



HINDI NAME- **TULSI** तुलसी  
LATIN NAME -OCIMUM SANCTUM  
ENGLISH NAME- HOLY BASIL  
USEFUL PART- LEAVES, ROOTS, STEM, FLOWERS AND OIL  
**Uses-** ANTI-AGING, TREATS KIDNEY STONES HEART DISEASE  
RELIEVES HEADACHES, FIGHTS ACNE, RELIVES FEVER, EYE  
HEALTH, ORAL HEALTH





HINDI NAME- **NEEM नीम**

LATIN NAME - **AZADIRACHTA INDICA**

USEFUL PART-LEAVES, FLOWERS, SEEDS, FRUITS, ROOTS AND BARK

USES- **LEPROSY**, EYE DISORDERS, BLOODY NOSE, INTESTINAL WORMS, STOMACH UPSET, LOSS OF APPETITE, SKIN ULCERS, HEART DISEASES AND BLOOD VESSELS (CARDIOVASCULAR DISEASE), FEVER, DIABETES, GUM DISEASE (GINGIVITIS), AND LIVER PROBLEMS.