

ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

Initial Assessment Form

DATE: 31/01/2022

UHD: AAN 22/1922

OPD: 2953

PATIENT NAME: Savita Devi

FName: Sh. Vidya Vast Shastri

PATIENT HISTORY:

ADDRESS (Province-District): 319/34 Janta Colony, Rohtak

PHONE No: 9992100390

PATIENT AGE: 78 yrs

F

M

Diagnosis: OUTPATIENT

1. Civil Status

Single

Married

Number of children: 3

2. Job & Occupation

Armed forces

Farmers, fisherman

Non qualified worker

Technician

Office workers

Retired

Unemployed & not active

Student

3. Education level

Can write

Can read

Class: Post Graduate

4. History of the trauma/illness

Enter SYM.

Circumstances/Etiology:

NIL

Associated diseases:

HTN

5. Medical History/Treatment

Hospital:

Care:

Evolution since the beginning

Improved

Worse

Remarks:

Medication:

X-ray/Other ex:

VATA

PITTA

KAPHA

MENTAL PROFILE

Mental activity	☒	Quick mind restless	☐	Sharp intellect aggressive	☐	Claim steady stable
Memory	☐	Short-term best	☐	Good general memory	☒	Long-term best
Thoughts	☐	Constantly changing	☐	Fairly steady	☒	Steady stable fixed
Concentration	☐	Short-term focus best	☐	Better than average mental concentration	☒	Good ability for long term focus
Ability to learn	☒	Quick grasp of learning	☐	Medium to moderate grasp	☐	Slow to learn
Dreams	☒	Fearful flying running jumping	☐	Angry, fiery, violent adventurous	☐	Includes water clouds relations, romance
Sleep	☒	Interrupted light	☐	Sound, medium	☐	Sound, heavy long
Speech	☒	Fast sometimes missing words	☐	Fast sharp clear cut	☐	Sound, clear, sweet
Voice	☒	High pitch	☐	Medium pitch	☐	Low pitch
Mental profile						

Eating speed	☐	Quick	☐	Medium	☒	Show
Hunger level	☐	irregular	☐	Sharp need food when hungry	☒	Can easily miss meals
Food and drink	☒	Prefers warm	☐	Prefers cold	☐	Prefers dry and warm
Achieving goal	☐	Easily distracted	☐	Focused of driven	☒	Slow and steady
Giving/donation	☐	Gives small amounts	☐	Gives nothing or large amount infrequently	☒	Gives regularly and generously
Relationships	☐	Many casual	☐	Intense	☒	Long and deep
Sex drive	☒	Variable or low	☐	Moderate	☐	Strong
Works best	☒	White supervised	☐	Alone	☐	In groups
Weather preference	☒	Aversion to cold	☐	Aversion to heat	☐	Aversion to danting
Reaction to stress	☒	Excites quickly	☐	Medium	☒	Shows get excited
Finances	☒	Doesn't save spends quickly	☐	(Save but big heat)	☒	Save regularly accumulates wealth
Friendship	☐	Tends towards short term friendship makes friends	☐	Tends to be a longer friends related to occupation	☒	Tends to form long lasting

8.	Medical and Social Support			
	Ant old disease Live DM, HTN Etc.	Yes ☒	No ☐	Comments: HTN - Controlled medication
	History of Surgery	Yes ☐	No ☒	Comments:
	History of	Good	Bad	Comments:

9.	Main patient's concerns: 1st visit			
10.	Main patient's expectations: To get benefited T/F			
Current Treatment:		1st	2nd	3rd >

Remarks:

GYNAE HISTORY

L.M.P. _____ Days _____

FLOW ☐ Scanty ☐ Normal ☐ Excessive Other _____

Clots - _____ Pain - ☐ Nil ☐ Mild ☐ Moderate ☐ Severe

Odour - ☐ No smell ☐ Foul smell ☐ Fishy smell

Consistency - ☐ Curdy white ☐ Sticky ☐ Watery

WHITE DISCHARGE -

Colour - ☐ Yellow ☐ White ☐ Grey ☐ Green

Itching / Burning - ☐ Yes ☐ No

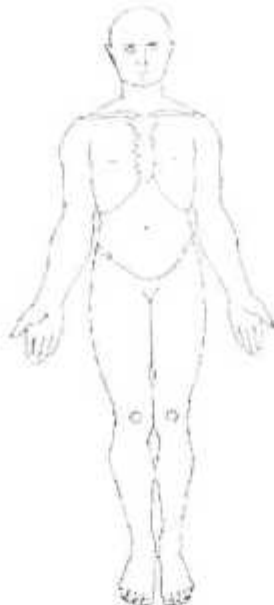
OBS HISTORY

	Age	Weight	Mode of delivery	Other Detail
Marriage Time				
Before Pregnancy				
After 1st Delivery			☐ Normal ☐ C-Section ☐ Complication	
After 2nd Delivery			☐ Normal ☐ C-Section ☐ Complication	

Atharv Ayurveda Inc. - Community Hospital
 112/29, Vaidik Vihar,
 Opp. Chola Park, Sec-13, Gurgaon (Haryana)

Physical Examination:

Mark on the body-chart deformities or joint anomalies, back deformities or anomalies, edema, shoulder subluxation etc.



Skin & Soft tissues problem NIL

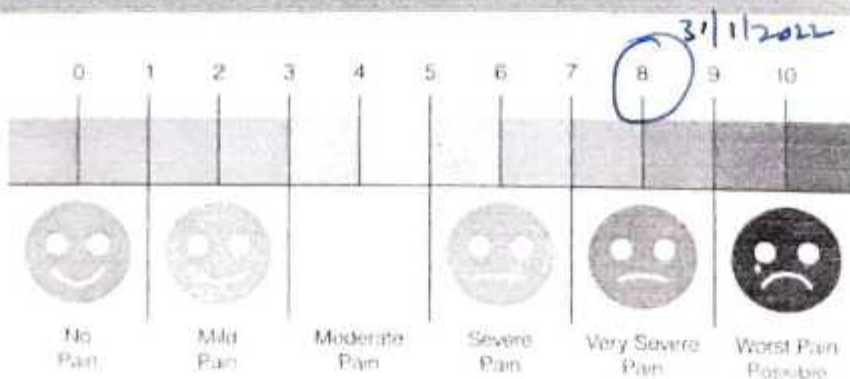
SLR Test
REFAXYED

R - 90°
L - 15°

DISORDERS	Minor	Important
Swelling		
Callus		
Scar		
Wound		
Temperature		
Infection		
Pain	+	
Abnormal Sensation	+	

Sensitivity	R	L	(Specification)
Superficial		+	
Deep		++	
Numbness		mild	
Paresthesia		mild	
Other			

PAIN SCALE



Atharv Ayurved Multi-Specialty Hospital
11/2/2022
Opp. Ch... 2nd Floor
... 2nd Floor

Details Discription of Disease

	Comments
Onset	54M ago
Additional Disease	HTN
Allergy	Nil
Past Treatment	Taken Danu Kullam SOS
Blood Investigation	

General Examination Asseesment

ASTA VIDHA PARIKSHA

S No	Asta Vidha Pariksha	Date	Next Review Date	Next Review Date	Sign	Remark
1.	स्पर्श	31/1/2022 शरीर	21/3/2022 "	17/3/2022 "	SVH	
2.	शब्द	मध्यम	"	"	SVH	
3.	Face (Akruti)	उत्तम	"	"	SVH	
4.	Eye (Dirka) (Pallor, Icterus)	मध्यम	"	"	SVH	
5.	Jiwha	हिम	"	"	SVH	
6.	Urine (Frothy, Bleeding, Burning Sensation, Pain,)	पेनयुक्त	"	"	SVH	
7.	Kastho (Stool) (Constipation) Mild Moderate Severe	मध्यम/ उत्तम	"	"	SVH	
8.	Nadi (वात, पित्त, कफ)	वात	"	"	SVH	

DASH VIDHA PARIKSHA

S No	Pariksha	Date	Next Review	Next Review	Sign	Remark
1.	Prakruti	31/1/2022 ॐ नमो भगवते वासुदेवाय	2/3/2022	1/3/2022	Signature	
2.	Vikruti	ॐ नमो	"	"	Signature	
3.	Sara	नमो	"	"	Signature	
4.	Samhana	ॐ	"	"	Signature	
5.	Pramana	नमो	"	"	Signature	
6.	Satmyao	नमो	"	"	Signature	
7.	Satva (Avara, Pravar, Madhyam)	नमो	"	"	Signature	
8.	Aahar Shakti (Mild, Moderate)	नमो	"	"	Signature	
9.	Vaya (Age) (Young, Moderate, Old)	ॐ	"	"	Signature	
10.	Vyayani Shakti	ॐ	"	"	Signature	

VITAL ASSESEMENT:

[illegible]

Atharv Ayurved Multispeciality Hospital
112/29, Vasant Vihar,
Opp. Chota Ram Stadium, Rohini-124001 (Hr)

PANCHKARMA TREATMENT PLAN

POORVA KARMA

Days Medicine	outlet for 1 ayurvedic oil 200ml 45 min 15 min
Risk, Benefits	Pain may increase Pain gets relieved
Next follow up advice	After 15 days
Next follow up date	

Days Medicine	oil massage - 15 min 113 min 15 min 75 min 113 min 15 min 75 min - 100ml
Risk, Benefits	May develop contraction Nerve tone & Muscle Tone improve
Next follow up advice	After 15 days
Next follow up date	

PASCHAT KARMA

Days Medicine	
Risk, Benefits	
Next follow up advice	
Next follow up date	

Atharv Ayurved Multispeciality Hospital
112/29, Vasant Vihar,
Opp. Chotu Ram Stadium, Pohnak-124001 (Hr)

ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

Phone No : 01262-257211, 8053988881

COVID-19 MANDATORY SELF DECLARATION

Name : Savitri Devi Date : 31/01/2022

Address : 319/34 Santa Colony, Rte

Age : 78 yrs Contact Number : 9992100390 Gender : M/F F

Due to the ongoing and rapidly changing situation with the novel-corona virus (COVID-19), we are requiring all visitors to the ATHARV AYURVED MULTISPECIALITY HOSPITAL, Hospital to fill-out the self-declaration form below.

Do you have any of the following flu-like symptoms ?

Fever	Yes	No ☒
Dry Cough	Yes	No ☒
Sore Throat	Yes	No ☒
Diarrhoea	Yes	No ☒
Breathlessness	Yes	No ☒
Asthma	Yes	No ☒
Other : Please specify	Yes	No ☒

- History of travel in the recent one month nationally and internationally?

NO

- Any contact history with a person who had returned from foreign country ? If yes, please specify.

Purpose of your visit : For consultation, Patient attendant/other reason?

NO

- Have you come in contact with the covid-19 positive patient in last one month?

NO

- Have you attend any gathering or visited any crowded market place in the last 14 days ? If you, please specify.

NO

- Are you taking any precautionary measures for boosting your immunity prior to coming ? If you, please specify

NO

- Kindly share your status of Aarogya Setu app? Red/Orange/Green.

GREEN

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112/29, Vasant Vihar,
Opp. Chotu Ram Stadium, Rohtak-124001 (Hr)

I hereby assure that whatever information I have provided is correct and true to the best of my knowledge.

If I am an asymptomatic carrier or an undiagnosed patient with covid-19, I know it may endanger doctors and Hospital staff. It is my responsibility to take appropriate precaution and to follow the protocols prescribed by them. I also know that I may get an infection from the clinic or from a doctor and I will take every precaution to prevent this from happening but I will not at all hold Doctors and clinic staff accountable if such infection occurs to me or my accompanying persons.

Signature

Savitri Devi



ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

Phone No : 01262-257211, 8053988881

PATIENT FEEDBACK FORM (प्रतिक्रिया फॉर्म)

Name (नाम) : Savitri Devi Age (आयु) : 78 yrs sex (लिंग) : F
 OPD : 8953 IPD : 922 UHID No. : AAH221922
 Address / पता : 31/34 Janta Colony, Rte
 Phone No. / फोन नं. : 999.2100390 Email / ईमेल :
 Name of Doctor / डॉक्टर का नाम : Dr. Subhi Arya

Dear Sir/Madam, प्रिय महोदय/ महोदया

We want know your opinion. We would appreciate if you would spare us a moment of your valuable time in providing us your feedback regarding various aspects of medical care and hospitality that were extended to your stay here with us.

हम आपकी राय जानना चाहते हैं हम आप की सराहना करेंगे अगर आप हमें अपने मूल्यवान समय का एकक्षण देंगे जो हमें आपकी चिकित्सा, देखभाल और आतिथ्य के विभिन्न पहलुओं के बारे में आप की प्रतिक्रिया प्रदान करने में मदद करता है।

जो हमारे यहाँ इलाज के दौरान अनुभव किया।

S.No	Services/ सेवाएं	Good / अच्छा Yes/ हाँ	Not good/ अच्छा नहीं No/ नहीं
1.	Do you found Time period spent on your assessment is sufficient or not ? आपकी जांच के लिए डॉक्टर के द्वारा दिया गया समय पर्याप्त है या नहीं ?	☒	
2.	Explained about diagnosis and treatment ? निदान और उपचार के बारे में समझाया ?	☒	
3.	How is work experience of staff ? कर्मचारियों का कार्य अनुभव कैसा है ?	☒	
4.	During your problem did employee or staff respond you on time or not ? जब आप अपनी समस्या बताते हैं, तो कर्मचारी ठीक से सुनते हैं ?	☒	
5.	Did staff treat you with dignity and respect ? क्या कर्मचारी आप से गरिमा और सम्मान के साथ व्यवहार करते हैं ?	☒	
6.	How would you feel during treatment ? इलाज के दौरान आपने कैसा अनुभव किया ?	☒	
7.	Did you have confidence and trust in the staff ? क्या आप कर्मचारी के कार्य क्षमता से संतुष्ट हैं ?	☒	
8.	What one thing would you change about the department ? इस विभाग में कोई एक भी ऐसी चीज जिस में आप सुधार चाहते हैं ?		☒

Your comments / आपके सुझाव

Date : 31/1/2021

Signature (Hospital Authority)

Savitri Devi
Signature (Patient/Guardian)

Dr. Subhi Arya
Signature (MD/MS)



ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

Nutritional Assessment Form

I. Identifying Information

Full Name: Mrs. Samithi Devi Date: 31/1/2022

UHID No: AAH221922 Age: 78 Sex: F

Ethnicity: Hindu ☒ Muslim ☐ Christian ☐ Sikh ☐ Jain ☐ Tribe ☐ Other: - ☐

Referring Clinician: Self

Reason(s) for visit: To get treatment for Katishool

II. Medical History (please give full details)

- | | | |
|--------------------|--------|---|
| • Diabetes | YES/NO | HBA1c.....since.....Medication |
| • HTN | YES/NO | Last recorded valuesince.....medication |
| • CAD | YES/NO | STENT/BYPASS/MEDICINE SINCE...MEDICATION |
| • THYROID | YES/NO | REPORTS.....SINCE.....MEDICATION |
| • MENTRUAL HISTORY | | MENSTRUALCYCLE.....X.....MEDICATION |

Are you allergic to any food or drink? Yes or No No

If yes, please specify: - _____

Do you get a rash or edema from your allergy? Yes or No

Do you take any vitamins, minerals and/or food supplements? Yes or No No

If yes, which ones _____

Have you had any major injuries, hospitalizations, or operations? Yes or No No

If yes, what _____

Do you have any chronic illnesses? Yes or No No

If yes, please explain _____

(Examples: Shortness of breath, Heartburn, Constipation, Excessive thirst, Headaches, Pain, bleeding etc)

Do you take any medications on a regular basis? Yes or No No

If yes, what medication and what dosage _____

Atharv Ayurved Multispeciality Hospital
112/29, Vasant Vihar,
Opp. Chotu Ram Stadium, Rohtak-124001 (Hr.)

Please explain about

- Appetite : - Good
- Food habits : Vegetarian
- Daily working hours : 6-8 hours
- Exercise : Nil
- Job profile : Retired
- Height : 5'2"
- Weight : 86 kg

Have you ever been diagnosed or do you suffer from anxiety? Yes or No

If yes, please explain _____

Have you ever been diagnosed or do you suffer from depression? Yes or No

If yes, please explain _____

Have you ever been diagnosed or do you suffer from an eating disorder, such as, anorexia, bulimia, or binge eating? Yes or No

If yes, please explain _____

Doctor Signature

AGH
3/1/2022

Patient Signature

Santini Devi

Ashwari Ayurved Multispeciality Hospital
112/29, Vasant Vihar,
Opp. Chotu Ram Stadium, Rohtak-124001 (Hr.)



ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

VULNERABLE PATIENT CONSENT FORM

UHID: AAM 22 1922 OPD: 2953 Bed No: 03 Date: 31/1/2022

• Parental/Legal Guardian permission and consent is required for:

a 'child' - a person under the age of 12

a 'vulnerable adult' - a person aged 12 or over whose ability to protect himself or herself from neglect, abuse or violence is significantly impaired on account of disability, illness or otherwise.

Patient's Name: Mrs. Savitri Devi Age 78 Sex F

Procedure details: Kati Vasti & Kalyan Vasti

Address and Contact: 319/39 Jata Colony, Rohtak.

This is consideration of the Panchkarma procedure as follows

- 1 Kati Vasti - 15
- 2 Kalyan Vasti - 11 A + 4 N
- 3

with best possible outcome Relieve in pain

Risks Local erythema, Constipation,

Alternative

1. I hereby give permission and all necessary consent to Atharv Ayurved Multispeciality Hospital Rohtak to and those Authorised by the Atharv Ayurved Multispeciality Hospital and other relevant records to support vulnerability of Savitri Devi to record my child or the vulnerable adult in my legal charge (named below) and I agree that for educational / promotional purposes the Atharv Ayurved Multispeciality Hospital may use the Recordings (in whole or in part, transcribed or otherwise) throughout the world for the full period of copyright, including all renewals, reversions, extensions and revivals of such period:

2. The information provided in this form is used for the Panchkarma procedure as described above and is managed and stored in accordance with the Indian Data Protection Act 1998 For data storage purposes, the Atharv Ayurved Multispeciality Hospital may store electronically the information and Recording.

3. This Consent/Release Form shall be governed in all respects by Indian penal code law.

NAME OF CHILD or VULNERABLE ADULT: Savitri Devi

NAME OF PARENT/LEGAL GUARDIAN: JAGRITI

SIGNATURE OF PARENT / LEGAL GUARDIAN: JAGRITI

Atharv Ayurved Multispeciality Hospital
112/29, Vasant Vihar,
Sonapat Road Rohtak



ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

Phone No : 01262-257211, 8053988881

ADMISSION & DISCHARGED RECORD

UHID. 11.11.2022 IPD. 9.22 Bed No. 3 Date. 31/11/2022

Name Of Patient (रोगी का नाम) Savitri Devi

Name Of Father/Husband (पिता/पति का नाम) Sh. Vicky Vast Shastri

Date Of Admission (भर्ती की तिथि) 31/11/2022 Time of Admission (भर्ती का समय) 11:20pm Age (उम्र) 78yrs Sex (लिंग) F

Assistant Doctor (सहायक उपचारक)

Doctor Incharge (संचालक उपचारक) Dr. Sushil Arya

Date Of Discharge (छुट्टी की तिथि) 15/12/2022 Time Of Discharge (छुट्टी का समय) 2pm

Operation (If Any)

Procedure (प्रक्रिया) अर्द्धशय्या, व्यायाम, मेडिकेशन

Diagnosis (रोग निश्चय) अर्द्धशय्या

Address & Phone No. (पता एवं फोन नं.) 319/34 Santa Colony, Rohtak 1 9992101390

Result	Cured/Relived	Left Against Medical Advice	Investigation Only	Discharge Request	Expired
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Payment :- CASH ☒ TPA Name/No. GOVT. Insurance.

UNDER TAKING FOR TREATMENT INVESTIGATION & FINANCE ETC.

I am getting admitted on basis at Atharv Ayurved Multispeciality Hospital at my own risk and i am ready for the ayurveda treatment . I am giving my consent after understanding benefit and out come of treatment. the information given by me are absolutely correct .

मैं अपनी मर्जी से अथर्व आयुर्वेद मल्टीस्पेशलिटी हॉस्पिटल में भर्ती हो रहा/रही हूँ। मैं तैयार हूँ मेरे साथ होने वाली आयुर्वेदिक चिकित्सा पद्धति के लिए, और मैं सब कुछ सोच कर एवं चिकित्सा से होने वाले फायदा और परिणाम को समझ कर करवा रहा/रही हूँ। एवं मैंने जो विवरण दिया है वह पूर्णतः सही है

Dated (दिनांक) 31/11/2022

Signature (हस्ताक्षर) Savitri Devi

Witness (प्रत्यक्षी) fognur

Relationship of Patient (रोगी से सम्बंध) Grand Daughter

Terms & Conditions

1. I have opted on my own for admission into this Hospital and will pay the bills as Hospital rules and regulations.
2. The management reserves the right to admit or discharge the case amendment / modify rules, regulation and the charges without notice or assigning any reason there of .
3. The facilities provided in the room are maintained in working order but any failure in their functioning does not affect the charge and the management accepts no liability for the same. The Hospital accepts no responsibility for any loss or inconvenience caused by strike, lock out, water, telephone, electricity and air-conditioning failure etc.
4. Patients are advise not be bring any valuable or any jewellery or any other luggage with them. The Hospital will not be responsible for any loss or theft .
5. Suggestions/complaints may be given in writing at the reception.
6. All bills to be paid in cash, govt. insurance/TPA / private insurance/ cheque's are not accepted.

नियम व शर्तें

1. मैंने इस अस्पताल में प्रवेश के लिए अपना खुद का चयन किया है और अस्पताल के नियमों और विनियमों के अनुसार बिल का भुगतान करूंगा /करूंगी ।
2. प्रबंधन नियमों को संशोधित करने का अधिकार सुरक्षित रखता है एवं विनियम और बिना किसी पूर्व सूचना के शुल्क या किसी भी कारण को असाइन करना ।
3. कमरे में उपलब्ध सुविधाएँ कामकाजी क्रम में रखी जाती है लेकिन उनके कामकाज में कोई विफलता चार्ज को प्रभावित नहीं करती है और प्रबंधन इसके लिए कोई देयता स्वीकार नहीं करता है । अस्पताल स्ट्राइक, लॉक आउट, वॉटर , टेलीफोन , बिजली और एयर कंडीशनिंग विफलता इत्यादि के कारण होने वाली किसी भी हानि या असुविधा के लिए कोई जिम्मेदारी स्वीकार नहीं करता है
4. मरीजों को सलाह दी जाती है की वे उनके साथ कोई मूल्यवान या कोई आभूषण या कोई अन्य समान ना लाएं । अतः अस्पताल किसी भी नुकसान या बकाया के लिए जिम्मेदार नहीं होगा ।
5. रिसेप्शन पर लिखित में सुझाव/शिकायते दी जा सकती है ।
6. सभी बिलों का भुगतान नकद में किया जाता है टीपीए / निजी बीमा / सरकारी बीमा आदि । चैक नहीं लिया जाता है ।

Dated (दिनांक)..... 31/01/2022

Signature (हस्ताक्षर)..... Sanjay Dora

Relationship of Patient (रोगी से सम्बंध)..... Grand daughter

Witness (प्रत्यक्षी)..... Jagriti



ATHARV AYURVED MULTISPECIALITY HOSPITAL

112/29, Vasant Vihar, Sonapat Road, Rohtak Pin-124001

Phone No : 01262-257211, 8053988881

UHID..AAM 221982

IPD..922

Bed No. 3

Date..31/01/2022

GENERAL CONSENT

I..Savitri Devi W/o, S/o, D/o..Sh. Vidya Veer Shastri

R/O..

Date of Admission..31/01/2022 Age..78 yrs Sex..F

Has been clearly explained about the Procedure..Katheter and Urinary Cath

By Dr..Sushil Arya

It have been clearly explained about the complications and other impacts of procedure by the doctor clearly in my own language. I have been explained about the expenses in the procedure clearly. I have been explained about the details of PROCEDURE, in case of any emergency and further referral to any higher centre, the required expenses in that case will be paid by me. I had read about the clauses clearly and giving my concern for the procedure mention about.

मैं.....पिता/पति का नाम.....पता.....
.....(दिनांक).....उम्र.....लिंग.....

डॉ.....ने मुझे, मुझ पर होने वाली प्रक्रिया (थैरेपी) के बारे में पूर्णतः बता दिया है। जिसमें आने वाले उपद्रवों के बारे में भी मुझे मेरी भाषा में बता दिया गया है। यदि किसी भी थैरेपी के दौरान आई आपातकालीन स्थिति में मुझे किसी दूसरे बड़े अस्पताल में जाना पड़ता है तो इसका पूर्ण खर्चा मुझे स्वयं वाहन करना होगा। मैं अस्पताल के सारे नियम व कानून पढ़ चुका/चुकी हूँ एवं मुझे बता दिया गया है और मैं अपनी स्वीकृति दे रहा/रही हूँ।

Patient's Name (रोगी का नाम) ..Savitri Devi

Signature (हस्ताक्षर) ..Savitri Devi

Date (दिनांक) ..31/01/2022

Place (स्थान) ..Rohtak

Witness (प्रत्यक्षी) ..Jagmohi

Doctor's Name (चिकित्सक नाम) ..Dr. Sushil Arya

Signature (हस्ताक्षर) ..Sushil Arya

Date (दिनांक) ..31/01/2022 7:30 PM

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Prakriti Chart Form

UHID: NAH821922 IPD: 722 Bed No: 3 Date: 31/01/2022

Kindly add mental, behavioral, emotional and physical profile subtotals to attain the final total. The dash with the highest total is your mind body type.

		VATA		PITTA		KAPHA
MENTAL PROFILE						
Mental activity	☒	Quick mind restless	☐	Sharp intellect aggressive	☐	Claim stead stable
Memory	☐	Short-term best	☐	Good general memory	☒	Long-term best
Thoughts	☐	Constantly changing	☐	Fairly steady	☒	Steady stable fixed
Concentration		Short-learn focus best	☐	Better than average mental concentration	☒	Good ability for long term focus
Ability to learn	☒	Quick grasp of learning	☐	Medium to moderate grasp	☐	Slow to learn
Dreams	☒	Fearful flying running jumping	☐	Angry, fiery, violent adventurous	☐	Includes water clouds relationship, romance
Sleep	☒	Interrupted light	☐	Sound, medium	☐	Sound, heavy long
Speech	☒	Fast sometimes missing words	☐	Fast sharp clear cut	☐	Sound, clear, sweet
Voice	☒	High pitch	☐	Medium pitch	☐	Low pitch
Mental profile						
Eating speed	☐	Quick	☐	Medium	☒	Slow
Hunger level	☐	Irregular	☐	Sharp need food when hungry	☒	Can easily miss meals
Food and drink	☒	Prefers warm	☐	Prefers cold	☐	Prefers dry and warm
Achieving goal	☐	Easily distracted	☐	Focused of driven	☒	Slow and steady
Giving/donation	☐	Gives small amounts	☐	Gives nothing or large amount infrequently	☒	Gives regularly and generously
Relationships	☐	Many casual	☐	Intense	☒	Long and deep
Sex drive	☒	Variable or low	☐	Moderate	☒	Strong
Works best	☒	White supervised	☐	Alone	☐	In groups
Weather preference	☒	Aversion to cold	☐	Aversion to heat	☐	Aversion to damp cool
Reaction to stress	☒	Excites quickly	☐	Medium	☐	Slow to get excited
Finances	☒	Doesn't save spends quickly	☐	(Save but big heat)	☐	Save regularly accumulates wealth
Friendship	☐	Tends towards short term friendship makes friends	☐	Tends to be a longer friends related to occupation	☒	Tends to form long lasting

Vata type

Dry to rough skin, insomnia, constipation, fatigue, headaches, intolerance of cold underweight or losing weight anxiety, worry, and restlessness, attention deficit with hyperactivity disorder.

Pitta type

Rashes inflammatory, skin condition, stomach ache, diarrhea, controlling and manipulative behavior, visual problems, excessive body heat, hostility irritability and excessive competitive drive.

Kapha type

Oily skin shows digestion, digestion, sinus congestion, nasal allergies, asthma, and obesity. Skin growths, possessiveness, neediness, apathy, depression, difficulty, paying attention.

INSTRUCTIONS FOR PANCHKARMA TREATMENTS

1. Warm and hot water for drinking.
2. Hot water for bathing.
3. Avoid day sleep.
4. Avoid awakening in night.
5. Pass natural urges (urine & stools) before Panchkarma treatments.
6. Don't suppress natural urges.
7. Don't do excessive workout exercise.
8. Don't expose to cold air or hot sun.
9. Avoid stress and strain during treatment.
10. Don't travel on vehicles immediately after treatment.
11. Immediately after traveling or exercise should be not taking and panchkarma treatment.
12. Avoid coitus during treatment period.
13. Take proper rest during and after treatment.
14. During treatment patient should be kept on light and hot diet.

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Phone No : 01262-257211, 8053988881

PANCHKARMA CONSENT

UHID: AAH.2219.22

IPD: 928

Bed No: 3

Date: 31/01/2022

Patient's Name (रोगी का नाम) Savitri Devi

Father's/ Husband's Name (पिता/पति का नाम) Sh. Vidya Vard Shastri

Date (दिनांक) 31/01/2022 Age (उम्र) 78 yrs Sex (बिग) F

Address & Phone No (पता एवं फोन नं.) 319/31, Tanta, Gelong, Rth & 9992100390

Treatment Benefits (उपचार के लाभ) Relief in Pain / Constipation / Improve Nerve / Muscle Tone

Risk (जोखिम) Increase Pain / Constipation

Alternative (विकल्प) उपचार, मात्रा बढ़ाई, नियमित चिकित्सा

हमें हमारी चैरेपी के बारे में पूर्णतः बता दिया गया है एवं चैरेपी के आने वाले उपद्रवों के बारे में भी बता दिया गया है।

जैसे :-	घुटनों में सूजन	☐	इनफ्लेमाट	☐
	पैरों में दर्द	☐	अकड़न	☐
	पेट में भारीपन	☒	सुन्नपन	☒
	कमर में दर्द	☒	उन्दी	☐
	दर्द में वृद्धि	☒	दस्त	☐
	बुखार आना	☐	बी.पी कम होना	☒

आदि के बारे में डाक्टर द्वारा अवगत करा दिया गया है। मैं स्वतः अपनी इच्छानुसार अपनी होनी वाली चैरेपी

के बारे में पूर्णतः ज्ञात होने के पश्चात इन्हें कराने के लिए तैयार हूँ। इसकी पूर्णतः जिम्मेदारी मेरी स्वयं की होगी।

- ✓ चैरेपिस्ट का नाम चैरेपिस्ट हस्ताक्षर
- ✓ डाक्टर का नाम डाक्टर हस्ताक्षर
- ✓ रोगी के हस्ताक्षर प्रत्याक्षी दिनांक 31/01/2022

We are informed about the therapy & also about the complication in which e.g.

Swelling in Joints	☐	Tingling sensation	☐
Pain in Legs	☐	Tenderness	☐
Tenderness in abdomen	☐	Numbness	☐
Backache	☐	Vomiting	☐
Increase pain	☐	Loose motion	☐
Fever	☐	Decrease B.P	☐



After Explaining about the complication & the benefits I will be responsible for everything and give full permission to the doctors & the therapists to perform Chaitani and Chaitani

Therapist's Name MAJIYA Therapist Signature MAJIYA

Doctor's name DR. SUSHIL ARYA Doctor Signature DR. SUSHIL ARYA

Patient's Signature Savitri Devi Witness MAJIYA Date 31/01/2022

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CHARGES CONCERN FORM

Name (नाम): Savitri Devi DOA (भर्ती की तारीख): 31/01/2022

Age (उम्र): 75y Sex (लिंग): F UHID: AM221922 OPD: 2953 IPD: 922

W/O, S/O, D/O (पिता/पति): Sh. Vidyut Vast Shastri Day Panchkarma:

Consultant Name (चिकित्सक नाम): Dr. Suhil Arora

Provisional Diagnosis (रोग निश्चय): Kativari

Confirm Diagnosis (रोग विनिश्चय): Kativari

1. Procedure details (प्रक्रिया विवरण): Kativari, Kalyananti

2. IPD Charges (आई.पी.डी.): 2500 X 15 = 37500/-

3. Doctor Consultation Charges (चिकित्सक परामर्श शुल्क): 400/-

4. Nursing charges (नर्सिंग शुल्क): 500 X 15 = 7500/-

5. Package Charges Procedure wise

A: Kativari 1200 X 15 = 18000/-

B: Taila varti (Anuvasan) 1500 X 11 = 16500/-

C: Nishach varti 2350 X 4 = 9400/-

D:

E:

6. Doctor Fees (चिकित्सक शुल्क): 500 X 15 = 7500/-

7. Medicine (approx) costing: 3000/-

8. Consumable (approx) charges: 2000/-

9. Accessory (approx) charges: 1000/-

10. Diet Charges (आहार शुल्क):

Total Estimated Package Rs. 1,02,800/-

Patient Signature: Savitri Devi

Receptionist Signature: [Signature]

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PROGRESS NOTE

UHID: PAM221922

OPD: 2953

IPD: 922

Bed No 3

31/1/2022

B.P.: 83/17

P/R: 72/m

Temp.: 98°F

Pain: 8/10

CSB Dr. Sushil Arora

clo Manyu hlo pain lower back & radiation to L4/L5
i Intermittent numbness B/L hand
K/C HTN on long term H/Amlodipine 10mg

o/s Cardiac imbalance

Cvs - S1 S2 @

chest - B/L crackles

PIA - NAD, soft

- शरीर में 2 जोड़ों
हृदय 211mm
शरीर में 211mm

- Cap Anoxia 1 cap 20
After meals
i milk
- शरीर में 2 जोड़ों
हृदय 211mm
शरीर में 211mm

Work on Plan for

B.P.:

P/R:

Temp.:

Pain:

① अतिरिक्त - अतिरिक्त 200ml
45 दिन 15 दिन

② आयुर्वेदिक - 15 दिन
11 अनुवाकन 15 दिन 15 दिन

4 दिन 15 दिन 400ml
4 दिन 15 दिन 400ml
4 दिन 15 दिन 400ml
4 दिन 15 दिन 400ml

अतिरिक्त - 3A/1M/1A/1M/1A/1M/1A/1M/5A

31/1/2022
8:30 PM

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PROGRESS NOTE

UHID: AAM221922

OPD: 2953

IPD: 0122

Bed No 3

01/02/2022

9.30 am

B.P.: 120/80 mmHg

P/R: 68/min

Temp.: 98.4°F

Pain: 8/10

had good sleep last night
Plan for Kati basti & Anuvasan
Basti Day

CSG

1/2/22 9.30 am

01/02/2022
3:30 pm

B.P.: 120/80 mmHg

P/R: 68/min

Temp.: 98.4°F

Pain: 8/10

had taken first session of
Kati basti & Anuvasan basti
today.

No-complication occurred.
vital-stable.

CSG

1/2/2022
10 PM

110/80

64/min

98.4

8/10

Still her painful @ Day
Spasm of her back reduced.

Vital stable

CSG

1/2/2022 10 PM

Prino 1/2/2022 02:30 am



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PROGRESS NOTE

UHID: AAH221922

OPD: 2953

IPD: 922

Bed No 3

2/2/2022 10 AM

B.P.: 130/80

P/R: 88/m

Temp.: 98.4

Pain: 8/10

G.C. Better, Vitals stable
had sound sleep last night
No episode of numbness last night
CST

2/2/22
2/2/22 10 AM

2/2/2022 5 PM

B.P.: - 128/78 mmHg.

P/R: 72 bpm.

Temp.: 98.2°

Pain: 8/10.

G.C. better -

Vital stable.

No fresh complaints

Rest CST

Follow with vitals

2/2/2022 10 PM

BP - 130/90 mmHg

P/R - 76/m

Temp - 98.4°

Pain 8/10

G.C. better
Pain almost same
no improvement in pain
Tdy diet normally.

CST

2/2/22
2/2/22 10 PM

2/2/22
2/2/22

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PROGRESS NOTE

UHID: AAm221922

OPD: 28/29/23

IPD: 922

Bed No 3

3/2/2022 10 AM

B.P.: 120/80

P/R: 72/min

Temp.: 98.4

Pain: 8/10

GC fine
Had sound sleep last night
Lent 24 hrs no episode of numbness noted
Yesterday of hand to hand

Still
3/2/2022 10 AM

3/2/2022 (2 PM)

B-P - 122/80

PR - 66 bpm

Temp - 96.2°F

pain - 8/10

GC better

vital - stable.

No fresh complaints.

Continuous same treatment

& follow up with all
vital.

B.P.: 3/2/2022 4 PM
120/80 mmHg

P/R: 68/min

Temp.: 98.0 F

Pain: 8/10

Doing better
Vitals stable
no fresh complaint
3rd Amendment Vasthi oil
no problem in procedure
acceptable

Still
3/2/2022
4 PM

Still
3/2/2022 (2 PM)

3/2/2022 10 PM

130/80
98.4
72/min
8/10

GC better
No fresh complaint day day
No episode of numbness noted
feels some relief in pain
Plan for Aksharvani tomorrow at 10 AM
Still
3/2/2022 10 PM



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PROGRESS NOTE

UHID: AAAM221922

OPD: 9953

IPD: 922

Bed No 3

4/2/2022 9 AM

B.P.: 130/90

P/R: 76/min

Temp.: 98.6

Pain: 7/10

4th IPD day
Today take Pt. for Microsurgery at 10 AM
Rt treatment same.

Dr. H. L.
4/2/2022 9 AM

04/02/2022 (2 PM)

B.P. - 130/89

P.R. - 72 bpm

Temp - 98.4 F

Pain - 7/10

GC better.

All vital stable.

Pt. feels relief in pain.

No fresh complaints.

No any complication occur
after Kati Vasti

- continue same treatment.

Dr. H. L.
04/02/2022
(2 PM)

B.P.: 4/2/22 6 PM
130/90 mmHg

P/R: 72/min

Temp.: 98.6

Pain: 8/10

Had for Microsurgery today
Relieved for 25 min
into inf in pain.

Dr. H. L.
4/2/22
6 PM

4/2/2022
130/90
72/min
7/10

GC has
Had ~~Microsurgery~~ today
Could retain vent for 25 minutes
No further complaint
Tomorrow prepare Pt for Anusman Vasti (4th)

Dr. H. L.
4/2/2022



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PROGRESS NOTE

UHID: AAM221922

OPD: 2953

IPD: 992

Bed No 3

5/2/2022 9 AM

B.P.: 130/80

P/R: 80/min

Temp.: 98.4

Pain: 7/10

G.C. Be HTA
Had 1st minor work yesterday
Today take it for Anuvachanti (4+4)
Rest name treatment

5/2/2022 9 AM

5/2/2022

(2 PM)

B.P - 129/92 mmHg

PR - 73 bpm

Temp - 98.3°F

Pain: 7/10

G.C. Be HTA

Vital stable

No fresh complaints

Urine / Stool (N)

Continuous same treatment

5/2/22 10 PM

B.P.: 129/90 mmHg

P/R: 72/min

Temp.: 98.4

Pain: 7/10

G.C. Be HTA
Vitals stable
no fresh complaints
feels better in pain

5/2/22 10 PM

5/2/2022 (2 PM)

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PROGRESS NOTE

UHID: RAM221922

OPD: 2953

IPD: 922

Bed No 3

6/2/2022 9 AM

B.P.: 130/80

P/R: 68/min

Temp.: 98°F

Pain: 6/10

G.C. Improving
feels some relief in pain
No episode of numbness
Take it for 2nd night vent today
Rht same treatment

6/2/2022 9 AM

06/02/2022
(2 PM)

BP-130/90 mmHg

Temp - 98.4°F

PR - 72 bpm

pain - 6/10

G.C Fair

- Vital stable

- No fresh complaints

- Continuous same treatment

Urine / (N)
Stool / (N)

6/2/2022

B.P.: 120/80

P/R: 72/min

Temp.: 98°F

Pain: 6/10

10 PM

G.C fine

had 2nd night vent today

Could retain for 35 minutes

feels lightness in body

No episode of numbness

6/2/2022

6/2/2022
(2 PM)

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PROGRESS NOTE

UHID: ARM22/922

OPD: 2953

IPD: 922

Bed No 3

7/2/2022 9 AM
B.P.: 110/80
P/R: 72/min
Temp.: 98°F
Pain: 6/10

GC recovery
had sound sleep last night
passed motion @ 10 AM
Take Pt for Anuvran vent today.
Next home treatment

Signature
7/2/2022 9 AM

07/02/2022
(2 PM)
B.P. - 120/80
Temp - 96.4°F
P.R. - 98/min
Pain - 5/10

Gr. Chair

No fresh complaints.

Urine | Passed.

No fresh complaints.

7/2/2022 6 PM
B.P.: 120/80 mmHg
P/R: 72/min
Temp.: 98°F
Pain: 5/10

GC here
no fresh complaints
No episode of numbness
beddy in pain

Signature
7/2/2022 6 PM

Time 07/02/2022
2 PM

7/2/2022 10.30 PM

B.P. - 130/80
Temp 98°F
P.R. - 76/min
Pain 6/10

Today Pt was given Anuvran vent.
could hold vent for 3 hrs.

In evening she had one episode of numbness
for about 40 seconds which resolved after
passing flatulence.
No other complaints.

Take Pt for 3rd Night Vent tomorrow
(8/2/2022)

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Signature
7/2/2022
10.30 PM



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Phone No : 01262-257211, 8053988881



PROGRESS NOTE

UHID: ARM 221922

OPD: 2953

IPD: 922

Bed No 3

8/2/2022 9 AM

B.P.: 110/70

P/R: 68/min

Temp.: 98.8

Pain: 5/10

ACBATH
had sound sleep last night
No episode of Lumbago last night
Take It for 3rd Month vent Today
Rat name Treatment

8/2/2022 9 AM.

08/02/2022 2 PM.

B.P. - 120/72

Temp - 98.1°F

PR - 76 bpm.

pain - 5/10

- G. fair
- vital stable.
- No fresh complaints
- All vital stable

Urine / Stool (N)

8/2/2022 6 PM

B.P.: 110/70 mmHg

P/R: 72/min

Temp.: 98.6

Pain: 4/10

- Condition stable
 - Pain fully relieved
 - Movement better
 - Diet improved.
- OK
8/2/2022 6 PM

Time
08/02/2022 2 PM

8/2/2022

11 PM

B.P. 120/80

PR 72/min

Temp - 98.6

Pain 4/10

Today Pt had 3rd Month vent.
Could return for 3 months.
At 8 PM today Pt tried to walk of her own and
she could walk 3 steps without support of attendant
but she was relying on support of stick.
Take It for Anurvan vent tomorrow 9/2/2022

8/2/2022 11 PM.

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PROGRESS NOTE

UHID: RAM221922

OPD: 2953

IPD: 922

Bed No 3

9/2/2022 8:30 AM

B.P.: 120/80

P/R: 72/min

Temp.: 98°F

Pain: 4/10

GC fair.
Pt enthusiastic as he could walk few steps yesterday.
Take Pt for Ayurveda visit today
Next name treatment

GC fair
5/2/2022 8:30 AM

09/02/2022
2 PM

BSP - 122/74 mmHg.

Temp - 98.2°F

PR - 72 bpm

pain - 4/10

GC fair.

- vital stable.

- No fresh complaints.

- All vital stable.

Urine / Stool (RT)

GC fair
09/02/2022 2 PM

9/2/22 6 PM

B.P.: 120/80 mmHg

P/R: 72/min

Temp.: 98°F

Pain: 4/10

GC better
- Relief in pain
- Mucous much better
- Confident in moving

GC
9/2/22 6 PM

9/2/2022 10 PM

110/70

98°F

76/min

4/10

GC better

No episode of numbness during day

Daily urine & stool properly

Take Pt for 4th Ayurveda visit tomorrow

10/2/2022

GC fair
5/2/2022 10 PM

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PROGRESS NOTE

UHID: QAM22/122

OPD: 2953

IPD: 922

Bed No 3

10/2/2022 8 AM
B.P.: 110/80
P/R: 76/min
Temp.: 98.4
Pain: 4/10

GC Better
Rt - 70°
SLR Lt - 60°

Take it for 4th physio work today
Rx + name treatment

QAM
10/2/2022 8 AM

10/2/22 3 PM
B.P.: 110/80 mmHg
P/R: 70/min
Temp.: 98.6
Pain: 4/10

GC better
feeling much better in pain
Nasal vati regimen completed
no back complaint

QAM
10/2/22
3 PM

10/2/2022 10 PM
120/80
72/min
98.4
3/10

GC fine
Today regime of Nishkavati completed.
could return with husband for home work
Can walk 15-20 steps now and no need of
attendant but one stick
Take it for Ayurveda work tomorrow

QAM



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PROGRESS NOTE

UHID: AA122/22

OPD: 2953

IPD: 922

Bed No 3

11/2/2022
B.P.: 120/80 9 AM
P/R: 68/mt
Temp.: 98.4
Pain: 3/10

GC fine
had sound sleep last night
SLR $\angle 90^\circ$ (R)
 $\angle 60^\circ$ (L)
Take H-fan Anuvasan vent today
last name Treatment
SOTIL

11/2/2022 9 AM

11/2/22
4 PM

B.P.: 120/80 mmHg
P/R: 70/mt
Temp.: 98.4
Pain: 3/10

GC - Mild better
Pt feels much better
movements better
Pain Lk.
had Anuvasan vent today
better

11/2/22
4 PM

11/2/2022
9 PM
130/80
76/mt
98.4
3/10

GC better
No further complaint
Vitals stable
Can walk with help 50 steps without any
or numbness.

11/2/2022
9 PM

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PROGRESS NOTE

UHID: AAM921992 OPD: 2953 IPD: 922 Bed No 3

12/2/2022
B.P.: 130/80 9 AM
P/R: 98 f
Temp.: 76/mt
Pain: 3/10

Cal Be thn
had hard to sleep last night
Take 1st for Anurana vanti today
Rnt same treatment

SPHIL
12/2/2022
9 AM

12/2/22
3 PM

B.P.: 120/80 mndy
P/R: 72/mt
Temp.: 98 f
Pain:

Feeling better -
All vitals stable
Pain 3/10
Anurana vanti uneffct
Continue same treatment

SPHIL
12/2/22
3 PM

12/2/2022
8 PM
120/80
98 f
72/mt
3/10

AC fine
No episode of pain or numbness
A on on pressure present.
Can walk upto 50-60 steps Intake 17/mt
Take 1st for Anurana vanti tomorrow

SPHIL
12/2/2022
8 PM



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PROGRESS NOTE

UHID: ARM 9/1922

OPD: 992

IPD: 992

Bed No 3

13/2/2022 9 AM
B.P.: 120/80

P/R: 76/min

Temp.: 98.4

Pain: 3/10

GC fine
No fresh complaint
Taken for Anurmanvant today
Continue treatment

Still
13/2/2022 9 AM

13/2/2022
5 PM

B.P.: 120/80 mmHg

P/R: 70/min

Temp.: 98.0

Pain: 3/10

GC better

After Anurman Vast, feeling much better
Pain ↓, Gait better
Diet better

Still
13/2/2022 5 PM

13/2/2022
10 AM

120/80
72/min
98.4
3/10

GC Better
No fresh complaint
Well tolerating Anurmanvant
Continue treatment for 3 days
No episode of numbness/tingling

Still
13/2/2022 10 AM



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PROGRESS NOTE

UHID: ARM221922

OPD: 2953

IPD: 922

Bed No 3

14/2/2022
B.P.: 9 AM
120/80
P/R: 76/min
Temp.: 98.4
Pain: 3/10

G.C. fine
Had sound sleep last night
SLR ^{Rt 90°} Lt 75°
Take Pt for Ayurveda treatment today
Rest name treatment

14/2/2022
9 AM

19/2/2022
4 PM
B.P.: 120/80 mmHg
P/R: 72/min
Temp.: 98.0 F
Pain: 3/10

S.C. better
Pt. quite happy & improved
Moments better
Ayurveda treatment useful
19/2/2022

14/2/2022
10 PM
120/80
98.4
72/min
3/10

G.C. fine
No fresh complaint
Take Pt for Ayurveda treatment tomorrow

14/2/2022
10 PM



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PROGRESS NOTE

UHID: DDM22/1922

OPD: 2953

IPD: 999

Bed No 3

15/12/2022 8 AM
B.P.: 130/80

P/R: 68/min

Temp.: 98.4

Pain: 3/10

GC fine
No fresh complaint

SLR - Rt 90°
Lt 75°

Take IT for Anurogrenti today
Plan discharge in afternoon

SKH
15/12/2022 8 AM

B.P.:

P/R:

Temp.:

Pain:

15/12/2022 2 PM

130/80

72/min

98.4

2/10

GC fine

Response of Karyogrenti completed today
Adv. Discharge & following Treatment to
continue at home

- Second Shrenit Hastaki 2 tabs at night
Rukewambar
- Cap Anurogrenti 1 cap RT & milk
(after meals)
- Tab. Thegodanary Guggul 2 tabs SOS
Rukewambar

x10 days

SKH

15/12/2022 2 PM

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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date: 31/1/2021
 DOA (भर्ती की तारीख): 31/1/2021 OPD: 2953 IPD: 922 UHID: APM 221922
 W/o d/o s/o (पिता/पति): Vidya Devi Shastri Age (उम्र): 78 Sex (लिंग): F
 Consultant Name (चिकित्सक नाम): Dr. Sushil Arora
 Provisional Diagnosis (रोग निश्चय): कोलेस्ट्रॉल
 Confirm Diagnosis (रोग विनिश्चय): कोलेस्ट्रॉल

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning				
Breakfast				
Lunch				
Afternoon				
Dinner	रोटी 2 कलेबी घीया की सब्जी दाल			रोली/जी
Night	दूध गिलाश			रोली/जी

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DAILY DIET ASSESSMENT

Name (नाम): Santni Devi Date 1/2/2022

DOA (भर्ती की तारीख): 31/1/2022 OPD: 25/3 IPD: 922 UHID: AAM221522

W/o d/o s/o (पिता/पति): Vishnu Vast Shastri Age (उम्र): 78 yrs Sex (लिंग): F

Consultant Name (चिकित्सक नाम): Dr. Sanjay Arora

Provisional Diagnosis (रोग निश्चय): अपेक्षा

Confirm Diagnosis (रोग विनिश्चय): अपेक्षा

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	7:30 हार्दिक यात्रा-कण्ठ	-	<i>[Signature]</i>	सलीमी
Breakfast	मुल्क सुमन्तरी	-	<i>[Signature]</i>	सलीमी
Lunch	रोटी 2 कप घीया का सल्ला दाल	-	<i>[Signature]</i>	सलीमी
Afternoon	हार्दिक यात्रा-कण्ठ	-	<i>[Signature]</i>	सलीमी
Dinner	रोटी 2 कप घीया का सल्ला दाल	-		
Night	रोटी 2 कप घीया का सल्ला दाल	-	<i>[Signature]</i>	सलीमी

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DAILY DIET ASSESSMENT

Name (नाम): Santni Devi Date: 21/2/2022

DOA (भर्ती की तारीख): 21/1/2022 OPD: 2953 IPD: 922 UHID: AM221422

W/o d/o s/o (पिता/पति): V. Mahant Santni Age (उम्र): 78 Sex (लिंग): F

Consultant Name (चिकित्सक नाम): Dr. Shalini Arora

Provisional Diagnosis (रोग निश्चय): Osteoarthritis

Confirm Diagnosis (रोग विनिश्चय): Osteoarthritis

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हैबल चाय - 1 कप	-	Shalini	शालिनी
Breakfast	दुध	-	Shalini	शालिनी
Lunch	रोटी 2 कटोरी घीया जो सल्ला	-	Shalini	शालिनी
Afternoon	हैबल चाय - 1 कप			शालिनी
Dinner	रोटी 2 कटोरी वैंगन जो सल्ला दाल			शालिनी
Night	दूध - गिलास			शालिनी



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DAILY DIET ASSESSMENT

Name (नाम): Sanjiv Choudhary Date 3/2/2022
 DOA (भर्ती की तारीख): 31/01/2022 OPD: 2953 IPD: 922 UHID: AAM 221522
 W/o d/o s/o (पिता/पति): Vidya Kant Shastri Age (उम्र): 78 Sex (लिंग): M
 Consultant Name (चिकित्सक नाम): Dr. Sushil Anand
 Provisional Diagnosis (रोग निश्चय): शरीर
 Confirm Diagnosis (रोग विनिश्चय): शरीर

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हल्का चाय	-		सलीनी
Breakfast	खिचड़ी - 2 बटोरी	-		सलीनी
Lunch	रोटी 2 बटोरी छोटा को सब्जी	-		सलीनी
Afternoon	हल्का चाय			सलीनी
Dinner	रोटी 2 बटोरी छोटा को सब्जी दाल			सलीनी
Night	छोटा दूध मिलाव			सलीनी

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DAILY DIET ASSESSMENT

Name (नाम): Mrs. Savitri Devi Date 4/2/22
 DOA (भर्ती की तारीख): 31/01/22 OPD: 2953 IPD: 912 UHID: RAM221922
 W/o d/o s/o (पिता/पति): Sh. Vidya Vart Shastri Age (उम्र): 78 Sex (लिंग): Female
 Consultant Name (चिकित्सक नाम): Dr. Sushil Arya
 Provisional Diagnosis (रोग निश्चय): कर्णिक
 Confirm Diagnosis (रोग विनिश्चय): कर्णिक

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	इसल चाय - 1 काप			सलानी
Breakfast	खिचडी करी			सलानी
Lunch	रोटी 2 करी हरी की दाल सलानी			सलानी
Afternoon	इसल चाय			सलानी
Dinner	रोटी 2 करी हरी की सब्जी दाल			सलानी
Night	दूध मिलाव			सलानी



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DAILY DIET ASSESSMENT

Name (नाम): Mrs. Savitri Devi Date: 5/6/22
 DOA (भर्ती की तारीख): 31/01/2022 OPD: 9953 IPD: 922 UHID: RAM221922
 W/o d/o s/o (पिता/पति): Dr. Vidya Vast Shastri Age (उम्र): 78 years Sex (लिंग): Female
 Consultant Name (चिकित्सक नाम): Dr. Sushil Arya
 Provisional Diagnosis (रोग निश्चय): कठिनाह
 Confirm Diagnosis (रोग विनिश्चय): कठिनाह

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	दही चाय 1 कप			सलीगी
Breakfast	पीड़ा कटोरी			सलीगी
Lunch	रोटी 2 कटोरी दही की सब्जी दाल			सलीगी
Afternoon	दही चाय 1 कप			सलीगी
Dinner	रोटी 2 कटोरी गीभी की सब्जी			सलीगी
Night	दूध मिलाव -			सलीगी

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DAILY DIET ASSESSMENT

Name (नाम): Mrs. Savitra Devi Date: 6/2/22
 DOA (भर्ती की तारीख): 3/1/22 OPD: 9953 IPD: 922 UHID: NAM221922
 W/o d/o s/o (पिता/पति): Sh. Vidya Vart Shastri Age (उम्र): 78 yrs Sex (लिंग): Female
 Consultant Name (चिकित्सक नाम): Dr. Subal Arya
 Provisional Diagnosis (रोग निश्चय): कफिग्रह
 Confirm Diagnosis (रोग विनिश्चय): कफिग्रह

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	कुल्ह छाया - कादा			शालीनी
Breakfast	पौष्टिक - कालीशेरी			शालीनी
Lunch	पौष्टिक २ कालीशेरी शेरी की शल्की दाल			शालीनी
Afternoon	कुल्ह छाया - कादा			शालीनी
Dinner	पौष्टिक २ कालीशेरी पौष्टिक की शल्की दाल			शालीनी
Night	दूध गोशाला			शालीनी



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DAILY DIET ASSESSMENT

Name (नाम): Mrs. Savitri Devi Date: 7/11/22

DOA (अर्ता की तारीख): 21/01/22 OPD: 9953 IPD: 992 UHID: 221022

W/o d/o s/o (पिता/पति): Sh. Vidya Kant Sharma Age (उम्र): 78 years Sex (लिंग): Female

Consultant Name (चिकित्सक नाम): Dr. Sushil Arya

Provisional Diagnosis (रोग निश्चय): एड क्लिफ्ट

Confirm Diagnosis (रोग विनिश्चय): एड क्लिफ्ट

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	खेल चाय - 1 कप			खलीजी
Breakfast	खयड़ी कटोरी			खलीजी
Lunch	रोटी 2 कटोरी घीया कौ सब्जी दाल			खलीजी
Afternoon	खेल चाय - 1 कप			खलीजी
Dinner	रोटी 2 कटोरी मूंग दाल सब्जी			खलीजी
Night	घृत मिलाव			खलीजी

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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date: 8/8/22
 DOA (भर्ती की तारीख): 31/1/22 OPD: 2953 IPD: 922 UHID: 1101221922
 W/o d/o s/o (पिता/पति): S. Vidya Vast Shastri Age (उम्र): 78 yrs Sex (लिंग): female
 Consultant Name (चिकित्सक नाम): Dr. Sushil Arya
 Provisional Diagnosis (रोग निश्चय): कृमिग्रह
 Confirm Diagnosis (रोग विनिश्चय): कृमिग्रह

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	दही चाय - 1 कप			सलीम
Breakfast	दही चाय करी			सलीम
Lunch	दही 2 करी मीन को सलीम दाल			सलीम
Afternoon	दही 2 करी - 1 कप			सलीम
Dinner	दही 2 करी बिगान को सलीम दाल			सलीम
Night	दूध मिला			सलीम



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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date 9-2-2022

DOA (भर्ती की तारीख): 31/1/22 OPD: 29/1/22 IPD: 29/1 UHID: RAM291922

W/o d/o s/o (पिता/पति): Sh. Vidya Shastri Age (उम्र): 78 years Sex (लिंग): Female

Consultant Name (चिकित्सक नाम): Dr. Sushil Arya

Provisional Diagnosis (रोग निश्चय): एनर्जिड

Confirm Diagnosis (रोग विनिश्चय): एनर्जिड

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हफेल चाय - 1 कप			सलीनी
Breakfast	दालिया 1 कटोरी			सलीनी
Lunch	रोटी 2 कटोरी दाल 1 कटोरी			सलीनी
Afternoon	हफेल चाय - 1 कप			सलीनी
Dinner	रोटी 2 कटोरी मुंजे दाल 2 कटोरी			सलीनी
Night	दुध गिलास			सलीनी

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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date 10-2-2022

DOA (भर्ती की तारीख): 2/1/22 OPD: 2953 IPD: 922 UHID: RAM22/922

W/o d/o s/o (पिता/पति): Sh. Vikas Verma Age (उम्र): 78 yrs Sex (लिंग): Female

Consultant Name (चिकित्सक नाम): Dr. Sushil Arya

Provisional Diagnosis (रोग निश्चय): एलिसा

Confirm Diagnosis (रोग विनिश्चय): एलिसा

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हलदी चाय - 1 कप			रसोईनी
Breakfast	खिलचट्टा 2 कटोरी			रसोईनी
Lunch	रोटी 2 कटोरी छोटा कौरखला दाल			रसोईनी
Afternoon	हलदी चाय - 1 कप			रसोईनी
Dinner	रोटी 2 कटोरी छोटा कौरखला दाल			रसोईनी
Night	दूध दवा मिलान			रसोईनी



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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date 11-12-2022
 DOA (भर्ती की तारीख): 31/1/23 OPD: 2953 IPD: 922 UHID: AM 17221922
 W/o d/o s/o (पिता/पति): Sh. Vidya Vrat Sharma Age (उम्र): 75 Sex (लिंग): Female
 Consultant Name (चिकित्सक नाम): Dr. Sushil Arora
 Provisional Diagnosis (रोग निश्चय): जाड़
 Confirm Diagnosis (रोग विनिश्चय): जाड़

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हलवा चाय - कम			सलीनी
Breakfast	रिश्ताड़ी 2 कटोरी			सलीनी
Lunch	रोटी 2 कटोरी घाघा की सब्जी दाल			सलीनी
Afternoon	हलवा चाय - कम			सलीनी
Dinner	रोटी 2 कटोरी घाघा की सब्जी दाल			सलीनी
Night	दुध गिलास			सलीनी

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DAILY DIET ASSESSMENT

Name (नाम): S. Viji Devi Date 12-2-2022

DOA (भर्ती की तारीख): 31/1/22 OPD: 992 IPD: 992 UHID: ARM221922

W/o d/o s/o (पिता/पति): Sh. Vidya Vardh Age (उम्र): 78 yrs Sex (लिंग): female

Consultant Name (चिकित्सक नाम): Dr. Sushil Arya

Provisional Diagnosis (रोग निश्चय): कीबुड

Confirm Diagnosis (रोग विनिश्चय): कीबुड

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हवेल चाय - 1 कप			सलीजी
Breakfast	सुप			सलीजी
Lunch	रोटी 2 कटोरी वेजिबल कोरकरी दाल			सलीजी
Afternoon	हवेल चाय - 1 कप			सलीजी
Dinner	रोटी 2 कटोरी गीबो कोरकरी दाल			सलीजी
Night	दूध गिलाश			सलीजी



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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date 13-2-2022

DOA (भर्ती की तारीख): 31/2/22 OPD: 922 IPD: 922 UHID: ABM 221922

W/o d/o s/o (पिता/पति): Sh. Vidya Vast Age (उम्र): 78 yrs Sex (लिंग): Female

Consultant Name (चिकित्सक नाम): Dr. Sushil Arora

Provisional Diagnosis (रोग निश्चय): एनिसाइड

Confirm Diagnosis (रोग विनिश्चय): एनिसाइड

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	हवेल चाय 1 कप			सलीनी
Breakfast	पुय - कलीरी			सलीनी
Lunch	रोटी 2 - कलीरी वेगन भी सब्जी 3 ल			सलीनी
Afternoon	हवेल चाय - 1 कप			सलीनी
Dinner	रोटी 1 - कलीरी वेगन भी सब्जी 3 ल			सलीनी
Night	पुय 1 गिलास			सलीनी

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DAILY DIET ASSESSMENT

Name (नाम): Savitri Devi Date 11-2-2022
 DOA (भर्ती की तारीख): 31/1/22 OPD: 922 UHID: 121M221922
 W/o d/o s/o (पिता/पति): Sh. Virendra Vach Age (उम्र): 78 yrs Sex (लिंग): Female
 Consultant Name (चिकित्सक नाम): Dr. Sushil Arora
 Provisional Diagnosis (रोग निश्चय): एडिमेड
 Confirm Diagnosis (रोग विनिश्चय): एडिमेड

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	दुध का चूल्हा - 1 कप			रसोई
Breakfast	मीठा - कटोरी			रसोई
Lunch	रोटी 2 कटोरी स नींबू का रस दाल			रसोई
Afternoon	दुध का चूल्हा - 1 कप			रसोई
Dinner	रोटी 2 कटोरी दाल मीठा - कटोरी			रसोई
Night	दुध का चूल्हा			रसोई

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DAILY DIET ASSESSMENT

Name (नाम): Mrs. Savitri Date 15-2-2022
DOA (भर्ती की तारीख): 31/1/22 OPD: 922 IPD: RAM 22/1/22
W/o d/o s/o (पिता/पति): Sh. Vidya Kant Age (उम्र): 78yrs Sex (लिंग): Female
Consultant Name (चिकित्सक नाम): Dr. Sushil Arora
Provisional Diagnosis (रोग निश्चय): कर्कर
Confirm Diagnosis (रोग विनिश्चय): कर्कर

	Adviced Diet	Upadrava diet changes	Signature of Dietitian or consultant	Kitchen
Early morning	स्वित चाय - 1 कप			सलामी
Breakfast	सूप - 1 कटोरी			सलामी
Lunch	रोटी 2 कटोरी गोभी की सब्जी			सलामी
Afternoon				
Dinner				
Night				

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VITAL CHART

Patient Name : Savitri Devi Gender : F DoA : 31/12/2022 UHID No. : 9.A.H.2.2/19.22

DATE	WEIGHT	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
- 31/12/2022 7:15 PM	86 kg	98.4°f	110/70	72	16	8/10	Swart
11 PM	-	98°f	120/80	76	18	8/10	Nutari
- 1/12/2022 6:00 AM	-	98°f	130/80	68	16	8/10	Nutari
10:00 AM	-	98°f	120/80	72	18	8/10	Nutari
2:00 PM	-	98°f	130/80	76	18	8/10	Nutari
6:00 PM	-	98°f	130/80	72	16	8/10	Swart
10:00 PM	-	98°f	130/80	72	16	8/10	Swart
- 2/12/2022	-						
6 AM	-	98.1°f	132/82	65	18	8/10	Nutari
10 AM	-	98°f	130/80	68	16	8/10	Nutari
1 PM	-	98.1°f	132/81	70	16	8/10	Nutari
4 PM	-	98.2°f	136/82	72/m	16	8/10	Swart
10 PM	-	98.4°f	130/90	76/m	16	8/10	Swart
- 3/12/2022 6 AM		98.2°f	120/80	70	16	8/10	Nutari
10 AM		98.0°f	126/88	66	18	8/10	Nutari
2 PM		98.2°f	122/80	66	16	8/10	Nutari
6 PM		98.6°f	120/80	68	16	8/10	Nutari
10 PM		98.4°f	128/90	72	15	8/10	Swart
4/12/2022 6 AM		98.6°f	130/90	78	15	8/10	Swart
10 AM		98.2°f	130/90	72	15	8/10	Nutari



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VITAL CHART

Patient Name : Savitri Devi Gender : F DoA : 31/01/2022 UHID No. : RAAM221922

DATE	WEIGHT	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
4/2/2022 2pm	86kg	98.4f	130/89	72	16	8/10	Nutan
6pm	86kg	98.2f	130/90	72	16	8/10	Nutan
10pm	86kg	98.0f	128/90	72	16	7/10	Best
5/2/2022							
6Am	86kg	98.1f	130/92	72	16	7/10	Nutan
10Am	86kg	98.4f	130/90	72	16	7/10	Nutan
2pm	86kg	98.3f	129/91	73	16	7/10	Nutan
6pm	86kg	98.1f	130/90	73	16	7/10	Nutan
10pm	86kg	98.6f	130/91	73	16	7/10	Best
6/2/22							
6Am	86kg	98.4f	130/90	72	16	7/10	Nutan
10Am	"	98.3f	130/92	73	16	7/10	Nutan
2pm	"	98.4f	130/90	72	16	7/10	Nutan
6pm	"	98.3f	130/90	73	16	7/10	Nutan
10pm	"	98.2f	130/92	72	16	7/10	
7/2/22							
6Am	"	98.1f	130/90	73	16	7/10	Best
10Am	"	98.2f	132/90	73	16	7/10	Nutan
2pm	"	98.3f	134/90	73	16	7/10	Nutan
6pm	"	98.4f	138/90	73	16	7/10	Nutan
10pm	"	98.3f	131/90	72	16	7/10	Best

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VITAL CHART

Patient Name : Savitri Devi Gender : female DoA : 31/08/2022 UHID No. : AM221922

DATE	WEIGHT	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
8/2/22	86 Kg	98.3f	138/90	72	16	7/10	nutan
6am							
12mb	86 Kg	98.2f	138/90	72	16	7/10	nutan
4pm	86 Kg	98.4f	130/90	72	16	7/10	nutan
6pm	86 Kg	98.3f	130/90	72	16	7/10	nutan
10pm	86 Kg	98.4f	132/90	72	16	7/10	
9/2/22	86 Kg	98.2f	132/90	72	16	7/10	
6am							
12mb	"	98.4f	130/90	76	16	7/10	nutan
4pm	"	98.2f	130/92	72	16	7/10	nutan
6pm	"	98.f	132/90	76	16	7/10	nutan
10pm	"	98.1f	130/90	70	16	7/10	nutan
10/2/22	86 Kg	98.1f	130/90	72	16	7/10	nutan
6am							
12mb	"	98.2f	130/90	72	16	7/10	nutan
4pm	"	98.1f	132/90	76	16	7/10	nutan
6pm	"	98.2f	130/90	72	16	7/10	nutan
10pm	"	98.1f	130/90	76	16	7/10	nutan
11/2/22	86 Kg	98.1f	130/90	76	16	7/10	nutan
6am							
12mb	"	98.2f	132/80	76	16	7/10	nutan
6pm	"	98.1f	130/80	76	16	7/10	nutan
10pm	"	98.2f	130/90	76	16	7/10	nutan

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VITAL CHART

Patient Name : Savitri Devi Gender : Female DoA : 31/1/22 UHID No. : ARM22/1922

DATE	WEIGHT	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
12/2/22	"	98.1 f	130/90	76	16		nutan
6Am	"	"	130/96	76	"		"
12MD	"	"	"	"	"		"
6Pm	"	"	"	"	"		"
10Pm	"	"	"	"	"		Sumit
13/2/22	"	98.2 f	132/92	78	16		nutan
6Am	"	"	130/90	76	"		"
12MD	"	"	"	"	"		"
6Pm	"	"	"	"	"		Sumit
10Pm	"	"	"	"	"		
14/2/22	"	98.4 f	130/86	76	16		nutan
6Am	"	"	"	"	"		"
12MD	"	"	"	"	"		"
6Pm	"	"	132/90	78	16		Sumit
10Pm	"	"					
15/2/22	"	98.1 f	130/80	78	16		nutan
6Am	"	"	"	"	"		nutan
12MD	"	"					

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DAILY MEDICATION

UHID: ARM 221922 IPD 922 OPD 2953
 Patient Name : Savitri Devi Date : 31/01/2022
 Allergies : _____
 Consultant : Dr. Suphil Arora DOA: 31/01/2022

PERSONAL MEDICATION RECORD

Name :	Pharmacy:	Physician:		
Name :	Pharmacy:	Physician:		
Name :	Pharmacy:	Physician:		
Name :	Pharmacy:	Physician:		
Name :	Pharmacy:	Physician:		
NAME OF DRUG	DOSE	DATE	TIME OF DRUG	
Gandharvhasadi Kashaya	15ml BD	1/2/22	2/2/22	3/2/22
		6pm	6am	6am
		6pm	6pm	6pm
Trayodasang Guggul	2tab BD	9am	9am	9am
		9pm	9pm	9pm
Cap Aswajith	1Cap BD	10am	10am	10am
		10pm	10pm	10pm
Gandharvhasadi Kashaya	15ml BD	6/2/22	7/2/22	8/2/22
		6am	6am	6am
		6pm	6pm	6pm
Trayodasang Guggul	2tab	9am	9am	9am
		9pm	9pm	9pm
Cap Aswajith	1Cap	10am	10am	10am
		10pm	10pm	10pm

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Phone No : 01262-257211,8053988881

DAILY MEDICATION

UHID: ARM221922 IPD 922 OPD 2953

Patient Name : Savitri Dev Date : 31/1/22

Allergies :

Consultant: Dr. Sushil Arya DOA: 31/01/2022

PERSONAL MEDICATION RECORD

NAME :		Pharmacy:	Physician:
Name :		Pharmacy:	Physician:
Name :		Pharmacy:	Physician:
Name :		Pharmacy:	Physician:
Name :		Pharmacy:	Physician:

NAME OF DRUG	DOSE	DATE	TIME OF DRUG		
Gandharvhashtadi Kashaya	6pm Nidra	12/2/22	6pm Nidra	13/2/22	6pm Nidra
	6pm Nidra	12/2/22	6pm Nidra	13/2/22	6pm Nidra
Treyopadesang guggul	9pm Nidra	12/2/22	9pm Nidra	13/2/22	9pm Nidra
	9pm Sushut	12/2/22	9pm Sushut	13/2/22	9pm Sushut
Cap Aswajith	10pm Nidra	12/2/22	10pm Nidra	13/2/22	10pm Nidra
	10pm Sushut	12/2/22	10pm Sushut	13/2/22	10pm Sushut
Cap					

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DISCHARGE SUMMARY

F.H.NO.

UHID. AAH.8.1.1922 IPD. 922 Bed No. 3 Date 31/01/2023
 Patient's Name (रोगी का नाम) Savitri Devi Age (उम्र) 78 yrs Sex (लिंग) F
 W/o, S/o, D/o (पिता/पति) Sh. Vidya Vant Shastri
 Address (पता) 34/34 Janta Colony, Rohtak
 Date of Admission (भर्ती की तारीख) 31/01/2022 Date of Discharge (छुट्टी की तारीख) 13/2/2022
 Time of Admission (भर्ती का समय) 7:15 pm Time of Discharge (छुट्टी का समय) 2 pm
 Chief Consultant (मुख्य चिकित्सक) Dr. Sushil Arya

CHIEF COMPLAINT AND HISTORY (मुख्य तक्रीब एवं उसका वृत्तान्त)

It presented many years b/o pain lower back radiating to L leg & in the Hand numbness B/L Hips.

Past Medical History (पुराना चिकित्सा वृत्तान्त) pt is/c/cb hypertension for which she is taking Tab Losartan H and Amlokind AT.

Family History (कुटुंब वृत्तान्त) Nil

Pain Scale - 8/10 → 2/10 (15/2/2022)

Vita Parameters

B.P. 130/80

P/R. 72/min

SUGAR 128mg (F.P.)

WEIGHT 86kg

HEIGHT 5'2"

Astha Sthana Pariksha

1. NADI वाती

2. MALA जलिन/शुद्ध

3. MUTRA केतुप्रकृति

4. JIWAHA हान

5. SHABDA शून्य

6. SPARSHA शीत

7. AKRUTI उच्च

8. DRIKA शून्य

Dash vidha Pariksha

1) Prakriti वातपित्त

2) Vikriti वात

3) Sara शून्य

4) Samhana लघु

5) Pramana शून्य

6) Satmya शून्य

7) Satva शून्य

8) Agni हान

9) Vaya शून्य

10) Vyayam Shakti हीन

MENSTRUAL HISTORY

Menopause 2014 to

INVESTIGATION EXAMINATION (जॉच)

o/s SLR Rt-90° Lt-15° → SLR Rt-90° Lt-75°

DIAGNOSIS AND TREATMENT SUMMARY (रोग चिकित्सा वृत्तांत)

A diagnosis of Gerdhwas was made according to signs and symptoms. It was managed with Kati Varti 1 Kati Varti 2, Tharlen 200ml daily for 45 minutes along with a regime of Kalyan Varti 11 (Anuram) + 4 (Numb) in the sequence of 3A | IN | 1A | IN | 1A | IN | 1A | IN | 5A was given along with the use of Tazodolene supple 2 tabs BD (After meals), Cap Anwayth 1 cap BD (After meals), Caudheruhtadi 1 cap 15ml BD before meals given. Pt responded to the treatment and was discharged in comfortable condition after following treatment.

DIET ADVISE ON DISCHARGE (आहार निर्देश)

आम्र, अंगूर, जामुन, फिजी, दही, गरमा मही खाना है।
मुपाय. ताड़ा, गरी मोहन करना है।

Follow up (दोबारा कब आना है) 10 दिन बाद (25/2/2022)

CONDITION AT THE TIME OF DISCHARGE

Home ☒ Dead ☐ Referred ☐ Lama ☐

1. WHEN TO OBTAIN EMERGENCY CALL (आपातकालीन समस्या में सम्पर्क)

PH No. 01262-257211, 8053988881

- यदि सुन्नपन बढ़े।
- कैल्सुला बढ़े हो जाए।
- दर्द बढ़े जाए।

2. Medicine After Diseases (औषधि छुट्टी के बाद)

① एकोडोन 2 गोली खाना है
(मुखांतरण के लिए)

② Cap Anwayth 1 cap BD (After meals)

③ ताम्रकान्ठ 2 गोली मुखांतरण के लिए
(दर्द होने पर)

Dr. Name Dr. Sushil Arya

Sign. [Signature]

Date. 15/2/2022