

Shri Vats Ayurvedic Chikitsalya
640/C, Chirag Delhi
New Delhi-110017



SHRI VATS AYURVEDIC CHIKITSALAYA

640/ C, Chirag Delhi, New Delhi-110017

Name: of Trainer:- Dr. Pushkar Sharma

Date of Training : 20/09/2021

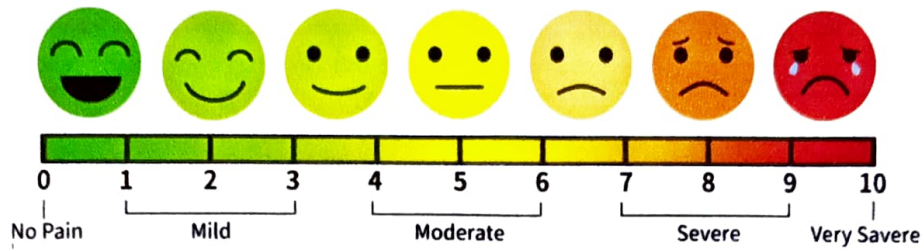
Topic of Training : Pain Assessment

PAIN ASSESSMENT TRAINING

S NO.	Name	Designation	Attended by Signature
1	Dr. Paridhi Sharma	Doctor	<u>Paridhi</u>
2	Ashu	Pharmacist	<u>Ashu</u>
3	Dev Kumar	Receptionist	<u>Dev</u>
4	Amit	Male Therapist	<u>Amit</u>
5	Giyan Devi Maurya	Female Therapist	<u>गियन देवी</u>
6	Vijay Rao	Housekeeping	<u>V. Rao</u>
7	Amit Kumar	Housekeeping	<u>Amit</u>

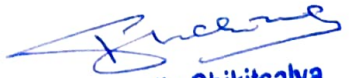
Prakash
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PAIN MEASUREMENT SCALE



TOPIC :

Rating	Pain Level
0	No Pain
1-3	Mild Pain (nagging annoying, interfering little with ADLs)
4-6	Moderate Pain (interferes significantly with ADLs)
7-10	Severe Pain (Disabling : unable to perform ADLs)


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FEEDBACK FORM

Attended by : Dr. Paridhi Sharma

1) Rate The Level of Training information useful to you.

A. Good

☒

B. Average

☐

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

A. Appropriate

☒

B. Average

☐

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

☒

B. Medium

☐

C. Not Good

☐

FEEDBACK FORM

Attended by : Ashu

1) Rate The Level of Training information useful to you.

A. Good

☐

B. Average

☒

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

B. Appropriate

☒

B. Average

☐

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

☒

B. Medium

☐

C. Not Good

☐


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FEEDBACK FORM

Attended by : Dev Kumar

1) Rate The Level of Training information useful to you.

A. Good

☐

B. Average

☒

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

A. Appropriate

☐

B. Average

☒

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

☒

B. Medium

☐

C. Not Good

☐

FEEDBACK FORM

Attended by : Amit

1) Rate The Level of Training information useful to you.

A. Good

☒

B. Average

☐

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

A. Appropriate

☐

B. Average

☒

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

☐

B. Medium

☒

C. Not Good

☐


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FEEDBACK FORM

Attended by : Griyan Devi Maurya

1) Rate The Level of Training information useful to you.

A. Good

☒

B. Average

☐

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

A. Appropriate

☐

B. Average

☒

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

☒

B. Medium

☐

C. Not Good

☐

FEEDBACK FORM

Attended by : Vijay Rao

1) Rate The Level of Training information useful to you.

A. Good

☐

B. Average

☒

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

A. Appropriate

☐

B. Average

☒

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

☐

B. Medium

☒

C. Not Good

☐


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FEEDBACK FORM

Attended by : Amit Kumar

1) Rate The Level of Training information useful to you.

A. Good

☐

B. Average

☒

C. Below Average

☐

2) Rate the Level of Training Method of Explanation.

A. Appropriate

☐

B. Average

☒

C. Below Average

☐

3) Rate the Importance of Training.

A. Good

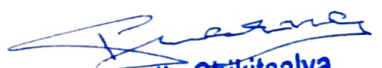
☒

B. Medium

☐

C. Not Good

☐


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PH. No.011-29256867 / 7982440732



PROGRESS NOTES

UHID: VAC 2161

OPD: 2162

Room No. Therapy room

24/09/21

12pm

B.P.: 114/76

P/R: 91/M

Temp.: 98.4°F

Pain: 8/10

O/E - CVS (N)
CNS (N)

Patient came with
pain in back and
body stiffness.

Advice: - Abhyangam for 45 min
Kati Vasti &
Kshirabala tailam


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25/09/21

11am

B.P.: 111/82

P/R: 94/M

Temp.: 97.4°F

Pain: 7/10

25/9

O/E - CVS (N)
CNS (N)

Patient came with less
pain as yesterday

Advice: - Abhyangam for 45 min
Kati Vasti &
Kshirabala tailam


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PROGRESS NOTES

UHID: VAC 2161

OPD: 2162

Room No. Therapy room

26/09/21

B.P.: 122/76

P/R: 99/M

Temp.: 97.6°F

Pain: 6/10.

26/9

Pain goes down.

Advt: Abhyanga for 45 min
- Katibast T
- Jsherbala tilan


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27/09/21

B.P.: 110/85

P/R: 98/M

Temp.: 97.9°F

Pain: 5/10

27/9/2021

⇒ Pain less,
stiffness less,
tenderness less as
yesterday.


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Advt:
- Abhyanga for 45 min
- Katibast T
- Jsherbala tilan