

PAIN SCORING CHART

UHID: 273321

IPD: 666

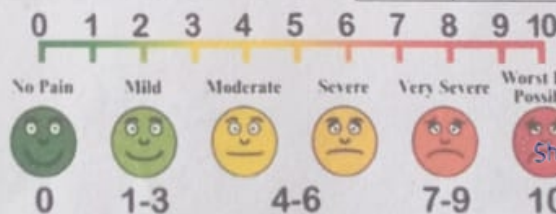
OPD: 2668

Name: Mr. Pankaj Madanwal Age: 30y Sex: M M

Consultant: Dr. Suyash Pratapsingh Date of admission: 19/3/21

S.No.	Time	Date	Checked by	Pain Scoring
1	10AM	19/3/21	Dr. Suyash	10/10
2	10AM	20/3/21	Dr. Suyash	10/9
3	10AM	21/3/21	Dr. Suyash	10/8
4	10AM	22/3/21	Dr. Suyash	10/7
5	10AM	23/3/21	Dr. Suyash	10/6
6	10AM	24/3/21	Dr. Suyash	10/4
7	10AM	25/3/21	Dr. Suyash	10/2

S.No.	Time	Date	Checked by	Pain Scoring
1	10PM	19/3/21	Dr. Sandeep	10/10
2	10PM	20/3/21	Dr. Sandeep	10/9
3	10PM	21/3/21	Dr. Sandeep	10/8
4	10PM	22/3/21	Dr. Sandeep	10/7
5	10PM	23/3/21	Dr. Sandeep	10/6
6	10PM	24/3/21	Dr. Sandeep	10/4
7	04PM	25/3/21	Dr. Sandeep	10/2



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Shuddhi Ayurveda Panchkarma Hospital
(A Unit of Jeena Sikho Lifecare Pvt Ltd.)
Back Side of Jugraj Dhaba,
Opp. Side of Haldiram Dera Bassi
Punjab-140506



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OPD: 2668

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Bed No. 02

PH No. 9872451015

PROGRESS NOTES

19/3/21
10 AM

Pain score
(10/10)

B/P - 120/80

P/R 90/M.

Tem 98°F

C/O
chest
Pain.

C/S/B Dr. Suyash Prateep Singh

C/O severe Back Pain

C/O unable to move and stand

C/O Pain Radiating to R leg & day

SLR (R) 45°

(L) 60°

Adv

S/S's

Karti Berti - Mahanarayan tailam

Abhyanga - Dhanwantaram tailam

Basti - Mahanarayana tailam.

Tab Shuddhi Pain 1-0-1 BD

Tab Pain core 1-0-1 BD

Sup Maharashmadi Kwath 4-0-4 TSP

C/S/B Dr. Pooja Thakur

C/O severe Back Pain

C/O unable to move and
stand

Adv
CST

B/P - 120/80

P/R - 90

P/R - 20 M.

19/3/21
6 PM.

Pain (10/10)

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PROGRESS NOTES

19/3/21
10PM

Paid (10/10)

C/S/B Dr Sandeep

C/O Severe Back Pain

C/O unable to move and stand

C/O Pain Radiating @ leg

LR @ 45°

Advice

Tomorrow continuosly treatment.

Sandeep



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PROGRESS NOTES

C/S/B Dr. Suresh Prateep Singh
C/O severe Back Pain
C/O unable to move and stand
C/O Pain Radiation to R Leg.

Adv

- Kati Basti
- Abhyanga
- Basti

S. Singh

C/S/B Dr. Pooja Thakur
C/O severe to moderate Pain
C/O unable to move and stand
C/O Pain Radiation to R Leg.

Adv
CST

Pooja

20/3/21
10AM.

Pain (10/9)

B P - 120/80

PIR - 90/M

PIR - 20

Chest P.

20/3/21
6PM

Pain (10/9)

B P - 120/80

PIR - 88/M

PIR - 20/M

Chest B.

Singh
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PROGRESS NOTES

21/3/21
10AM

Pain- (10/8)

BP-120/80

PIR- 90/M

P/R- 20/M

Chest

C/S/B Dr. Shreyash Prakash Singh

C/O Moderate to severe back pain

C/O Pain Radiating R leg.

Adv

• Kati Basti

• Basti

• Ashwagandh.

Spinal

21/3/21
6PM

Pain (10/8)

B/P-120/80

PIR- 90/M

PIR- 19/M.

C/S/B Dr. Pooja Takuar

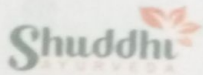
C/O Severe Pain low Back.

C/O Pain Radiating R leg.

Adv

CST

Pooja



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PROGRESS NOTES

2/12/21
12 PM.

Pain (10/8)

B/P 120/80

PR-7

P/R - 90/M

P/R - 20/M.

Chest

C/S/B Dr. Sandeep

C/O Back Pain

C/O Pain Radiating to R/Leg.

~~C/O~~ Low Backache Pain

Adv

CST

Sandeep

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PROGRESS NOTES

2/12/21
T.O.P.M.

Pain (10/8)

B/P 120/80

~~P/R~~

P/R - 90/M

P/R - 20/M.

Chest

C/S/B Dr. Sandeep

C/O Back Pain

C/O Pain Radiating to R. Leg.

~~C/O~~ Low Backache Pain

Adv

CST

Sandeep



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PROGRESS NOTES

22/3/21
10 AM

Pain (-10/7)

B/P - 120/80

P/R - 90/M

P/R - 18/M

Chus

Am

C/S/B Dr S.P. Singh.

C/O Moderate to severe Back Pain

C/O Now able to move

C/O Pain Radiating to (R) leg

Refr

• Kati Basti

• Basti

• Abhyanga.

S.P. Singh

C/S/B Dr Pooja Thakur.

1. Acute lumbago

C/O Severe Pain low Back.

C/O Pain Radiating to (R) leg.

Refr

CST

22/3/21
6 PM

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PROGRESS NOTES

C/S/B Dr Sandeep

22/3/21
10PM

Pain (10/10)

B.P - 120/80

P/R - 90/M

P/R - 20/M

Chest B

C

C/O severe Back Pain

C/O unable to stand - Back
able to move

90 Pain Rad to to D leg.

Adv

CSF

Sandeep

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PROGRESS NOTES

23/3/21
10AM

Pain - (10/6)

B/P - 120/80

P/R - 90/M

P/R - 20/M

Chest ~~Be~~

C/S/B Dr S.P. Singh

C/O Moderate to severe Back Pain

C/O Able to move

C/O Pain Radiating to (R) leg.

Adv

Kati Best

Beardi

Ashlyanum.

23/3/21
6PM

B/P - 110/80

P/R - 90/M

P/R - 20/M.

Pain - (10/6)

C/S/B Dr Pooja Thakur.

C/O Moderate to severe Back Pain

C/O Pain Radiating to (R) leg

Adv

CST

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PROGRESS NOTES

23/3/21
10 PM

B P-120/80

P/R-90/17

P/R-20/17

Pain (10/5)

C/S/B Dr Sanderp

C/O moderate to severe

C/O Pain Radiating to R/leg

Adv

CST

Sanderp

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PROGRESS NOTES

24/3/21
10AM

Pain (10/4)

B/P-120/80

P/R-80/M

P/R-20/M

Chgt 2.

C/S/B Dr S. P. Singh

C/O Moderate to severe Back Pain

C/O Now able to walk

C/O Pain Radiates to R leg.

Ach

Kati Basti

Basti

Abhyanga.

S. Singh

24/3/21
6PM

B/P-120/80

P/R-80/M

P/R-20/M

Chgt

Pain (10/4)

C/S/B Dr Pooja Thakur.

C/O Severe Back Pain

C/O Able to move

C/O Pain Radiates

Ach

Kati Basti

Basti

Abhyanga.

S. Singh

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PROGRESS NOTES

24/3/21
10 PM

C/S/B Dr S. P. Singh

Pain (10/10)

B/P - 101/80

P/R - 83/M

P/R - 18/M

Chest

C/O Severe Back Pain

C/O Notable to Stand

C/O Pain in Right to R Leg

Dr

CS T

Sandhu



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PROGRESS NOTES

C/S/B. Dr. Suyash Pratap Singh.

25/3/21
10 AM.

△ Acute lumbago

Pt Feels Better

Pain (10/2)

Pain mild Lower Back

Pain's Radiation ↓

B/P-110/70

Able to move

P/R 82/M

Adv

P/R-20M

Kati Basti

chug

Basti

Abhyasa.

25/3/21
4 PM

Pt Discharge today

△ Acute lumbago

Reg Tab Shuddhi Pain 2-0-2 BD

Tab Bhratvatchintamani 1 Tab Q

Sup Mahareish nadi Kunt 1 Tab Q

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TSP.

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