


E-5 Service Road, Above Nissan Showroom, Prashant Vihar, Delhi - 110085

☎ 8005633391

FMS 3B: Staffs are not found properly trained for their role in case of fire and non-fire emergencies.

Cycle 01 Reply: Evidence for role of staff in case of Non-Fire emergencies is not found uploaded

- As per your guidance, we have taken this matter seriously and have given CPR (Code Blue) training to all the staff. Attaching CPR training and feedback with training pictures for your reference


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E-5, Second Floor,
Above Nissan Showroom Main Road,
Prashant Vihar, Delhi-110085



CPR TRAINING (CODE BLUE) @ PRASHANT VIHAR CLINIC



JEENA SIKHO LIFE CARE LTD.
2nd Floor,
Above Nissan Showroom Main Road,
Prashant Vihar, Delhi-110085

Training Name : CPR Training

Name : <u>Dr. Monika Shrivastava</u>				
Designation : <u>Consultant</u>			Employee Code: <u>SS41072</u>	
Age: <u>37</u> Sex: <u>Female</u>				
Date	Training Topic	Name of Trainer	Trainer Sign.	Attended by Sign.
18/01/23	CPR	Dr. Monika	<u>[Signature]</u>	—
18/01/23	CPR	Dr. Shivani	<u>[Signature]</u>	

Basic Life Support

BLS is an acronym which produces some confusion for people looking in to a CPR class. In an emergency medicine setting BLS typically stands for **Basic Life Support** in contrast to Advanced Life Support. **Basic Life Support** denotes a level care which patients will receive in an emergency.

Basic life support comprises the following elements:

- Initial assessment ■ Airway maintenance ■ Cardiopulmonary Resuscitation (CPR).

7 CPR Steps Everyone Should Know

- Position your hand

- Interlock fingers
- Give chest compressions
- Open the airway
- Give rescue breaths
- Watch chest fall
- Repeat chest compressions and rescue breaths

Basic life support promotes adequate blood circulation in addition to breathing through a clear airway:

Circulation: providing an adequate blood supply to tissue, especially critical organs, so as to deliver oxygen to all cells and remove metabolic waste, via the perfusion of blood throughout the body.

Team leader.

Compressor.

Airway manager.

AED/Monitor/Defibrillator.

IV/IO medications provider.

Time recorder.

CPR Team Head

Clinic doctor in charge, till anesthesia doctor no arrived he is head of the team

Whole team has to follow his/her instruction

Physician anesthesiologists evaluate, monitor and supervise patient care before, during and after surgery, delivering anesthesia, leading the Anesthesia Care Team and ensuring optimal patient safety. Physician anesthesiologists specialize in anesthesia care, pain management and critical care medicine.

After arrival of anesthesia doctor

Team will follow the instructions as per order by CPR team head

The life saving interventions of BLS are primarily for the purpose of maintaining circulation and oxygenation of the brain and other vital organs until Advanced Cardiac Life Support (ACLS) or other interventions can be initiated by trained health care providers.

Chest compressions



Adult



Child



Infant



press down
↓ **2 inches**



press down
↓ **2 inches**



press down
↓ **1.5 inches**

Perform 30 chest compressions at a rate of 100 per minute, letting the chest rise between each

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11/12/23
11:30 AM

CHILD CPR 1 - 8 YEARS

IN AN
EMERGENCY
CALL
911

1. Attempt to wake the child and call for help.

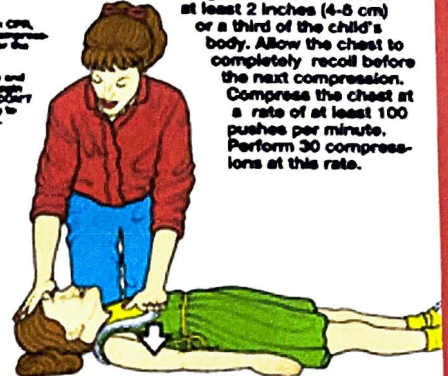
If the child is not breathing (or is just gasping for breath), call 911 immediately and go to step 2. If someone else is there to help, one of you call 911 while the other moves on to step 2.



2. Begin chest compressions.

If the child is not breathing, place one hand on the breast bone directly between the child's nipples. Push straight down on the chest at least 2 inches (4-5 cm) or a third of the child's body. Allow the chest to completely recoil before the next compression. Compress the chest at a rate of at least 100 pushes per minute. Perform 30 compressions at this rate.

If you are not trained in CPR, continue to do chest compressions until help arrives or the victim wakes up.
It's normal to feel gone and shaky when you first begin chest compressions. DON'T STOP! You're not going to make the victim worse.



3. Open the airway.

After 30 compressions, open the child's airway using the head-tilt, chin-lift method. Pinch the child's nose and make a seal over the child's mouth with yours. Use a CPR mask if available.



4. Begin rescue breaths.

Give the child a breath, just enough to make the chest rise. Let the chest fall, then repeat the rescue breath once more. If the chest doesn't rise on the first breath, reposition the head and try again. Whether it works on the second try or not, go to step 5.

If you don't feel comfortable with this step, just continue to do chest compressions at a rate of at least 100/minute.



2 Breaths

5. Repeat chest compressions.

Repeat chest compressions. Do 30 more chest compressions just like you did the first time.



30 Compressions

6. Repeat rescue breaths.

Repeat rescue breaths. Give more breaths just like you did in step 4 (unless you're skipping the rescue breaths). Repeat steps 5 and 6 for about two minutes (about 5 cycles of 30 compressions and 2 rescue breaths).



2 Breaths

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Feedback Form

1) Rate The Level of Training information useful to you

A. Good

☐

B. Average

☒

C. Below Average

☐

2) Rate the Level of Training Method of Explanation

A. Appropriate

☒

B. Average

☐

C. Below Average

☐

3) Rate the Importance of Training

A. Good

☒

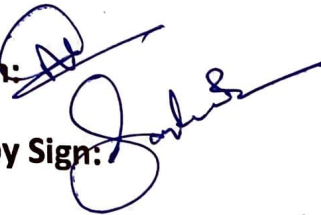
B. Medium

☐

C. Not Good

☐

Trainer Sign:



Attended by Sign:

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23/10/23
12:00 PM

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C. Not Good

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Trainer Sign:

[Signature] 19/01/23
11:45 AM

Attended by Sign:

[Signature]
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2) Rate the Level of Training Method of Explanation

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Trainer Sign:

M. S. Singh
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Attended by Sign:

R. S. Singh

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Trainer Sign: *[Signature]*
18/07/23 11:30 AM

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