V.

DELPIA/8107

Medical Superintendent

SANDHYASHI HOSPITAL

B-48-49, Sector-5, Bawana Indl. Area



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

Feedback Form (प्रतिक्रिया फॉर्म)

Name/नाम : Manish Unnaker Age(आयु) : 47 sex(लिंग) : M

OPD : 00/17/14/21 IPD : 00/17/14/21 UHID No. 1165

Address /पता : House No. 2222 Sec-44-C Chandigarh

Phone No./ फोन नं. : _____ Email / ईमेल : _____

Name of Doctor /डॉक्टर का नाम : Dr. Vikas Gupta

Dear Sir/Madam, प्रिय महोदय/ महोदया

We want know your opinion. We would appreciate if you would spare us a moment of your valuable time in providing us your feedback regarding various aspects of medical care and hospitality that were extended to your stay here with us.

हम आपकी राय जानना चाहते हैं हम आप की सराहना करेंगे अगर आप हमें अपने मूल्यवान समय का एकक्षण देंगे जो हमें आपकी चिकित्सा, देखभाल और आतिथ्य के विभिन्न पहलुओं के बारे में आप की प्रतिक्रिया प्रदान करने में मदद करता है।

जो हमारे यहाँ इलाज के दौरान अनुभव किया।

S.No	Services/ सेवाएं	Good / अच्छा Yes/ हाँ	Not good/ अच्छा नहीं No/नहीं
1.	Do you found ,Time period spent on your assessment is sufficient or not ? आपकी जांच के लिए डॉक्टर के द्वारा दिया गया समय पर्याप्त है या नहीं ?	हाँ	
2.	Explained about diagnosis and treatment ? निदान और उपचार के बारे में समझाया ?	हाँ	
3.	How is work experience of staff ? कर्मचारियों का कार्य अनुभव कैसा है ?	अच्छा	
4.	During your problem did employee or staff respond you on time or not ? जब आप अपनी समस्या बताते हैं, तो कर्मचारी ठीक से सुनते हैं ?	हाँ	
5.	Did staff treat you with dignity and respect ? क्या कर्मचारी आप से गरिमा और सम्मान के साथ व्यवहार करते हैं ?	हाँ	
6.	How would you feel during treatment ? इलाज के दौरान आपने कैसा अनुभव किया ?	अच्छा	
7.	Did you have confidence and trust in the staff ? क्या आप कर्मचारी के कार्य क्षमता से संतुष्ट हैं ?	हाँ	
8.	What one thing would you change about the department ? इस विभाग में कोई एक भी ऐसी चीज जिस में आप सुधार चाहते हैं ?		नहीं

Your comments / आपके सुझाव

Date: 24/2/21

Signature (Hospital Authority)

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39

Signature (Patient/Guardian)
Ph. 7428177717

Signature (MD/MS)



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

Daily Medication Schedule

UHID: 1165 IPD 001704/21 OPD 11761

Patient Name: Manish kumar

Date: 24/2/21

Allergies: NO

Consultant: Dr. vikas Gupta

DOA: 24/2/21

PERSONAL MEDICATION RECORD

Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:

NAME OF DRUG	DOSE	DATE	TIME OF DRUG				
			9AM			9PM	
Tds. Pain Care	280	24/2/21	9AM			9PM	
Tds. Shot har	280		9AM			9PM	
Tds. Live Care	280						
Tds. Pain Care	280	25/2/21	9AM			9PM	
Tds. Shot har	280		9AM			9PM	
Tds. Live Care	280		9AM			9PM	
Tds. Live Care	280	26/2/21	9AM			9PM	
Tds. Shot har	280		9AM			9PM	
Tds. Pain Care	280		9AM			9PM	
Tds. Pain Care	280	27/2/21	9AM			9PM	
Tds. Shot har	280		9AM			9PM	
Tds. Live Care	280		9AM			9PM	
Tds. Pain Care	280	28/2/21	9AM			9PM	
Tds. Live Care	280		9AM			9PM	
Tds. Shot har	280		9AM			9PM	
Tds. Pain Care	280	11/2/21	9AM			9PM	
Tds. Live Care	280		9AM			9PM	
Tds. Shot har	280		9AM			9PM	
Tds. Pain Care	280	29/2/21	9AM			9PM	
Tds. Live Care	280		9AM			9PM	
Tds. Shot har	280		9AM			9PM	

SANDHYASHI HOSPITAL
B-48-49, Sector-5,
Bawana Industrial Area, Delhi-39
Ph. 228177717



SANDHYASHI HOSPITAL

(A Unit of Sandhya Health care)

(B-48,49 Sector-05, Bawana Industrial Area, Bawana, Delhi-110039)

PAIN SCORING CHART

UHID: 1165

IPD: 50/12/21

OPD: 11761

Name: Manish Mishra

Age: 47

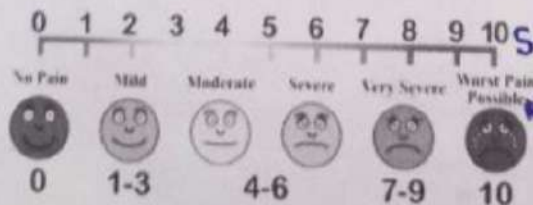
Sex: M

Consultant: Dr. Vikas Gupta

Date of admission: 24/2/21

S.No.	Date	Checked by	Pain Scoring
1	24/2/21	inject	10/10
	10 AM		
2	25/2/21	inject	10/9
	10 AM		
3	26/2/21	inject	10/7
	9:1 AM		
4	27/2/21	inject	10/5
	10 AM		
5	28/2/21	inject	10/4
	10 AM		
6	1/3/21	inject	10/4
	10 AM		
7	2/3/21	inject	10/3
	10 AM		

S.No.	Date	Checked by	Pain Scoring
2	24/2/21	Dhanendra	10/10
	10 PM		
27	25/2/21	Dhanendra	10/9
	10 PM		
3	26/2/21	Dhanendra	10/7
	10 PM		
4	27/2/21	Dhanendra	10/5
	10 PM		
5	28/2/21	Dhanendra	10/4
	10 PM		
67	1/3/21	Dhanendra	10/4
	10 PM		
7	2/3/21	Dhanendra	10/3
	10 PM		



SANDHYASHI HOSPITAL
B-48-49 Sector-5,
Bawana Industrial Area, Delhi-39
Ph: 7428177717