

Dr. Ajeet Pratap Singh
(BAMS) Ayurvedacharya

UHTD - JS220 7723

OPD - 7781

, Date - 28/01/22

9313666680

ORTHOCARE

- Joint Pain
- Cervical Pain
- Low Back Ache

PANCHKARMA

- Detoxification
- Rejuvenation
- Shirodhara, Shiro Basti
- Shiro Pichu
- Kati Basti, Prisht Basti
- Janu Basti
- Akshi Tarpana
- Nasya
- Basti
- Abhyanga
- Swedanam

GASTOCARE

- Acidity
- Constipation
- Liver Treatment

FACILITY

- Steamer
- Panchkarma Room
- Ayurvedic Treatment

Name: Mahipal Singh
W/o, D/o, S/o: Champat Singh
Chief Complain
History

Menstrual History

Diagnosis:

अष्टविध परिक्षा

स्पर्श ऊष्ण

शब्द गम्भीर

Face (आकृति) अम्लान्त

Eye (दृष्टि) म्लान्त

Jiwha (जिह्वा) आकृत

Urine (मूत्र) पीतवर्ण

Stool (मल) अकृत

Nadi (वात, पित्त, कफ) जलक

(Dash Vidha)

1. Prakrutii VAP
2. Vikrutii VIK
3. Sara अस्थि / रस /
4. Samhana मध्यम
5. Pramana मध्यम
6. Satmya मध्यम
7. Satva अम्ल
8. Aahar Shakti मध्यम
9. Vaya वृद्ध
10. Vyayam Shakti मध्यम

Vitals:

B.P.: 126/80 mmHg

Weight.: 53 kg

Height: 5'7"

RBS.: 130 mg/dl

with cervical Rashes.

Diagnosis: Amlapitta

do - severe late acidity
severe palpitation/
belching / Bump.

CMS (10)

CMS (10)

G.C. / vein concave / arched

Rx

Amlapitta Har churan

1 tsp - 0 - (top evening)
after food & warm water.

Brahmi Pizhi

Dr. AJEET PRATAP SINGH
AYURVEDACHARYA

(B.A.M.S.)

Regn. No. 63777

Jeena Sikho Lifecare Pvt. Ltd.
Awana Complex, Sector-49,
Main Road Barola, Noida-201307

125 mg - 0 - 125 mg.
mix & Amlapitta churan
after food & warm water

NEXT CONSULTATION DATE:.....

