



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

REGD OFFICE: ZIRAKPUR, SCO 11, Kalgidhar Enclave, Baltana, 98283-91602, 98764-03632

KOTA : 1-C-3, SFS, Sheela Choudhary Road, Talwandi, Kota, Rajasthan, 95836-95830

Email ID.: Shuddhihospitalkota@jeenasikho.co.in

Ref. No.

Dated

NC 08 /HIC 3: HCO does not perform surveillance activities to capture and monitor infection prevention and control. Eg: WHO surveillance check list

- ✓ We are strictly following every step of hygiene, be it patient or employee hygiene. We closely monitor hygiene and infection control and maintaining this through surveillance check list (Hand Hygiene observation checklist) & follow it religiously

The core medical aseptic practices include the following:

- handwashing.
- cleaning the environment,
- wearing appropriate PPE (gloves, gowns, masks, face shields, hair and shoe covers),
- disinfecting articles and surfaces,
- the use of antiseptics.

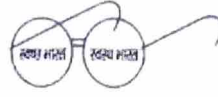
Hand hygiene must practice with five steps:

1. Before touching a patient.
2. Immediately before performing a clean or aseptic procedure, including handling an invasive device for patient care, regardless of whether or not gloves are used.
3. Promptly after contact with body fluids, excretions, mucous membranes, non-intact skin, or wound dressings regardless of whether or not gloves were used.
4. After touching a patient and his/her immediate surroundings, even when leaving the patient's side.
5. After contact with inanimate objects (Including medical equipment and furniture) in the immediate vicinity of the patient.
6. Perform hand wash when hands are visibly dirty.

Chouhan
5/11/22
JEENA SIKHO LIFECARE LTD.
1-C-3, SFS Sheela Choudhary Road
Talwandi, Kota Rajasthan-324005



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We need to follow few steps for hand hygiene preparation

- Avoid artificial nails or nail polish
- Hand Scrub with medicated soap is must to avoid any type of infection
- Clean all fungal area properly with nail filer. Do not use nail brush to avoid skin damage
- Remove all jewellery before entering the procedure room
- Adhering the protocol for scrub with medicated soap
- Adhering the protocol for surgical scrub with an alcohol based preparation

Training and compliance for hand hygiene needs to be monitored. Hand hygiene training program for doctors, nursing staff and housekeeping staff needs to be done regularly for each category staff. This compliance need to be monitored

Gyanjit
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HAND HYGIENE OBSERVATION LIST

Date-		Doctor		Therapist		
Name	Designation	Before Contact with Patient	After Contact with Patient	Before Therapy Procedure	After Therapy Procedure	Staff Signature
		WASH	SCRUB	WASH	SCRUB	
Yogesh Handa	Sr. Consultant	✓	✓	✓	✓	<i>Yogesh Handa</i>
Ritu Biyani	Consultant	✓	✓	✓	✓	<i>Ritu Biyani</i>
Lekha Soni	Consultant	✓	✓	✓	✓	<i>Lekha Soni</i>
Vinay Pruthi	Consultant	✓	✓	✓	✓	<i>Vinay Pruthi</i>
Shiv Kr Meena	Nursing	✓	✓	✓	✓	<i>Shiv Kr Meena</i>
Moti Ram	Therapist	✓	✓	✓	✓	<i>Moti Ram</i>
Kanchan Kumari	Therapist	✓	✓	✓	✓	<i>Kanchan Kumari</i>
Dimple Kumari	Therapist	✓	✓	✓	✓	<i>Dimple Kumari</i>
Vishan Singh	Therapist	✓	✓	✓	✓	<i>Vishan Singh</i>
Fiza Haydari	Nursing	✓	✓	✓	✓	<i>Fiza Haydari</i>
Munish Meena	Nursing	✓	✓	✓	✓	<i>Munish Meena</i>
Manish Meena	Nursing	✓	✓	✓	✓	<i>Manish Meena</i>
Vinod	Kitchen Staff	✓	✓	✓	✓	<i>Vinod</i>

WASH: Wash hands with medicated soap // SCRUB: Wash hands with alcohol based soap

Signature
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