

CPR TRAINING TO STAFF

TRAINER : DR. Rajeer Narula

Attended By : Nkeeraj Narula
Pooja Sahni (Receptionist)
Naman Kumar (Pharmacist)
Chinamma Bijla (Therapist)
Meeraj Kumari (Therapist)
Arun Kumar (Therapist)
Karan Pratap (Asst. Manager)
Vikki (Housekeeping).

Today, on 13/10/21, a training session was organised for staff on CPR to clear the doubts & issues if they are facing any trouble. Training includes to focus, which staff should know during emergency.

- This denotes a level case which patients will receive in an emergency

→ Initial Assessment:

- Staff has to use code BLUE to start coordination. Along with information to ambulance & higher centre for transfer of patients

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* 7 CPR steps everyone should know

- 1) Position of your hand
- 2) Inter lock fingers
- 3) Give chest compressions
- 4) Open the airway
- 5) Give rescue breaths
- 6) Watch chest fall
- 7) Repeat chest compression & rescue breaths

→ After arrival of doctor - team will follow the instruction as per given by doctor.

* Chest compression :

Adult - 2 inches ↓

Child - 2 inches ↓

Infant - 1.5 inches ↓

Perform 30 chest compression at a rate of 100/min

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Question Paper

- Q1. Full form of CPR.
- Q2. What is the rate of chest compressions per minute for any age?
- Q3. Where should the hands be placed on the chest for adult CPR?
- Q4. What is the depth of compression on an adult?
- Q5. Which code should be announced before giving CPR?
- Q6. What is the depth of compression on the infant?
- Q7. Provide 2nd CPR step?
- Q8. Which pulse should be checked during CPR?

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Answers

Neeraj Narula (manager)

Ans1. Cardio Pulmonary Resuscitation

Ans2. 100 compressions /min

Ans3. 2 inches

Ans4. Should be placed at lower side of breast bone

Ans5. Blue code should be announced

Ans6. 1.5 inches

Ans7. Inter lock fingerings

Ans8. Carotid Pulse.


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Answer: Naman Kumar (Pharmacist)

Ans. 1. Cardio Pulmonary Resuscitation

Ans 2. 100 compressions per minute

Ans 3. 2 inch

Ans 4. Should be placed at lower side of breast bone

Ans 5. Blue code should be announced before giving CPR.

Ans 6. 1.5 inch

Ans 7. Interlock finger

Ans 8. Carotid Pulse


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ANSWERS

(ARUN KUMAR - THERAPIST)

Ans.1) Cardio-Pulmonary Resuscitation

Ans.2) 100 Compression per minutes.

Ans.3) Should be placed at lower side of breast bone.

Ans.4) 2 inch.

Ans.5) Blue code should be announced before giving CPR.

Ans.6) 1.5 inch.

Ans.7) Interlock fingering.

Ans.8) Carotid Pulse.


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ANSWERS

(KARAN PRATAP)

Ans.1) Cardio-Pulmonary Resuscitation

Ans.2) 100 Compression per-minute.

Ans.3) Should be placed at lower side of breast bone.

Ans.4) 2 inch.

Ans.5) Blue code should be announced before giving CPR.

Ans.6) 1.5 inch.

Ans.7) Interlock fingering.

Ans.8) Carotid Pulse.


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ANSWERS

(Mery-Kumari = Therapist)

Ans-1) - Cardio-Pulmonary Resuscitation

Ans-2) - 100 Compression per minutes

Ans-3) - Should be placed at lower side of breast bone.

Ans-4) - 2 inch.

Ans-5) Blue code should be announced before giving CPR.

Ans-6) 1.5 inch.

Ans-7) Interlock fingering

Ans-8) Carotid Pulse.


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Answer: Chinmay Bijo (Therapist)

Ans 1. Cardio Pulmonary Resuscitation.

Ans 2. 100 Compressions per minute

Ans 3. 2 inches

Ans 4. It should be placed at lower side of breast bone -

Ans 5. Code blue should be announced before giving CPR

Ans 6. 1.5 inches

Ans 7. Interlock fingering

Ans 8. Carotid pulse



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Answer: Pooja Sahni (Receptionist)

- Ans. 1. Cardio Pulmonary Resuscitation
- Ans. 2. 100 compressions per minute
- Ans. 3. 2 inches
- Ans. 4. Should be placed at lower side of breast bone
- Ans. 5. Blue code should be announced before giving CPR.
- Ans. 6. 1.5 inches
- Ans. 7. Interlock fingering
- Ans. 8. Carotid Pulse


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ANSWERS

VIKKI (MOUSE KEEPING)

ANS. 1) CARDIO. PULMONARY RESUSCITATION

ANS. 2) 100 COMPRESSION — min.

ANS. 3) हाथ को ब्रेस्ट बोन की निचली हड्डी में रखना चाहिए /

ANS. 4) 2 इंच

ANS. 5) कौडल (नीला नीला)

ANS. 6) 1.5 इंच

ANS. 7) इंटरलोक इंजालिथ

ANS. 8) कोरोनरी पल्स


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