

EMPLOYEE FILE CHECK LIST

Name : Manmohan Singh

Designation : Male therapist

Employee Code: JS11402

Age: 214 Sex: Male

Attachment	Yes	No
Employee Training Calender	✓	
LAB Report	✓	
Job Description Form	✓	
Police verification	✓	
Degree	✓	
Diploma/Reg	✓	
Adhar Card	✓	
Resume	✓	
Appraisal form	✓	
General Medical Testing	✓	
Induction training	✓	
Appointment form with privileged	✓	
Job Application form	✓	

Manmohan Singh
Shuddhi Ayurveda Panchkarma Clinic
(A Unit of Jeena Sikho Lifecare Pvt. Ltd.)
Shop. No. 2, Basement Shushma Complex,
Near Neelam Flyover, Sector 20-B, Ajrona Chowk,
Faridabad, Haryana-121001

Shudhi Ayurveda Panchkarma Clinic
(A Unit of Jeera Sikha Lifecare Pvt. Ltd.)
Shop. No. 2, Basement Shushma Complex,
Near Neelam Ekover, Sector 20-B, Ajlonda Chowk,
Faridabad, Haryana-121001

(Shop No. 2, Basement Shushma Complex, near Neelam Flyover, Sector- 20 B, Ajronda Chowk, Faridabad,
Haryana-121001)

Employee Training Calender

Name: Mannohan Singh Sex: Male Age: 214

Employee Code: 5311402 Designation: Male teacher

[illegible]

Shudhithi Ayurveda Panchkarma Clinic
(A Unit of Jeena Sikho Lifestyle Pvt. Ltd.)
Shop No. 2, Basement Shudhima Complex,
Near Neelam Flyover, Sector 20-B, Noida Chowk,
Faridabad, Haryana 121001

EMPLOYEE TRAINING CALENDAR

Name: McMullan Sex: male Age: 24

Employee Code: JS 11402 Designation: Thirupulst

[illegible]

Shuddhi Ayurveda Panchkarma Clini

(A Unit of Jeena Sikho Lifecare Pvt.Ltd)

Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sector 20-B, Ajronda Chowk, Faridabad, Haryana-121001

Training Calender

[illegible]

Pharmacy
Shivduti Ayurveda Panchkarma Clinic
(A Unit of Jeenu Sikho Lifecare Pvt. Ltd.)
Offc. No. 2, Basement Shukhma Complex,
Near Neelam Flyover, Sector 20-B, Alkonde Chowk,
Faridabad, Haryana-121001

S16 - FPSC FARIDABAD-IV (C00416)
Shop no174, opp OBC bank & more shopping
center HUDA market, sec-7. 9871623294
FARIDABAD 121006

Name : Mr. MANMOHAN SINGH
Lab No. : 324255883 Age: 22 Years Gender: Male
A/c Status : P Ref By : Dr. R.V.SHARMA
Collected : 24/12/2021 5:09:00PM
Received : 24/12/2021 5:30:57PM
Reported : 25/12/2021 1:24:20PM
Report Status : Final

Test Name	Results	Units	Bio. Ref. Interval
HEMOGLOBIN; Hb* (SLS)	16.60	g/dL	13.00 - 17.00
HEPATITIS B SURFACE ANTIGEN; HBsAg, SERUM** (CLIA)	Non Reactive		Non Reactive

Specific Antibody Neutralization Assay is performed on all Reactive results.

Interpretation

RESULT	REMARKS
Reactive	Indicates presence of Hepatitis B Surface Antigen.
Non-Reactive	Indicates absence of Hepatitis B Surface Antigen.

Note

1. Reactive test result indicates presence of Hepatitis B Surface Antigen. It cannot differentiate between the stages of Hepatitis B viral infection.
2. Non-Reactive test result indicates absence of Hepatitis B Surface Antigen.
3. False positive results may be observed in patients receiving mouse monoclonal antibodies, on heparin therapy, on biotin supplements for diagnosis or therapy, in pregnancy, presence of heterophilic antibodies in serum or after HBV vaccination for transient period of time.
4. False negative reaction may be due to processing of sample collected early in the course of disease or presence of mutant forms of HBsAg.
5. For monitoring HBsAg levels, Quantitative HBsAg assay is recommended.

Rebecca
Shuddhi Ayurveda Panchkarma Clinic
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			Report Status : Final

Test Name	Results	Units	Bio. Ref. Interval
HIV 1 & 2 ANTIBODIES SCREENING TEST, SERUM**			

Final Result : Negative

HIV 1/2 & P 24 COMBO TEST
(CMIA)

Index Value	0.07	Index	<1.00
Result	Negative		

Interpretation

RESULT (INDEX)	REMARKS
≥ 1.00	Positive
< 1.00	Negative

Note

1. Positive test result indicates antibody detected against HIV-1/2.
2. Negative test result indicates antibody is not detected against HIV- 1/2.
3. Indeterminate test result indicates antibody to HIV-1/2 have been detected in the sample by two of three methods.
4. Results are reported as per the Strategy 3 of National guidelines of HIV testing by NACO, July 2015.
5. False positive results may be observed in Autoimmune diseases, Alcoholic hepatitis, Primary biliary cirrhosis, Leprosy, Multiple pregnancies, Rheumatoid factor, and due to presence of heterophile antibodies.
6. False negative results may occur during the window period and during the end stage of the disease.

Recommendations

1. Post-test counseling available between 9 am to 5 pm at LPL laboratories.

Dr. R.V. Sharma
Shuddhi Ayurveda Panchkarma Clinic
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Faridabad, Haryana-121001

S16 - FPSC FARIDABAD-IV (C00416)
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Test Name	Results	Units	Bio. Ref. Interval
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Sakshi

Dr Sakshi Choudhry
MD, Pathology
Consultant Pathologist
Lal PathLabs Ltd

Ritu

Dr Ritu Nayar
MD, Microbiology
Deputy HOD - Microbiology & Serology
NRL - Dr Lal PathLabs Ltd

Shalabh Malik

Dr Shalabh Malik
MD, Microbiology
Technical Director - Microbiology,
Infectious Disease Serology and
Clinical Pathology

-----End of report-----



- * Test conducted under NABL scope MC-2020,LPL-FARIDABAD at FARIDABAD
- ** Test conducted under NABL scope MC-2113,LPL-NATIONAL REFERENCE LAB at NEW DELHI

IMPORTANT INSTRUCTIONS

•Test results released pertain to the specimen submitted. •All test results are dependent on the quality of the sample received by the Laboratory.
•Laboratory investigations are only a tool to facilitate .in arriving at a diagnosis and should be clinically correlated by the Referring Physician. •Sample repeats are accepted on request of Referring Physician within 7 days post reporting. •Report delivery may be delayed due to unforeseen circumstances. Inconvenience is regretted. •Certain tests may require further testing at additional cost for derivation of exact value. Kindly submit request within 72 hours post reporting. •Test results may show interlaboratory variations. •The Courts/Forum at Delhi shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of test(s). •Test results are not valid for medico legal purposes.
•Contact customer care Tel No. +91-11-39885050 for all queries related to test results.
(#) Sample drawn from outside source.

Sharma
Shudhi Ayurveda Panchkarma Clinic
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Shop No. 2, Basement Shushma Complex
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Faridabad, Haryana-121001

SHUDDHI AYURVEDA PANCHKARMA CLINIC

(A Unit of Jeena Sikho Lifecare Pvt.Ltd)

Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sector 20-B, Ajronda Chowk, Faridabad, Haryana-121001

APPLICATION FOR EMPLOYMENT

CENTER NAME: SHUDDHI AYURVEDA PANCHKARMA CLINIC

CENTER ADDRESS: Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sector 20-B

Position Applier for: Therapist

Referred by: Placement/Employee/Newspaper Advt./Customer

Personal Information

Name: Manmohan Singh

Like to be called as: _____

Date of Birth: 01/02/1999

Place of Birth: Tarakat

Sex: Male/Female

Mother Tongue: Hindi

Present Address: House. E-426 Block-E. SGM Nagar Faridabad
Haryana - 121001

City Faridabad Pin Code 121001

Tel. No. Mobile: 8755505764 Email ID: agur.manmusingh@gmail.com

Res _____
Off _____

Languages Known: HINDI, Thoda English.

Family History: Married/Single _____ Wedding date: _____

Name	Relationship	DOB	Occupation	Dependent
<u>Jayveer Dev</u>	<u>Mother</u>		<u>Housewife</u>	(Y/N) <u>Y</u>
<u>Aksh Singh</u>	<u>Brother</u>		<u>Student</u>	(Y/N) <u>Y</u>
				(Y/N)
				(Y/N)
				(Y/N)

Personal Attributes


Shuddhi Ayurveda Panchkarma Clinic
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Faridabad, Haryana-121001

Your Strength - Mother

Your Weakness - /

Academics, Functional Knowledge & Skills Information

Educational Information

SSC to Graduation

Particulars	MM/YY of Completion	College/University	Marks & %	Regular/Distance
SSC	2017	G.T.C. Janga.	294	Regular
HSC	1998	G.T.C. Shimyalsar	248	Distance
Graduation (Specify Specialization)	2018 Diploma in Panchakarma	Dehradun university	80%	Regular

Professional Qualification

Qualification	MM/YY of Completion	College/University	Marks & %	Main subjects	Regular/Distance
Diploma	2018	Dehradun university	323		Regular

Any other Knowledge/Skill areas, special assignments, projects, training you would like to specify

Computer SECCA Certificate

Work Experience, Reporting Structure & Compensation Information

Work Experience: No. of Years: 44 years

Duration		Total No. of Months	Designation & Name of the Organization	Nature of Duties	Reason for leaving
From mm/yy	To mm/yy				
June 2007	May 2018	24 months	Therapist Ayurved Hospital	Ayurved Hospital	Salary
2018	2020	48 months	Therapist Ayurved	Therapist Ayurved	Salary

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 Faridabad, Haryana-121001

Holidays/Leaves

Each employee will be given weekly off (not necessary Sunday due to Patient convenience and nature of Job role). It will help in rejuvenate oneself and take rest.

The leave rules are based on Calendar year.

12 public holidays will be declared every year. Not all employees can avail this facility due to the nature of business. Compensatory off or overtime to be given for the employees, as they could not avail the public holiday.

The list of holidays will be put on the notice board.

The leaves admissible below are exclusive of intervening holidays and can be taken at such time as may be convenient to the employer. Leaving aside emergencies, prior information shall be given as far as possible before availing leaves and two types of leaves shall not be availed in continuation.

Employees' entitlement of casual, sick and Earned leave will be as per the clinic norms.

Leave taken (SL/CL/PL) to be intimated to HRD through leave card to avoid loss of pay.

	Casual Leave	Sick Leave	EL
Entitlement	days	on Actual	days
Accumulation	06	06	06 days
Notice	Day/Telephonic	Telephonic	days

Only Non-ESIC staff can avail sick leave on actual, subject to providing the actual Documentary proof of Hospitalization.


Maternity Leave

Maternity Leave may be granted to a female staff with less than two surviving children, for a period of upto 3 months (84 days) on full pay (only for Non ESI covered employees) and for other staff which is covered under ESI, will be taken care as per ESI policy.

Maternity Leave may also be granted on full pay (only for Non ESI covered employees) Including miscarriage and abortion, subject to the condition that the leave applied for does not exceed 45 days in entire service and the application for leave is supported by a medical certificate.

Paternity Leave

Male staff with less than two children may be granted 15 days Paternity leave during the confinement of his wife for childbirth on full pay (only for Non ESI covered employees) and for other staff which is covered under ESI, will be taken care as per ESI policy.


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AYUSH HOSPITAL

(SHRI AYUSH HOSPITAL & RESEARCH INSTITUTE)

A UNIT OF SHARDHA SANSTHAN (Reg. No. 868/96)

An ISO 9001: 2008 Certified Hospital

Date 31/05/18

Ref. SP-5/18

EXPERIENCE CERTIFICATE

Certified that Mr. Manmohan Singh S/o Mr. Bharat Singh worked in this hospital as a Panchakarma Therapist From 01/06/17 to 31/05/2018. During this stay he is very hard working, skilled and honest at his work. I wish him all the best.


Dr. S. Singh

B.A.M.S., M.D., (Shalya)

Ex. S.M.O. (Ayush Deptt.)

(Dr. S. Singh)

Chief Physician


Shuddhi Ayurveda Panchakarma Clinic
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Faridabad, Haryana-121001


AYUSH HOSPITAL - Ring Road (Near Kishan Bhawan), Dehradun

Branch - 92 old Mahanagar, Meerut, U.P.



SHUDDHI AYURVEDA PANCHKARMA CLINIC

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Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sector 20-B, Ajronda
Chowk, Faridabad, Haryana-121001

JOB APPLICATION FORM

APPLICANT SECTION

Personal details

Given name: Mannohan Singh Family name: _____

Preferred name: _____

Address: Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sec. 20-B, Ajronda Chowk, Faridabad, Haryana-121001

Telephone Daytime: 9 am to 6 pm Mobile: 9289345619

Email: ayur.mannusingh@gmail.com

Current qualifications

Qualification title	Institution/training provider	Year completed
<u>Diploma Panchkarma</u>	<u>Uttaranchal University</u>	<u>2018</u>
<u>12th Pass</u>	<u>Garment School V.K</u>	<u>2017</u>
<u>10th Pass</u>	<u>Gov School V.K</u>	<u>2013</u>

Are you currently undertaking study/training?
(tick one)

☐ Yes ☐ No

If yes, course/program name: _____

(tick one) ☐ Full time ☒ Part time ☐ Distance ☐ Other

Previous employment (most recent first)

Employer name/ establishment	Dates from/to	Position held	Reason for leaving	Office use check initial/date
<u>Ayush Herbaria</u>	<u>1/02/20</u>	<u>Panchkarma therapist</u>	<u>Salary issue</u>	<u>[Signature]</u>

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Please provide details of three people who can speak on your behalf regarding your work history.

Name	Contact No.	Position held/working relationship (eg supervisor)	Office use check initial/date
Dr. Raghunandan	9918109401837	Doctor	—
Credentialing and privilege			

What type of work are you available for? (tick one)

Full time



Part time



Casual



When will you be available for work?

Please provide any other information that you identify as being pertinent to this application (eg medical conditions, disabilities)

— Not any disabilities

Declaration

I declare that, to the best of my knowledge, the information given is true and correct. I understand that inaccurate, misleading or untrue statements or knowingly withheld information may result in termination of employment with this organization. I understand that this application does not constitute an offer of employment. I understand that, in some cases, police and credit checks will be required and I will be notified if this applies to this application.

Terms & Condition

- 1 Training Period -1 Month On Stephen .
- Probation Period – 1 Months, if staff leave the job with for leaving . One month period Notice and with the approval of M.S is only exceptable otherwise one month salary will be deducted.
- If Company terminates from the duty Immediately then 15 Days salary will be given to you.
- Yearly blood test and other medical facility provide by the Institute will be given to you.
- Employee has to provide police verification .
- Dress charges will be deducted from first month salary.
- Employee has to follow Rule and Regulation of Clinic
- Employee has to provide details as per Best of these knowledge to complete this file

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Faridabad, Haryana-121001

Signed:

Channeelan

Date:

5/08/2021

103/514/0002

क्रमांक
S. No.

000913



उत्तराखण्ड विद्यालयी शिक्षा परिषद्

BOARD OF SCHOOL EDUCATION UTTARAKHAND



इण्टरमीडिएट परीक्षा - २०१७

INTERMEDIATE EXAMINATION - 2017

प्रमाणपत्र-सह-अंकपत्र (CERTIFICATE-CUM-MARKSHEET)

अनुक्रमांक Roll No.	जनपद/विद्यालय कोड Distt./School Code	संस्थागत/व्यक्तिगत Regular/Private	परीक्षा प्रवर्ग Exam Type	प्रमाणपत्र क्रमांक Certificate S.No.
17702024	103/514	PRIVATE	FULL-EXAM	0304602

प्रमाणित किया जाता है कि This is to certify that

परिषद् के अभिलेखानुसार according to the Board's record **MANMOHAN SINGH**

आत्मज/आत्मजा श्रीमती Son/Daughter of Mrs. **JAYVEERI DEVI**

एवं श्री and Mr. **BHARAT SINGH**

ने मार्च / अप्रैल २०१७ में आयोजित इण्टरमीडिएट परीक्षा विद्यालय has passed Intermediate Examination held in
March/April, 2017 from School **GOVT I C CHINYALISAUR UTTARKASHI**

से निम्न विवरणानुसार उत्तीर्ण की है with the following details -

विषय कोड SUB CODE	विषय SUBJECT	प्राप्तांक MARKS OBTAINED				स्थिति POSITIONAL GRADE	परिणाम RESULT
		सैद्धान्तिक THEORY	प्रयो. PR.	योग TOTAL	योग (शब्दों में) TOTAL (IN WORDS)		
101	HINDI	063		063	SIXTY THREE	B1	248/500
103	ENGLISH	039		039	THIRTY NINE	C2	PASSED
129	PHYSICS	019	025	044	FORTY FOUR	D2	SECOND
130	CHEMISTRY	022	021	043	FORTY THREE	D2	DIVISION
131	BIOLOGY	035	024	059	FIFTY NINE	B2	

30 MAY 2017

(विनोद प्रसाद सिमल्टी)
(VINOD PRASAD SEMALTI)
सचिव (SECRETARY)

03004539

Shuddhi Ayurveda Panchkarma Clinic
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Shop No. 2, Basement Shushma Complex
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क्रमांक : 1094

भारतीय चिकित्सा परिषद, उत्तराखण्ड

देहरादून - 248001



पंचकर्म सहायक/टैक्नीशियन निबन्धन प्रमाण-पत्र

निबन्धन संख्या : **UK-T-1088**

निबन्धन तिथि : **09.01.2019**

1. नाम श्री/श्रीमती/कु० **मनमोहन सिंह**
2. पिता/पति का नाम श्री **भरत सिंह**
3. जन्मतिथि (अंकों में) **01.02.1999**
(शब्दों में) **एक फरवरी उन्नीस सौ निन्यानवे**
4. स्थायी पता : **ग्राम व पोस्ट तराकोट, तहसील चिन्यालीसौड़, जनपद उत्तरकाशी, उत्तराखण्ड**
5. पत्राचार का पता : **ग्राम व पोस्ट तराकोट, तहसील चिन्यालीसौड़, जनपद उत्तरकाशी, उत्तराखण्ड**
6. अर्हता : **पंचकर्म सहायक/टैक्नीशियन भारतीय चिकित्सा परिषद, उत्तराखण्ड**

प्रमाणित किया जाता है कि भारतीय चिकित्सा परिषद, उत्तराखण्ड (बोर्ड ऑफ आयुर्वेदिक एण्ड यूनानी, तिब्बी सिस्टम्स ऑफ मेडिसिन, उत्तराखण्ड) के पंचकर्म सहायक/टैक्नीशियन पंजिका के राज्य रजिस्टर में प्रविष्ट कर लिया गया है और यह उस आलेख की 'अविकल प्रतिलिपि' है।



(बीरेन्द्र दत्त मैठाणी)
रजिस्ट्रार

देहरादून, दिनांक : **09.01.2019**

Signature

Signature

Shashini Ayurveda Panchikarma Clinic
(A Unit of Jeena Sikho Lifecare Pvt. Ltd.)
Shop No. 2, Basement Shushma Complex
Near Neelam Flyover, Sector 20-B, Ajronia Chowk,
Faridabad, Haryana-121001

क्रमांक : 1093

भारतीय चिकित्सा परिषद, उत्तराखण्ड

देहरादून - 248001



पंचकर्म सहायक/टैक्नीशियन प्रशिक्षण प्रमाण-पत्र

[DIPLOMA IN PANCHAKARMA ASSISTANT/TECHNICIAN]




नामांकन संख्या : T17121001121


प्रमाणित किया जाता है कि श्री/श्रीमती/कु० मनमोहन सिंह अनुक्रमांक 31817211230 आत्मज/आत्मजा/पत्नी श्री भरत सिंह ने भारतीय चिकित्सा परिषद, उत्तराखण्ड द्वारा निर्धारित पाठ्यक्रमानुसार पंचकर्म सहायक/टैक्नीशियन प्रशिक्षण (सैद्धान्तिक एवं क्रियात्मक) वर्ष 2018 की परीक्षा श्री आयुष हॉस्पिटल एवं रिसर्च इन्स्टीट्यूट, ओल्ड नेहरू कालोनी, देहरादून से उत्तीर्ण की है।


(डा० दर्शन कुमार)
अध्यक्ष




(बीरेन्द्र दत्त मैठाणी)
रजिस्ट्रार

दिनांक : 09.01.2019


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Shop No. 2, Basement Shushma Complex
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S.No.:

3938

भारतीय चिकित्सा परिषद, उत्तराखण्ड Bhartiya Chikitsa Parishad, Uttarakhand

Dehradun, Uttarakhand - 248001

Marksheet for the Examination

Panchkarma Sahayak(Technician)

Student Name: MANMOHAN SINGH

Enrollment No.: T17121001121

Roll No.: 31817211230

Admission Year: 2017

Exam Year: 2018

College : Shri Ayush Hospital and Research Institute, Old Nehru Colony, Dehradun

Subject Name	Theory	Practical	Total
Ayurved Adhisthan Siddhant(301)	77/100	-	77/100
Sharir Vigyan(302)	75/100	-	75/100
Panchkarma Parichay(303)	76/100	-	76/100
Current Total	228/300	95/100	323/400
Last Year Total	-	-	-
Grand Total	-	-	323/400

Result: PASS

Date: 20-Nov-2018

Checked By-1

Checked By-2

Registrar

रजिस्ट्रार
भारतीय चिकित्सा परिषद
उत्तराखण्ड

Shuddhi Ayurveda Panchkarma Clinic
(A Unit of Jeena Sikho Lifecare Pvt. Ltd.)
Shop No. 2, Basement Shushma Complex
Near Neelam Flyover, Sector 20-B, Aronda Chowk,
Faridabad, Haryana-121001

 
भारत सरकार
Government of India



मनमोहन सिंह
Manmohan Singh
जन्म तिथि / DOB : 01/02/1999
पुरुष / MALE

Download Date: 01/10/2021

3656 0599 1263

मेरा आधार, मेरी पहचान

 
भारतीय पहचान प्राधिकरण
Unique Identification Authority of India

पता:
S/O: भरत सिंह, ताराकोट, ताराकोट, उत्तरकाशी,
उत्तराखण्ड - 249152

Address:
S/O: Bharat Singh, Tarakot, Tarakot,
Uttarkashi, Uttarakhand - 249152



3656 0599 1263

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Shuddhi Ayurveda Panchikarma Clinic
(A Unit of Jeena Sikho Utsaah Pvt. Ltd.)
Shop No. 2, Basement Shushma Complex,
Near Neelam Flyover, Sector 29-B, Aronda Chowk,
Faridabad, Haryana-121001



CURRICULUM VITAE

MANMOHAN SINGH
VILLAGE- TARAKOT, PO-TARAKOT
Tehsil - Chinyalisor, Distt - Uttarkashi,
Uttarakhand - 249152



Cont. No: 7800436008,8755505764; Email : ayur.mannusingh@gmail.com

OBJECTIVE:-

- ❖ Being an honest hardworking and co-operative person I would like to work in competitive and motivating environment where I can earn more knowledge and enhance my skills and ability



■ QUALIFICATION:-

- Diploma of Ayurvedic Panchkarma Tactician From Shree Ayush Hospital & Research institute Old Nehru colony Dharampur Dehradun.
- Diploma of Computer of 6 months from Smart infotech center in Kanpur up.
- Pursuing Digital marketing course in Digiprfomenc delhi.
- 12th passed from U.K. Board.
- 10th passed from U.K. Board.
- I have a Blood Donate Certificate.
- I have a First Aid Training certificate.

TRAINING SUMMARY AND WORK EXPERIENCE:-

- ❖ Current work in shuddhi ayurveda panchakarma clinic in faridabad.
- ❖ Two years work in Maharishi Ayurveda wellness center DLF phase iv Gurgaon Haryana-122009-(Senior therapist)
- ❖ One year work experience in SHREE AYUSH HOSPITAL & RESEARCH INSTITUTE in old Nehru Colony, Dharampur Dehradun. 1 July 2017 to 31 May 2018.


Signature

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Faridabad, Haryana-121001

- ❖ One year Work experience in PANCHKARMA & SPA THERAPY in Five Star Hotel VIJAY INTERCONTINENTAL Tilak Nagar Kanpur 20 May 2018 to 25 June 2019
- ❖ Six month experience in premadhaar Hospital Rohini Delhi 1 July to 15 Nov 2019
- ❖ I have experienced Reception handling and Doctor prescription also comes to understand.
- ❖ I have attended medical camps and yoga-shivir arranged by my college.
- ❖ I have my patients with my Senior doctors and assist them in.
- ❖ Experience in Migraine Patients.
- ❖ Experience in Paralysis Patients.
- ❖ Experience in Joint Pain Patient.
- ❖ Experience in Frozen, Shoulder Patient
- ❖ Experience in Cervical Spondylosis Patient
- ❖ Experience in Osteoarthritis Patient
- ❖ Experience in Rheumatoid arthritis Patient
- ❖ Experience in Ankylosing, spondylitis
- ❖ Experience in Knee Joint Pain.

Key Deliverables

- ❖ Assessing mental status of patients
- ❖ Understand the treatments prescribed and perform correctly
- ❖ Using holistic techniques to help patients to get good results
- ❖ Upholding the hygiene standards


Shuddhi Ayurveda Panchkarma Clinic
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 Faridabad, Haryana-121001

- ❖ Maintain healthy work environment
- ❖ Maintain daily record of treatments and products used
- ❖ Maintain equipments
- ❖ Maintain coordination between patients and treatments
- ❖ Attend staff meetings time to time

❖ "EXPERIENCE IN PANCHAKARMA THERAPIES" and LEECH THERAPIES:-

- | | |
|------------------------------|---------------------------|
| ➤ 1. Shirodhara | ➤ 17. Talam |
| ➤ 2. Shiro Abhyanga | ➤ 18. Takradhara |
| ➤ 3. Shiro Lapam | ➤ 19. Ksheeradhara |
| ➤ 4. Shiro Vasti | ➤ 20. Karan puran |
| ➤ 5. Nasyam | |
| ➤ 6. Greeva Vasti | ➤ 35. Foot Reflexology |
| ➤ 7. Netra Tarpan | ➤ 36. Raktamokshan |
| ➤ 8. Abhyangam | ➤ 37. Vrachan |
| ➤ 9. Kati Vasti | ➤ 38. Vaman |
| ➤ 10. Janu Vasti | ➤ 39. Facial |
| ➤ 11. Chakra Vast | ➤ 40. Deep Tissue Massage |
| ➤ 16. Prshth Vasti | ➤ 41. Thai Massage |
| ➤ 21. Baluka swed | |
| ➤ 22. Hridaya Vasti | ➤ 42. Shiro Pichu |
| ➤ 23. Matra Vasti | ➤ 43. Shira Vedam |
| ➤ 24. Anuvasan Vasti | ➤ 44. Bandaging |
| ➤ 25. Vatron Vasti | ➤ 45. Acupressure |
| ➤ 26. Kashaya Vasti | ➤ 46. Agnikarma |
| ➤ 27. Lekhan Vasti | ➤ 47. Body Policing |
| ➤ 28. Sarvang Dhara | ➤ 48. MukhaLepam |
| ➤ 29. Udwarthanam | ➤ 49. Kawal |
| ➤ 30. Patra Pinda Sweda(PPS) | ➤ 40. Gandus |
| ➤ 31. Poodi kizi (SPS) | ➤ 41. Ekang Swed |
| ➤ 32. Navra kizi (SSPS) | ➤ 42. Ekang Dhara |
| ➤ 33. Mansa kizi | ➤ 43. Sarvang Sweden |
| ➤ 34. Naranga kizhi | |


Shuddhi Ayurveda Panchkarma Clinic
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 Near Neelam Flyover, Sector 20-B, Ajronda Chowk,
 Faridabad, Haryana-121001

PERSONAL INFORMATION:-

❖ Father's Name : Bharat Singh
❖ Date of Birth : 01/02/1999
❖ Gender : Male
❖ Marital Status : Unmarried
❖ Language : Little English & Hindi
❖ Height : 168cm
❖ Weight : 60 kg

DECLARATION:-


I hereby declare that the information provided above by me is true and correct to the best of the knowledge and belief.

Date : Faridabad.

Place : DEHRADUN



(Mr. MANMOHAN SINGH)


Shuddhi Ayurveda Panchkarma Clinic
(A Unit of Jeena Sikho Lifestyle Pvt. Ltd.)
Shop No. 2, Basement Shushma Complex
Near Neelam Flyover, Sector 20-B, Aronda Chowk,
Faridabad, Haryana-121001

EMPLOYEE APPRAISAL FORM

Not Applicable

Date: _____	Examining Tenure Date _____	to Date _____
Name Of Employee: _____		Completed By: _____
Employee Code : _____		

A. Most Successful Job Accomplishments Since Last Performance Period :

1. _____
2. _____

Name Dr Training Attended _____

New Certification _____

B. Key Strengths Of Employee:

1. _____
2. _____
3. _____
4. _____

C. Performance in Last Leaving Point :

1. _____
2. _____
3. _____
4. _____

D. Key Areas That Need Improvement:

1. _____
2. _____

E. Teamwork Ability:

1. _____
2. _____

Appraisal

- Salary
- Bonus
- Post

Given By _____

Approved By _____
Forwarded By _____

Shuddhi
Shuddhi Ayurveda Panchkarma Clinic
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Faridabad, Haryana-121001



SHUDDHI AYURVEDA PANCHKARMA CLINIC

(A Unit of Jeena Sikho Lifecare Pvt.Ltd)

Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sector 20-B, Ajronda Chowk, Faridabad, Haryana-121001

GENERAL MEDICAL TESTING

Date : 1 Nov 2021

Doctor Name : Dr. Nidhi Puniya

Name of Employee : Mannohan

Employee Code : JS11402

Department Head : Dr. Jaghendra Sharma

General Examination :

1. B.P - 120/80 mmHg
2. Weight - 50 kg
3. Pulse - 76/min
4. Eye sight - 'S.'
5. Chest - 38
6. Height - 175
7. Any chronic disease - NO
8. Allergy if / Any - NO

Comment :

Mannohan was physically fit. to do work.
city us.

[Signature]

Dr. NIDHI PUNIYA
BAMS PGD (Panchkarma)
Regn. No. 55350

[Signature]
Shuddhi Ayurveda Panchkarma Clinic
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Shop. No. 2, Basement Shushma Complex,
Near Neelam Flyover, Sector 20-B, Ajronda Chowk,
Faridabad, Haryana-121001

INDUCTION TRAINING

Name Mamohan

Sex: Male

Age: 234

Trainer: Dr. Raghendra Sharma

Department: Panchakarma clinic

Old Experience: 05

Job Application Now: Male trainee

Date Initiation of Training: oct 2024

Name of Completion of Training

- 1) CPR ☒
- 2) Fire ☒
- 3) Code ☒
- 4) MRD ☒
- 5) Bio Medical Waste ☒
- 6) Receptionist ☒
- 7) Pharmacist ☒
- 8) Panchkarma Training ☒

- 9) Triage ☒
- 10) HIC ☒
- 11) Emergency Patient ☒
- 12) Combat Infection Training ☒
- 13) Scope non Scope ☒
- 14) Safety through ☒
- 15) SOP ☒
- 16) Vulnerable Patient ☒

- 1.) Clinic- Vision/Mission/Ownership. explained
- 2.) Employee Rights and Responsibilities. explained
- 3.) Organization hierarchy explained
- 4.) Theory Training Points. explained

- already attached head copy
- Training given
- 5.) Practical Training Points.

- Training given
- already attached head copy,

6.) Goal of Job : Become a good Pharmacist

7.) Aim of Job : Become a Successful professional

8.) Comments about trainee : Hardwork

Signature of Trainer : [Signature]

Signature
[Signature]

Shuddhi Ayurveda Panchkarma Clinic
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Faridabad, Haryana-121001

Mr. MANMOHAN SINGH

Address: TARAKOT, PO TARAKOT, THE-CHINYALISOR UTTARKASHI UTTARAKHAND-249152

Dear MANMOHAN,

On Behalf of Jeena Sikho Lifecare Private Limited I am pleased to offer you the full time employment for the position of Therapist at Jeena Sikho Lifecare Private Limited SHOP NUM 2, BASEMENT SUSHMA COMPLEX, NEELAM FLYOVER FARIDABAD, HARYANA -121001 with a start date of 09-AUGUST-2021. You are required to report to HR Department for your joining formalities.

Your Total CTC will be Rs. 20,000/- per month.

Please ensure that you bring in the following documents on the first day of your joining:

1. Six passport size colored photographs.
2. Photocopy of Photo ID & Address Proof (Aadhar Card/ Pan Card)
3. Photocopy of education certificates.
4. A proof of resignation/ resignation letter/ acceptance proof from the previous employer.
5. Experience certificate (previous employers)
6. Salary slips photocopy/ copy of their appointment letter (of previous company)

You will be on the probation period for 03 months which may further be extended to 06 in case of non-performance.

During Probation you are required to serve notice period of minimum 15 days and after probation notice period of minimum 30 days.

Please confirm your acceptance of this offer by signing and returning this letter by 09-AUGUST-2021.

Looking forward for a long time association with us and wishing you great success with Jeena Sikho Lifecare Limited

Your Key Responsibilities are as follows:-

- ✓ Provides Panchkarma therapies and helps to run smoothly by supporting all of the activities at the Hospital / Clinic.
- ✓ Performs daily Panchkarma therapies as scheduled
- ✓ Preparing the therapy room with necessary equipment, oils, herbs, etc, performing the therapies as well as cleaning and setting up the room for the next therapy.

Sincerely,

For JEENA SIKHO LIFECARE PRIVATE LIMITED



Human Resource



Candidate's Signature



Date: 09-AUGUST-2021.

Date: 09-AUGUST-2021.



HARYANA POLICE GENERAL VERIFICATION SERVICES
(हरियाणा पुलिस सामान्य सत्यापन सेवा)

CHARACTER VERIFICATION REQUEST
(चरित्र प्रमाणपत्र अनुरोध)

District (जिला): FARIDABAD

Office Name (कार्यालय का नाम): Deputy Commissioner of Police, NIT Faridabad

Applicant Name (आवेदक का नाम): MANMOHAN SINGH

Date (दिनांक) : 18/11/2021

Request No. (अनुरोध सं.): 132252116584

Request Status (अनुरोध की स्थिति): Registered

UID/Adhar No (यूआईडी):

Purpose for Applying (उद्देश्य): FOR JOB

Relation Type 1 (संबंध का प्रकार 1): Father

Relative Name 1 (रिश्तेदार का नाम 1): BHARAT SINGH

ID Type (पहचान का प्रकार): Aadhar Card

Relation Type 2 (संबंध का प्रकार 2): Mother

Challan No. (चालान संख्या):

ID No. (पहचान संख्या):

Passport Issue Place (पासपोर्ट जारी होने का स्थान):

Date of Birth (DD/MM/YYYY) (जन्म तिथि): 01/02/1999

Present Address (वर्तमान पता): H.No : HOUSE NO 1244 Street : 20 FOOT ROAD Colony : BLOCK C District : FARIDABAD State : HARYANA P.S : S.G.M. NAGAR (SANJAY GANDHI MEMORIAL NAGAR) PIN : 121001 TEHSIL : BADKHAL VILLAGE : SGM NAGAR INDIA

Permanent Address (स्थायी पता): H.No : HOUSE NO 1244 Street : 20 FOOT ROAD Colony : BLOCK C District : FARIDABAD State : HARYANA P.S : S.G.M. NAGAR (SANJAY GANDHI MEMORIAL NAGAR) PIN : 121001 TEHSIL : BADKHAL VILLAGE : SGM NAGAR INDIA

Is there any criminal records against you or your family? (आप का या आपके परिवार के खिलाफ कोई आपराधिक कार्यवाही है?): No

Mode of Receiving (एकत्र करने की विधि): In-Person

Gender (लिंग): Male

Landline No. (लैंडलाइन नंबर):

Mobile No. (मोबाइल): 91 9761847400

Relative Name 2 (रिश्तेदार का नाम 2): JAIVEERI DEVI

Email ID (ईमेल):

Passport Issue Date (पासपोर्ट जारी तिथि):

Age (Years/Months) (आयु): 22 Year(s) 9 Month(s)

Jeena Sikandar & Co. Ltd.
Shop No. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 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621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 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1017, 1018, 1019, 1020, 1021, 1022, 1023, 1024, 1025, 1026, 1027, 1028, 1029, 1030, 1031, 1032, 1033, 1034, 1035, 1036, 1037, 1038, 1039, 1040, 1041, 1042, 1043, 1044, 1045, 1046, 1047, 1048, 1049, 1050, 1051, 1052, 1053, 1054, 1055, 1056, 1057, 1058, 1059, 1060, 1061, 1062, 1063, 1064, 1065, 1066, 1067, 1068, 1069, 1070, 1071, 1072, 1073, 1074, 1075, 1076, 1077, 1078, 1079, 1080, 1081, 1082, 1083, 1084, 1085, 1086, 1087, 1088, 1089, 1090, 1091, 1092, 1093, 1094, 1095, 1096, 1097, 1098, 1099, 1100, 1101, 1102, 1103, 1104, 1105, 1106, 1107, 1108, 1109, 1110, 1111, 1112, 1113, 1114, 1115, 1116, 1117, 1118, 1119, 1120, 1121, 1122, 1123, 1124, 1125, 1126, 1127, 1128, 1129, 1130, 1131, 1132, 1133, 1134, 1135, 1136, 1137, 1138, 1139, 1140, 1141, 1142, 1143, 1144, 1145, 1146, 1147, 1148, 1149, 1150, 1151, 1152, 1153, 1154, 1155, 1156, 1157, 1158, 1159, 1160, 1161, 1162, 1163, 1164, 1165, 1166, 1167, 1168, 1169, 1170, 1171, 1172, 1173, 1174, 1175, 1176, 1177, 1178, 1179, 1180, 1181, 1182, 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Ministry of Health & Family Welfare
Government of India

Certificate for COVID-19 Vaccination

Issued in India by Ministry of Health & Family Welfare, Govt. of India

Certificate ID 40411525705

Beneficiary Details

Beneficiary Name / लाभार्थी का नाम **Manmohan Singh**
Age / उम्र **22**
Gender / लिंग **Male**
ID Verified / पहचान पत्र सत्यापित **Aadhaar # XXXXXXXXXX12**
Unique Health ID (UHID) **55522141105940**
Beneficiary Reference ID **55522141105940**
Vaccination Status / टीकाकरण की स्थिति **Partially Vaccinated (1 Dose)**

Vaccination Details

Vaccine Name / वैक्सीन का नाम **COVISHIELD**
Vaccine Type / टीका का प्रकार **COVID-19 vaccine, non-replicating viral vector**
Manufacturer / उत्पादक **Serum Institute of India Pvt. Ltd.**
Dose Number / खुराक की संख्या **1/2**
Date of Dose / खुराक की तारीख **2021-12-22**
Batch Number / बैच संख्या **4121MF032**
Next Due Date / अगली नियत तिथि **Between 16 Mar 2022 and 13 Apr 2022**
Vaccinated By / टीका लगाने वाले का नाम **usha**
Vaccination At / टीकाकरण का स्थान **ESI 4 DISP NEAR NIT 1 MARKET, Faridabad,
Haryana**



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Together, India will defeat
COVID-19”

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Jeena Siksha Lifecare
Shop No. 12, Basement Shushru
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Ajroda Chowk, Faridabad

In case of any adverse events, kindly contact the nearest Public Health Center/
Healthcare Worker/District Immunization Officer/State Helpline No. 1075

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अधिकारी/राज्य हेल्प लाइन 1075 पर सम्पर्क करें

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