

CPR TRAINING TO STAFF

Date: 13/10/24

Trainer: Dr. SONAM KASHYAP.

Attended by: Ruby (female Sr. Therapist)

Hemant (Sr. Therapist)

Sonjay (Pharmacist)

Atkash (Housekeeping)

Riya (Attendant)

Bhusho (Receptionist)

Today, on 13/10/24, a training session was organized for staff on CPR to clear their doubts and issues if they are facing any trouble. Training includes 10 facts, which staff should know during emergency.

Following are the Agenda —

* This denotes a level at which patients will receive in an emergency.

* Initial Assessment:

- Staff has to use code blue to start resuscitation. Along with information to ambulance and higher centre for transfer of patients.

1500 medicinal leaves)

Divya Wheat grass/green tea/moringa cap.	1500	Divya Alfafa/Divya flaxseed cap.	1500	Sexual problem
Cell rejuvenator	1050	Liver care cap.	1500	Spermo Surge 60
Divya Wheat grass/green tea/moringa cap.	1500	Liver yog powder	1050	Spermeiom drops
Divya Alfafa/Divya flaxseed cap.	1500	Liver care churana	1050	Shakti vardh

1

* 7 CPR Steps Everyone Should know:

- 1) Position your hand
 - 2) Interlock fingers.
 - 3) Give Chest Compressions
 - 4) open the airway
 - 5) Give Rescue breaths
 - 6) Watch chest fall
 - 7) Repeat chest compression and Rescue breaths.
- * After Arrival of anaesthesia doctor - team will follow the instruction as per order by CPR head team.

* Chest compression :

Adult - 2 inches ↓

Child - 2 inches ↓.

Infant - 1.5 inches ↓.

- Perform 30 chest compression at a rate of 100 per minute, letting the chest rise between each.

Questions - Page

- Q1. Full form of CPR?
- Q2. What is the rate of chest compressions per minute for any age?
- Q3. Where should the hands be placed on the chest for adult CPR?
- Q4. What is the depth of compression on an adult?
- Q5. Which code should be announced before giving CPR?
- Q6. What is the depth of compression on an infant?
- Q7. Provide 2nd CPR step?
- Q8. Which pulse should be checked during CPR?

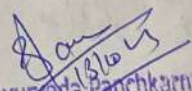
Answers

(Bharti Sain - Receptionist)

- Ans-1 - Cardio Pulmonary Resuscitation
Ans-2 - 100 Compression per minutes
Ans-3 - 2 Inch.
Ans-4 - Should be placed at lower side of breast bone.
Ans-5 - Blue Code should be announced. Before giving CPR.
Ans-6 - 1.5 Inch
Ans-7 - Interlock Fingering.
Ans-8 - Carotid pulse.

Allow - Good
need more Training.

70/80


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Answers

Sanjay (Pharmacist)

Ans-1. CPR Full form — Cardio pulmonary Resuscitation.

Ans-2. 100 Compression. per minute.

Ans-3. 2 inch.

Ans-4. Should be placed at lower side of breast bone.

Ans-5. Blue Card. Should be announced. before giving CPR.

Ans-6. 1.5 inch.

Ans-7. Interlock. Fingering.

Ans-8. Carotid. pulse.

Well on - Average -
Need not Training

60/80.

Answers

Dharmender (Male attendant).

Ans 1 $\Rightarrow$ Cardio pulmonary Resuscitation

Ans 2 $\Rightarrow$ 100 compressions per minute

Ans 3 $\Rightarrow$ Hands should placed on Breast Bone (Lower half)

Ans 4 $\Rightarrow$ 2 Inches

Ans 5 $\Rightarrow$ Code Blue

Ans 6 $\Rightarrow$ 1.5 Inches

Ans 7 $\Rightarrow$ Inter lock fingers

Ans 8 $\Rightarrow$ Carotid Pulse

Answer - Correct
(20/80)


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Answers

Akash (Housekeeping)

Ans 1 $\Rightarrow$ Cardio pulmonary Resuscitation

Ans 2 $\Rightarrow$ 100 Compression / min.

Ans 3 $\Rightarrow$ हाथ की फोर हॉग की गिनती इसी में करना चाहिए /

Ans 4 $\Rightarrow$ 2 इंच

Ans 5 $\Rightarrow$ मौड़ पल (नीला)

Ans 6 $\Rightarrow$ 1.5 इंच

Ans 7 $\Rightarrow$ इंग्लोक उगोमिय

Ans 8 $\Rightarrow$ कारोटिड पल्स

Del One - Average.
(60/80)

Answer
13/10/21
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Answers

Himant (Sr. Therapist)

Ans 1 → Cardio Pulmonary Resuscitation.

Ans 2 → 100 Compression Per minute.

Ans 3 → Hands must be on mediastenum.

Ans 4 → 2 inches.

Ans 5 → 1.5 inches.

Ans 6 → Fingering interlock.

Ans 7 → Code Blue.

Ans 8 → Carotid Puls.

All over - Good
(54/80)

Jeena
Shuddhi Ayurveda Panchkarma
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power black	1050	Liver preparations	Sexual problems
Oj vati		Liver ton syp- 450ml	

Riya (Attendant)

Answers

Ans1. CPR full form $\rightarrow$ Cardio pulmonary Resuscitation.

Ans2. 100 Compression per minute.

Ans3. Should be placed at lower side of breast bone.

Ans4. 2 inch.

Ans5. Code. Blue.

Ans6. 1.5 inch.

Ans7. Fingering Interlock.

Ans8. Carotid pulse.

All on - used.
(70/80)

[Signature]
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Diya gadoos sudharak vati (prostate)	✓	Lungs/Respiratory tr	1200
Diya granthi har vati	✓	Koffeiom	1000
Diya charamr	✓	Syp. Bronchei	1000
Diya Aarogya vati	✓		
Diya charamr	✓		

Answers

Ruby (Sr. Therapist)

Ans (1) ~~Rate~~ Cardio Pulmonary Resuscitation

Ans (2) - Pufform 30 chest compression at a rate 100 per minute

Ans (3) ब्रेस्ट बॉन की हड्डी के नीचे हिस्से में रखना चाहिए

Ans (4) दो इंच

Ans (5) Code Blue (अनोउस) (29)

Ans (6) 1.5 इंच

Ans (7) इंटरलॉक उगालिया

Ans (8) ~~कारोटीड~~ ~~केसे~~ Carotid Pulse

All over - Good

70/80

Staff feedback :-

- * Dr. Sonam mam ने हमें ट्रेनिंग दी। और ट्रेनिंग में हमें बहुत कुछ सीखना में आया है। CPR से हम किसी भी जान बचा सकते हैं। इसे यह कहीं पर भी उपयोग हो सकती है। केवल Emergency case में CPR देने से पहले हम Code Blue बोलते हैं।
- * it's very useful for Fainted. If there is an accident, we can do CPR on the victims before going to the hospital if patient fainted.
- * Dr. Sonam Kashyap ने हमें बहुत ही बहुत अच्छे से समझाया और उन्होंने CPR Training बहुत अच्छे से बताया। मुझे CPR Training में ये समझ आया कि अगर ये दुर्घटना कहीं भी हो जाती है। तो मैं अच्छे से CPR दे सकती हूँ।
- * हमें मैंने ने बहुत अच्छे से समझाया है। ट्रेनिंग दी, मुझे कभी लाइफ में CPR देने की जरूरत पड़ी तो मैं अच्छे से दे सकता हूँ।
- * ट्रेनिंग दी है Dr. Sonam mam ने हमें बहुत अच्छे से समझाया है CPR Training बहुत अच्छे से बताया है।
- * हमें हमने ने CPR की ट्रेनिंग दी, मैंने ट्रेनिंग में सीखा है कि कभी भी किसी व्यक्ति को CPR देने की जरूरत पड़ी तो मैं CPR अच्छे से दे सकता हूँ।