

SANDHYA MEDICITY INDIA PVT. LTD.

Group of Ayurvedic Panchkarma & Kaharsutra Center's

Pranacharya Ayurved Shiromani

DR. YUVRAJ KUMAR TYAGI
B.A.M.S., P.G.S., F.I.C.A. (U.S.A.)

Senior Consultant of Ayurveda
Executive Member - C.C.I.M (2007-2012)
Ministry of Health & F.W. (Govt. of India)
Life Time Achievement Award

DR. VIKAS GUPTA

B.A.M.S., M.D., AND MBA (MCA) D.I.P., C.K.S.V.
Senior Anorectal Surgeon & Mrrma Specialist
Jewel of Ayurveda L.M.A. (Ayur) Award
M: 7428177717

DR. RAJNI GUPTA

(B.A.M.S., C.G.O., D.I.P., C.K.S.V.)
Senior Panchkarma Specialist
Dr. A.P.J. Abdul Kalam Award
M: 9212735382

TREATMENT:

Anorectal Care

- Piles
- Fissure
- Fistula
- Kaharsutra Surgeon

Gynae

- Infertility
- P.C.O.D
- Fibroid Uterus
- Low Back Ace
- Pre & Post Delivery

ORTHOCARE

- Joint Pain
- Cervical
- Low Back Area
- Neuroterpy

PANCH KARMA

- Purification
- Rejuvenation
- Shirodhara
- Nasya
- Varnan
- Virechana
- Basti

Gestocare

- Acidity
- Constipation
- I.B.S

Special Treatment

- Navel Seating
- Neuro Therapy
- Skin
- Hair fall

FACILITY:

- Steamer, Nebulizer
- Panchkarma Room
- Operation Theater
- Beds for Admission
- Ambulance
- Ayurvedic Treatment
- Emergency Care

Name: Arushi

AGE 11y SEX F

W/o, D/o, S/o:

Chief Complaint Q/O @ Knee joint

History - HTN.

Family - NO

Menstrual - Normal

Diagnosis

गठित घात

घात -

रक्त

Face (Akruhi)

Eye (Dirka)

Jiwha Calve Adv

Urine YBS

Kastho (Stool) YBS Q/O @ Knee joint

Nadi (w.r.m.)

(Dash Vidha)

1. Prakruti - Normal

2. Vikruti HTN

3. Sara M

4. Samhana M

5. Pramana M

6. Satmyab M

7. Satva M

8. Ashar Shakti M

9. Vaya M

10. Vyayani Shakti M

B.P.: 130/90

Wt.: 61.85kg

Height:

WBS:

Next Consultation Dates

Delhi-110088

Not Valid For Medical Legal Case

Sandhyashi Neuro Panchkarma Centre : BF-45, Near Canara Bank, (Gate No.3), Shelimar Bagh, Delhi - 110038

Sandhyashi Hospital : B-48-49, Sector-5, Rawana Industrial Area, Delhi - 110039

Sandhyashi Health Care Centre : 229A/2, Ambedkar Colony, Halderpur, Delhi - 110058

Sandhya Hot Spring Health Care : Tattapani (H.P.)

Jani Devi Jhawan Panchkarma, Naturopathy & Yoga Hospital
Village Manakher, Nathania Road, Jaipur, Rajasthan

Prakurti Chart Form

UHID 2019 Room No. 02 Date 16-3-21

Individually add mental, behavioral, emotional and physical profile subtotals to attain the final total. The dash with the highest total is your mind body type.

	VATA	PITTA	KAPHA
MENTAL PROFILE			
Mental activity	☒ Quick mind restless	☐ Sharp intellect aggressive	☐ Calm steady stable
Memory	☐ Short-term best	☒ Good general memory	☐ Long-term best
Thoughts	☐ Constantly changing	☒ Fairly steady	☐ Steady stable fixed
Concentration	☐ Short-term focus best	☒ Better than average mental concentration	☐ Good ability for long term focus
Ability to learn	☒ Quick grasp of learning	☐ Medium to moderate grasp	☐ Slow to learn
Dreams	☐ Fearful flying running jumping	☒ Angry, fiery, violent adventurous	☐ Includes water clouds relationship, romance
Sleep	☒ Interrupted light	☐ Sound, medium	☐ Sound, heavy long
Speech	☐ Fast sometimes missing words	☒ Fast sharp clear cut	☐ Sound, clear, sweet
Voice	☐ High pitch	☒ Medium pitch	☐ Low pitch
Mental profile			
Eating speed	☐ Quick	☒ Medium	☐ Slow
Hunger level	☐ Irregular	☒ Sharp need food when hungry	☐ Can easily miss meals
Food and drink	☒ Prefers warm	☐ Prefers cold	☐ Prefers dry and warm
Achieving goal	☐ Easily distracted	☒ Focused of driven	☐ Slow and steady
Giving/donation	☐ Gives small amounts	☐ Gives nothing or large amount infrequently	☐ Gives regularly and generously
Relationships	☐ Many casual	☒ Intense	☐ Long and deep
Sex drive	☒ Variable or low	☐ Moderate	☐ Strong
Works best	☐ White supervised	☒ Alone	☐ In groups
Weather preference	☐ Aversion to cold	☐ Aversion to heat	☐ Aversion to damp cool
Reaction to stress	☒ Excites quickly	☐ Medium	☐ Slow to get excited
Finances	☐ Doesn't save spends quickly	☒ (Save but big heat)	☐ Save regularly accumulates wealth
Friendship	☐ Tends towards short term friendship makes friends	☒ Tends to be a longer friends related to occupation	☐ Tends to form long lasting
Vata type	Dry to rough skin, insomnia, constipation, fatigue, headaches, intolerance of cold underweight or losing weight anxiety, worry, and restlessness, attention deficit with hyperactivity disorder.		
Pitta type	Rashes inflammatory, skin condition, stomach ache, diarrhea, controlling and manipulative behavior, visual problems, excessive body heat, hostility irritability and excessive competitive drive.		
Kapha type	Oily skin shows digestion, digestion, sinus congestion, nasal allergies, asthma, and obesity. Skin growths, possessiveness, neediness, apathy, depression, difficulty, paying attention.		

INSTRUCTIONS FOR PANCHKARMA TREATMENTS

1. Warm and hot water for drinking.
2. Hot water for bathing.
3. Avoid day sleep.
4. Avoid awakening in night.
5. Pass natural urges (urine & stools) before Panchkarma treatments.
6. Don't suppress natural urges.
7. Don't do excessive workout exercise
8. Don't expose to cold air of hot sun.
9. Avoid stress and strain during treatment.
10. Don't travel on vehicles immediately after treatment.
11. Immediately after traveling or exercise should be not taking and panchkarma treatment.
12. Avoid coitus during treatment period.
13. Take proper rest during and after treatment.
14. During treatment patient should be kept on light and hot diet.

SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

UHID 2019 OPD 1124 Room No. 02 Date 16-3-21

ADMISSION & DISCHARGED RECORD (Day Care)

Name Of Patient (रोगी का नाम) Gudi
Name Of Father/Husband (पिता/पति का नाम) Ram mehar
Date Of Treatment (उपचार की तिथि) 16/3/21 Time of Treatment (उपचार का समय) 11:30am Age (उम्र) 44 Sex (लिंग) F
Assistant Doctor (सहायक उपचारक) -
Doctor Incharge (संचालक उपचारक) Dr. Rajni Gupta
Treatment end Date (उपचार समाप्ति तिथि) 23-3-21 Time End Of Treatment (उपचार का समय समाप्त) 4:30pm
Operation (If Any) -
Procedure (प्रक्रिया) Jambusti & Lepam
Diagnosis (रोग निश्चय) Knee joint pain more on movement (Sandhivat)
Address & Phone No. (पता एवं फोन नं.) Bf-16 Shalimar bag 9999004371

Result	Cured/Relived	Investigation Only	Expired

Payment :- CASH ☒ TPA Name/No. _____ GOVT. Insurance. _____

UNDER TAKING FOR TREATMENT INVESTIGATION & FINANCE ETC.

I am getting admitted on day care basis at Sandhyashi Neuro Panchkarma (A Unit of Sandhya Pharma & Research Unit) at my own risk and i am ready for the ayurveda treatment . I am giving my consent after understanding benefit and out come of treatment. the information given by me are absolutely correct .

मैं अपनी मर्जी से संध्याशी न्यूरो पंचकर्मा (अ यूनिट ऑफ संध्या फार्मा रिसर्च यूनिट) क्लिनिक मे दिवसीय उपचार के लिए भर्ती हो रहा/रही हूँ। मैं तैयार हूँ मेरे साथ होने वाली आयुर्वेदिक चिकित्सा पद्धति के लिए, और मैं सब कुछ सोच कर एवं चिकित्सा से होने वाले फायदा और परिणाम को समझ कर करवा रहा/रही हूँ एवं मैंने जो विवरण दिया है वह पूर्णतः सही है।

Dated (दिनांक) 16-3-21

Attendent (प्रत्यक्षी) Ram mehar

Signature (हस्ताक्षर) Gudi

Relationship with Patient (रोगी के साथ सम्बंध) Husband

Terms & Conditions

1. I have opted on my own for admission into this clinic and will pay the bills as clinic rules and regulations.
2. The management reserves the right to admit or discharge the case amendment /modify rules, regulation and the charges with notice or assigning any reason there of .
3. The facilities provided in the room are maintained in working order but any failure in their functioning does not affect the charges and the management accepts no liability for the same. The Clinic accepts no responsibility for any loss or inconvenience caused by strike, lock out, water, telephone, electricity and air-conditioning failure etc.
4. Patients are advise not be bring any valuable or any jewellery or any other luggage with them. The Clinic will not be responsible for any loss or theft .
5. Suggestions/complaints may be given in writing at the reception.
6. All bills to be paid in cash, govt. insurance/TPA / private insurance/ cheque's are not accepted.

नियम व शर्तें

1. मैंने इस क्लिनिक में प्रवेश के लिए अपना खुद का चयन किया है और क्लिनिक के नियमों और विनियमों के अनुसार बिल का भुगतान करूँगा /करूँगी ।
2. प्रबंधन नियमों को संशोधित करने का अधिकार सुरक्षित रखता है एवं विनियम और बिना किसी पूर्व सूचना के शुल्क या किसी भी ।
3. कमरे में उपलब्ध सुविधाएँ कामकाजी क्रम में रखी जाती हैं लेकिन उनके कामकाज में कोई विफलता चार्ज को प्रभावित नहीं करती है और प्रबंधन इसके लिए कोई देयता स्वीकार नहीं करता है । क्लिनिक स्ट्राइक, लॉक आउट, वॉटर , टेलीफोन , बिजली और एयर कंडीशनिंग विफलता इत्यादि के कारण होने वाली किसी भी हानि या असुविधा के लिए कोई जिम्मेदारी स्वीकार नहीं करता है
4. मरीजों को सलाह दी जाती है की वे उनके साथ कोई मूल्यवान या कोई आभूषण या कोई अन्य समान ना लाएं । अतः क्लिनिक किसी भी नुकसान या बकाया के लिए जिम्मेदार नहीं होगा ।
5. रिसेप्शन पर लिखित में सुझाव/शिकायते दी जा सकती है ।
6. सभी बिलों का भुगतान नकद में किया जाता है टीपीए /निजी बीमा / सरकारी बीमा आदि । चैक नहीं लिया जाता है ।

Dated (दिनांक).....16-3-21.....
Signature (हस्ताक्षर).....गुर्जी.....
Relationship of Patient (रोगी से सम्बंध).....Ramesh.....
Witness(प्रत्यक्षी).....Harbans.....

SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

Panchkarma Consent

UHID. 2019 OPD. 1124 Room No. 02 Date. 16/3/21

Patient's Name (रोगी का नाम) Guoli
Father's/ Husband's Name (पिता/पति का नाम) Rammehar
Date (दिनांक) 16/3/21 Age (उम्र) 44y Sex (लिंग) F
Address & Phone no. (पता एवं फोन नं.) B.F-16 Shalimar bag 9999004371

हमें हमारी चैरेपी के बारे में पूर्णतः बता दिया गया है एवं चैरेपी के आने वाले उपद्रवों के बारे में भी बता दिया गया है।

जैसे :-

घुटनों में सूजन	☒	झनझनाहट	☒
पैरों में दर्द	☒	अकड़न	☒
पेट में भारीपन	☒	सुन्नपन	☐
कमर में दर्द	☒	उल्टी	☐
दर्द में वृद्धि	☐	दस्त	☐
बुखार आना	☒	बी.पी कम होना	☒

आदि के बारे में डाक्टर द्वारा अवगत करा दिया गया है। मैं स्वतः अपनी इच्छानुसार अपनी होनी वाली चैरेपी के बारे में पूर्णतः ज्ञात होने के पश्चात इन्हें कराने के लिए तैयार हूँ। इसकी पूर्णतः जिम्मेदारी मेरी स्वयं की होगी।

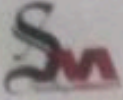
> चैरेपिस्ट का नाम Vishali चैरेपिस्ट हस्ताक्षर Vishali
> डाक्टर का नाम Dr. Rajni Gupta रोगी के हस्ताक्षर गुली
> प्रत्याक्षी Rammehar दिनांक 16-3-21

We are informed about the therapy & also about the complication in which e.g.

Swelling in Joints	☐	Tingling sensation	☐
Pain in Legs	☐	Tenderness	☐
Tenderness in abdomen	☐	Numbness	☐
Backache	☐	Vomiting	☐
Increase pain	☐	Loose motion	☐
Fever	☐	Decrease B.P	☐



- > After Explaining about the complication & the benefits I will be responsible for everything and give full permission to the doctors & the therapists to perform.
- > Therapist's Name: _____ Therapist's Signature _____
- > Doctor's Name: _____ Patient's Signature _____
- > Witness: _____ Date _____



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UHID 2019 OPD 1124 Room No 02 Date 16-3-21

PROCEDURE

Patient Gudi W/o, S/o, D/o Rammehar
R/O _____
Date of Admission 16-3-21 Age 44 yrs Sex F
Has been clearly explained about the Procedure Tonubasti + Lepam
By Dr. Dr. Vikas Gupta

It have been clearly explained about the complications and other impacts of procedure by the doctor clearly in my own language. I have been explained about the expenses for the procedure clearly. I have been explained about the procedure and in case of any emergency or further referral to any higher centre, the required expenses in that case will be paid by me. I am giving my consent for the procedure mention about.

मैं _____ पिता/पति का नाम _____ पता _____
(दिनांक) _____ उम्र _____ लिंग _____

डॉ. _____ ने मुझे मुझ पर होने वाली प्रक्रिया (थैरेपी) के बारे में पूर्णतः बता दिया है। जिसमें आने वाले उपद्रवों के बारे में भी मुझे मेरी भाषा में बता दिया गया है। यदि किसी भी थैरेपी के दौरान आई आपातकालीन स्थिति में मुझे किसी दूसरे बड़े अस्पताल एवं क्लीनिक में जाना पड़ता है तो इसका पूर्ण खर्चा मुझे स्वयं वाहन करना होगा। मैं क्लीनिक के सारे नियम व कानून पढ़ चुका/चुकी हूँ एवं मुझे बता दिया गया है और मैं अपनी स्वीकृति दे रहा/रही हूँ।

Patient's Name (रोगी का नाम) Gudi

Signature (हस्ताक्षर) Gudi

Date (दिनांक) 16-3-21

Place (स्थान) Shalimar Bagh

Witness (प्रत्यक्षी) Rammehar (Husband)

Doctor's Name (चिकित्सक नाम) Dr. Rajni Gupta

Signature (हस्ताक्षर) Dr. Rajni Gupta
Sandhya Pharma & Research Unit
BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088

Date (दिनांक) 16-3-21

SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

UHID: 2019 OPD: 1124 Room No: 02 Date: 16-3-21

PROCEDURE

Patient's Name (रोगी का नाम) Gudi
Father's/Husband's Name (पिता/पति का नाम) Rammohan
Date (दिनांक) 16-3-21 Age (उम्र) 44y Sex (लिंग) F
Procedure Perform (प्रक्रिया) Jambusti + Lepam
Provisional Diagnosis (रोग निश्चय) Knee joint pain en mouvement
Final Diagnosis (रोग विनिश्चय) Sandhivat
Doctor Name (चिकित्सक नाम) Dr. Rajni Gupta
Therapist Name (सहायक नाम) Nishali

Details of Therapy :

Jambu basti + Joint Camoil - 50ml } Per day.
+
Dhanvantram oil - 50ml }
Lepam - Dashang Lepam + Hadjool 5gm } mix with
10gm } water and
apply. 1 Per day.

Doctor's Name (चिकित्सक नाम) Dr. Rajni Gupta
Date (दिनांक) 16-3-21
Signature (हस्ताक्षर)

Sandhyashi Neuro Panchakarma
A Unit of Sandhya Pharma & Research Unit
BF-45 Shalimar Bagh
Delhi-110088



SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

UHID 2019 OPD 1124 Room No. 02 Date 16-3-21

F.H.NO. DISCHARGE FILE

Patient's Name (रोगी का नाम) Guleri Age (उम्र) 44y Sex (लिंग) F

W/o, S/o, D/o (पिता/पति) Rammehar

Address (पता) BF-16 Shalimar Bagh

Treatment Start Date (उपचार प्रारंभ दिनांक) 16-3-21 End Date of Treatment (उपचार की अंतिम तिथि) 21-3-21

Treatment Start Time (उपचार प्रारंभ समय) 10:45am Treatment End Time (उपचार समाप्ति समय) 12:30pm

Chief Consultant (मुख्य चिकित्सक) Dr. Rajni Gupta

CHIEF COMPLAINT AND HISTORY (मुख्य तकलीफ एवं उसका वृत्तान्त) Pain in both knee joint during walking and in standing posture.

Past Medical History (पुराना चिकित्सा वृत्तान्त) No DM, HTN

Family History (कुटुंब वृत्तान्त) No family History

Pain Scale - 6/10

VitaParameters

B.P - 110/70mm

P/R - 78bpm

SUGAR - 100mg/dl

WEIGHT - 68kg

HEIGHT - 5'6"

MENSTRUAL HISTORY

Astha Sthana Pariksha

1. NADI Pittavata
2. MALA Constipated
3. MUTRA 4-stine
4. JIWAHA Alipt.
5. SHABDA (N)
6. SPARSHA (N)
7. AKRUTI Medium
8. DRIKA Medium

Dash vidha Pariksha

- 1) Prakruti - Medium
- 2) Vikruti - Pitta
- 3) Sara - M
- 4) Samhana - M
- 5) Pramana - M
- 6) Satmya - M
- 7) Satva - Medium
- 8) Agni - 4
- 9) Vaya - Medium
- 10) Vyayam Shakti - Medium

DIAGNOSIS AND TREATMENT SUMMARY (रोग चिकित्सा वृत्तंत)

knee joint pain (Sandhigat)

DIET ADVISE ON DISCHARGE (आहार निर्देश)

- Avoid curries, & cold items,
Brinjal, Aonbi, Urad,
Fat free diet

Follow up (दोबारा कब आना है) 7 days

1. WHEN TO OBTAIN EMERGENCY CALL (आपातकालीन समस्या में सम्पर्क)

PH No. 011-40199634 / 7428177717

- A) Pain ↑
B) Swelling ↑
C)

2. Medicine After Diseases (औषधि छुट्टी के बाद)

T. Agnitundi Vati - 1BD.
T. Mahayograj gugal - 2BD
T. Shulvanini Vati - 2BD
T. S-Compound - 1BD.
Syp. Dashmoolarishtam - 4tblt
water.

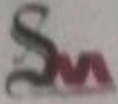
Ajmoelyadi + Aulpatika,
2gm + 3gm Hot water.
Dr. Rajni Gupta

Dr. Rajni Gupta
Neuro Panchakarma
unit of Sandhya Pharma B. I. Unit
BF-45 Shalimar Bagh
Delhi-110088

Dr. Name Dr. Rajni Gupta

Sign. [Signature]

Date 16-3-21



SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

Feedback Form (प्रतिक्रिया फॉर्म)

Name/नाम: Cuoli Age(आयु): 44y Sex(लिंग): P
OPD: 1124 UHID No. 2019
Address /पता: B.F-16 Shalimar bagh 9999004371
Phone No./ फोन नं.: 9999004371 Email / ईमेल :
Name of Doctor /डॉक्टर का नाम: Dr. Rajni Gupta

Dear Sir/Madam, प्रिय महोदय/ महोदया

We want know your opinion. We would appreciate if you would spare us a moment of your valuable time in providing us your feedback regarding various aspects of medical care and hospitality that were extended to your stay here with us.

हम आपकी राय जानना चाहते हैं हम आप की सराहना करेंगे अगर आप हमें अपने मूल्यवान समय का एकक्षण देंगे जो हमें आपकी चिकित्सा, देखभाल और आतिथ्य के विभिन्न पहलुओं के बारे में आप की प्रतिक्रिया प्रदान करने में मदद करता है।

जो हमारे यहाँ इलाज के दौरान अनुभव किया।

S.No	Services/ सेवाएं	Good / अच्छा Yes/ हाँ	Not good/ अच्छा नहीं No/नहीं
1.	Do you found ,Time period spent on your assessment is sufficient or not ? आपकी जांच के लिए डॉक्टर के द्वारा दिया गया समय पर्याप्त है या नहीं ?	☒	
2.	Explained about diagnosis and treatment ? निदान और उपचार के बारे में समझाया ?	☒	
3.	How is work experience of staff ? कर्मचारियों का कार्य अनुभव कैसा है ?	☒	
4.	During your problem did employee or staff respond you on time or not ? जब आप अपनी समस्या बताते हैं, तो कर्मचारी ठीक से सुनते हैं ?	☒	
5.	Did staff treat you with dignity and respect ? क्या कर्मचारी आप से गरिमा और सम्मान के साथ व्यवहार करते हैं ?	☒	
6.	How would you feel during treatment ? इलाज के दौरान आपने कैसा अनुभव किया ?	☒	
7.	Did you have confidence and trust in the staff ? क्या आप कर्मचारी के कार्य क्षमता से संतुष्ट हैं ?	☒	
8.	What one thing would you change about the department ? इस विभाग में कोई एक भी ऐसी चीज जिस में आप सुधार चाहते हैं ?	☒	

Your comments / आपके सुझाव

Date: 11/11/2019
Signature (Clinic Authority)
Delhi-110088

Signature (Patient/Guardian)

Signature (MD/MS)

SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

Charges Concern Form

Name (नाम): Enoli DOA (मर्त की तारीख): 16-3-21
Age (उम्र): 44y Sex (लिंग): F UHID: 2019 OPD: 2140
W/O, S/O, D/O (पिता/पति): Rammehar Day Panchkarma: 7 days

Consultant Name (चिकित्सक नाम): Dr. Nikas Gupta

Provisional Diagnosis (रोग निश्चय): Janubasti and Lepam

Final Diagnosis (रोग विनिश्चय): Janubasti

1. Procedure details (प्रक्रिया विवरण): Janubasti + Lepam
2. Doctor Consultation Charges (चिकित्सक परामर्श शुल्क): 500
3. Nursing Charges (नर्सिंग शुल्क): 300
4. Package Charges Procedure wise
A: 16500
B:
C:
D:
E:

5. Doctor Fees (चिकित्सक शुल्क):
6. Medicine (approx) costing: 4000
7. Consumable (approx) charges: 50
8. Accessory (approx) charges: 50
9. Diet Charges (आहार शुल्क): 300

Total Estimated Package Rs.

21700/-

Patient Signature

गुप्ता

Receptionist Signature

Sandhya



SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)
PH No.011-40199634 / 7428177717

VITAL CHART

Patient Name: Cuchi Gender: F DoA: 16-3-21 UHID No.: 2019

DATE/ Time	WEIGHT	TEMPERATURE	BLOOD PRESSURE	PULSE	RESPIRATION RATE	PAIN	SIGN
16-3-21 11 am	48kg	98.4°F	110/70	78/m	18/min	6/10	<u>Sub</u>
12.30 am		98.4°F	112/78	76/m	18/min	6/10	<u>Sub</u>
	48kg	98.6°F	112/78	76/m	18/min	5/10	<u>Sub</u>
17-3-21 (11 am)		97.4°F	110/78	76/m	18/min	5/10	<u>Sub</u>
12.30 pm							
18-3-21 (11 am)	48kg	98.6°F	120/90	78/m	18/m	5/10	<u>Sub</u>
(12.30 pm)	48kg	98.6°F	110/80	79/m	18/min	5/10	<u>Sub</u>
19-3-21 (11 am)	48kg	98.4°F	120/90	78/m	18/min	5/10	<u>Sub</u>
(12 pm)		96.4°F	110/80	79/m	18/min	4/10	<u>Sub</u>
20/3/21 (11.30 am)		98.4°F	110/90	78/m	18/min	4/10	<u>Sub</u>
	12.45 pm	98.8°F	120/90	78/m	19/min	4/10	<u>Sub</u>
21/3/21 (11.30 am)		99°F	110/70	80/min	19/min	4/10	<u>Sub</u>
	12.45 pm	99°F	120/80	78/min	18/min	4/10	<u>Sub</u>
22/3/21 (11.30 am)		99°F	110/70	80/min	19/min	3/10	<u>Sub</u>
	12.30	96.8°F	120/90	86/m	18/m	3/10	<u>Sub</u>
23/3/21 (11.30)		98.4°F	110/70	80/m	18/min	2/10	<u>Sub</u>
	12.45 pm	96.4°F	120/80	78/m	20/m	2/10	<u>Sub</u>

SANDHYASHI NEURO PANCHKARMA



(A Unit of Sandhya Pharma & Research Unit)

(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

UHID: 2019

OPD: 1124

Bed No. 021

PH No. 011-40199634 / 7428177717

PROGRESS NOTES

16/3/21 → C/S - Dr. Rajni Gupta.
11am
BP - 110/70 mmHg
PR - 78/min
Temp - 98.4°F.
Clo - Severe knee joint pain in
Both knee
↑ during walking.
Crypto (+).

17/3/21 → Janu basti + Lepam.

17/3/21 → Dr. Rajni Gupta
Clo - Pain in both knee joint ↑ during
movements.
Crypto (+).

17/3/21 →
11.20 am
BP - 110/80 mmHg
PR - 70/min
Temp - 98.4°F.
17/3/21 → Janu basti
Dr. Rajni Gupta

18/3/21 → at 11.30 am
Clo - Pain in both knee
Joint Stiffness ↑
difficult in walking.
Crypto (+)
BP - 110/80 mmHg
PR - 70/min
Temp - 98.4°F
18/3/21 → C.S.T
Dr. Rajni Gupta

C/S - By Dr. Rajni Gupta

19/3/21 ~~at~~ 11am

B.P - 120/90mm
PR - 78/min
Temp - 97.4°F
wt - 48kg.

C/O - Pain in both knee joint
↑ during movement
O/E - Cysts (+).

Adv Janubasti
|

~~Subst~~
Dr. Rajni Gupta.

20/3/21 - 11am

B.P - 120/80mm
PR - 78/min
Temp - 98.4°F
wt - 48kg.

C/O - Pain in both knee joint
↑ during walking.
Pain is bit relieved
Cysts - (-)

Adv Janubasti

~~Subst~~ Dr. Rajni Gupta

21/3/21 - 1130am

B.P - 110/70mm
PR - 80/min.
Temp - 99°F.

C/O - Pain in both knee joint reduced
↑ during walking, stiffness
→ feeling comfortable

Cysts (+)

Adv - Janubasti.

~~Subst~~
Dr. Rajni Gupta

SANDHYASHI NEURO PANCHKARMA



(A Unit of Sandhya Pharma & Research Unit)

(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

UHID: 2019

OPD: 1124

Bed No. 02

PH No. 011-40199634 / 7428177717

PROGRESS NOTES

22/3/21 →

11.30am

B.P - 120/90mm

P.R - 78/min

Temp - 98.4°F

wt - 48kg

C/S - By - Dr. Rajni Gupta

C/O - Pain in both knee joint

Reduced.

feels better & is able to walk.

Actu: Janubasti - Stopped.

Cont same medicine.

Dr. Rajni Gupta

(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

PAIN CHART

UHID: 2019

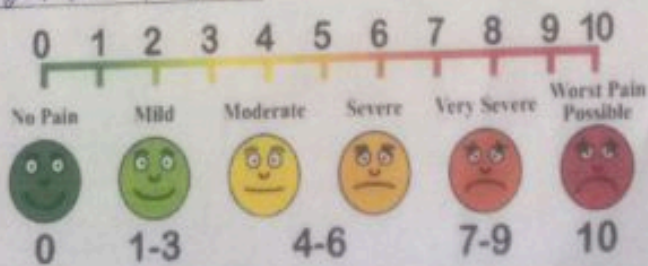
IPD:

OPD: 1124

Name: Gudi Age: 44y Sex: R

Consultant: Dr. Rajni Gupta Date of admission: 16/3/21

S.No.	Date	Checked by	Pain Scoring
1	16/3/21	Dr Rajni	6/10
2	17/3	Dr Rajni	5/10
3	18/3	Dr Rajni	5/0
4	19/3	Dr Rajni	5/10
5	20/3	Dr Rajni	4/10
6	21/3	Dr Rajni	4/10
7	22/3	Dr Rajni	3/10
8	23/3	Dr Rajni	2/10

[illegible]

~~Subj~~
Dobryni Gubny

(A Unit of Sandhya Pharma & Research Unit)
(BF-45, Near Canara Bank, Shalimar Bagh, Delhi-110088)

UHID: 2019 OPD 1124 Date: 16-3-21
Patient Name: Gudi DOA: 16-3-21
Allergies: _____
Consultant: Dr. Rajni Gupta

PERSONAL MEDICATION RECORD

Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:
Name :	Pharmacy:	Physician:

NAME OF DRUG	DOSE	DATE	TIME OF DRUG
T. Agnitumel	1BD	16/3/21	10:30
T. Manogyan	2BD	4	4
Shulva-trilok	2BD		
S-Compound	1BD		
Sp. Cammel	1Hap		
custom			
A. modysalis	1BD		
Alipathika			
2gm + 3gm			
(Hutawata)			

Patient is
Continuing taking medicine at home.

~~Dr. Rajat Gupta~~
Dr. Rajat Gupta

SANDHYASHI NEURO PANCHKARMA

(A Unit of Sandhya Pharma & Research Unit)

(BF-46, Near Canara Bank, Shalimar Bagh, Delhi-110088)

Daily Feedback Form

Name P. Noli Age 44y Gender F Date 16/3/21

PRESENTING COMPLAIN (पिकित्तम सुखात की तकलीफ)

- Pain during walking on both knee.
- Knee joint pain
- Swelling in knee joints,
- Cramp.

PATHYA/APATHYA → Avoid, Curd, Cold items, Udal, 1

S.NO	DATE	TIME	TREATMENT	COMPLAIN	RECTIFICATION	Improve	Not Improve	PL.SIGN.
	16/3/21	11am	Janubarti	NO	—	✓	✓	357
	17/3	8.45	Janubarti	NO	—		mid	357
	18/3	12.30	y	NO	—	Heels Cool		357
	19/3	12.45	y	NO	—	✓		357
	20/3	13pm	y	NO	—	✓		357
	21/3	12.45	y	No.	—	✓		357
	22/3	12.30	y	oil was cool.	Reductive temperature of oil.	✓		357
	23/3	12.45	y	NO	—	✓		357

Dr. Rajni Gupta