

JEENA SIKHO LIFECARE PVT. LTD

Shop. No. 2, Basement Shushma Complex, Near Neelam Flyover, Sector 20-B, Ajronda Chowk, Faridabad, Haryana - 121001

CGHS EMPANELLED PANCHKARMA CENTER

(9313666680

Date- 31/12/2021

Topic- Fire

RACE

R= Rescue anyone in immediate danger from the fire, if it does not endanger your life.

A= Alarm: used alarm, wide red

C= Confine the fire by closing all doors and windows.

E= Extinguish the fire with a fire extinguisher, or Evacuate the area if the fire is too large for fire extinguisher.

Trainer- Dr. Raghvendra Sharma

Attended by- Vijendra

Manmohan, mamta

Varsha, Aakash

Aarti



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Training for fire

Date-31/12/21

Staff Name-

Dr. Raghvendra Sharma

Pharmacist (Manager)- Vijendra

Therapist- Mamta and Manmohan

Attender- Versa and Akash

Receptionist- Aarti Lasel

House Keeping-Sanjay

PASS

Pull-Pull the pin (or other motion) to unlock the existing wisher

Aim- Aim at the base (bottom of the fire and stand 6- 10 feet away)

Squeeze- Squeeze the lever to discharge the agent

Sweep- Sweep the spray to left to right until the flames are totally extinguished.

Regn. No. 53979



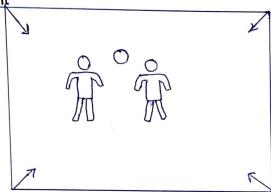
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Fire Assembly Point



Feedback:

1. Rate the level of training information useful to you Good

2. Rate the training method of explanation Appropriate

3. Rate the importance of training Good

Trainer Sign:

Attended by- Aarti Barti

Manmohan

Sanjay, Akash

Mamta, Varsha