



APRASU AYURVEDA

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SERVICE NAME :	SOP OF DEHYDRATION DUE TO ATIYOGA VAMANA AND VIRECHANA
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SOP OF DEHYDRATION DUE TO ATIYOGA OF VAMANA, VIRECHAN KARMA

1. Purpose

The standard operating procedure emergency care cure (SOP) has been written to:

- Identify the procedure emergency care cure for this triage and assessment of patients arriving in the emergency care is clear and precise and for the overall management of all patients through the department.
- Improve the follow of patients from initial reception through to discharge or admission to ward.
- To ensure that all patients receive the care and treatment with emergency care in the appropriate time.
- ▪ To enable the staff to work as a multi-discipline emergency care team enabling care and treatment to all the patient however busy the department gets.

VAMANA KARMA

Mild symptoms of Vamana karma.

Following complication arise out of inadequate administration of therapy.

1. Distension of abdomen
2. Sawing type of pain
3. Salivation
4. Palpitation
5. Rigidity
6. Blood vomiting
7. Displacement of viscera of the body
8. Stiffness
9. Exhaustion

Treatment /Management of Mild symptoms of Vamana karma

If you are prescribed vamana therapy by doctor it means that they are planning to induce kshaya and yastimadhu phant. So as to introduce vomitings if that also fails, then the patient is made to follow sansarjan karm and again within few days a quick vaman therapy is planned.

Moderate symptoms of Vamana karma.

1. Non commencements of bouts.
2. Bouts coming on with hindrance
3. Elimination of medicine only
4. Excess of expectoration
5. Itching
6. Appearance of skin rashes

Treatment/ Management of Moderate symptoms of Vamana karma

While the therapy is going on if inadequate or moderate symptoms are observed, than patient can be given with repeated dose of madanphala

Atiyog / Severe symptoms of Vamana karma.

1. Over Emesis may cause the disease of head & neck due to vitiation of vata and disturbance of speech.
2. Appearance of foam in the vomit
3. Appearance of blood streaks in vomit

Treatment / Management of Severe symptoms of Vamana karma

1. In condition of hematemesis- Talam (keeping medicine on vertex) with cold pack.
2. Patient is advised to drink cold milks.
3. Cold water should be sprinkled over the upper half of the patient body and hot water to lower half of the body.
4. Kamdugdha ras with mouktika (under doctor supervision)
5. Sutashekhar ras should be advised along with honey, controlled vomiting
6. All medicines and treatments should be given under doctor supervision.
7. If any unconsciousness and uncontrolled situation than we will call the ambulance & refer the patient to kanta sethi hospital tied up with us for I.V fluids and emergency condition survival.

VIRECHAN KARMA

Mild / Moderate symptoms of Virechan karma.

1. Person starts to spit frequently
2. Chest discomfort
3. Lack of clarity
4. Nausea
5. Feeling of increase overflowing of kapha & pitta.
6. Bloating, feeling of distension
7. Anorexia, lack of taste
8. Vomiting, weakness, lack of lightness
9. Itching, discomfort in the region of heart and abdomen
10. Expulsion of doshas coming out of the mouth
11. Burning sensation, skin eruption, blocking of flatus and constipation.

Treatment / Management of Mild/ Moderate Symptoms of Virechan karma

If, on the day of consuming the purgative drugs, the patient responds poorly, he should be allowed to take his food on that day and the purgative drugs administered again on the next day.

Medicines-

1. Tulsi, amla, pudina, neem leaves and coriander seeds also helps in curing dehydration as they have cooling effect on the body.
2. Madhur aushadhi yukt Kashaya.
3. Shadangpaniye
4. Saunf ajwain ark
5. Chandan asav
6. All medicines & treatment should be given under doctor supervision.

Atiyog / Severe symptoms of Virechan karma.

1. Excretion of feces
2. Excretion of large amount of liquid through anus.
3. Resembling a mix of water with blood
4. Excretion of black coloured blood without presence of kapha & pitta.
5. The patient will be afflicted with thirst and he may faint due to vitiated vata
6. Sunken eyes
7. Resembling a piece of fat
8. Prolapse of rectum
9. Thirst, giddiness

Treatment /Management of severe symptoms of virechan karma

1. After the therapy hands, feets and face of the patient should be washed with warm water.
2. Shift the patient into a room in which he is not exposed to wind and should lie down these- Draksha asav, daddima avleha, kutajghan vati.
3. All the medicines & treatments should be given under doctor supervision.
4. If patient bp falls with unconsciousness & any other serious problem than call immediately ambulance and refer the patient to kanta sethi hospital tied up with us for IV Fluids and emergency conditions survival.