



100 वर्षों तक स्वस्थ,  
सुखी व सम्पन्न जीने के लिए



# JEENA SIKHO LIFECARE LIMITED

REGD OFFICE: ZIRAKPUR, SCO 11, Kalgidhar Enclave, Baltana, 98283-91602, 98764-03632

KOTA: 1-C-3, SFS, Sheela Choudhary Road, Talwandi, Kota, Rajasthan, 95836-95830

Email ID.: Shuddhihospitalkota@jeenasikho.co.in

Ref. No. ....

Dated .....

**NC 03/COP 9M:** Quality Assurance programme for Surveillance of Panchakarma is not Evidenced. Eg: cleaning protocols in the PK theater, and it's monitoring






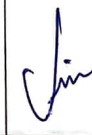

- We are very careful about patient's hygiene and do not compromise anywhere. The patient is most at risk of infection in the therapy room, so we take special care of that in terms of hand hygiene, table cleaning, room cleaning and sterilization of everything. We are taking following precaution in therapy room cleaning
- To disinfect the therapy table, we clean the table every time after every therapy with lukewarm water and desired disinfectant which is not harmful.
  - If still some stains appear on the table, then we use good quality talcum powder to clean it thoroughly.
  - We follow religiously the same procedure for Panchakarma Steamer & Stool to make it infection free.

Giving top priority to patient's health, we take every precaution to avoid any kind of infection and follow all the rules laid down by NABH. I am attaching below the Panchakarma Therapy Room Cleaning Checklist for your reference

*[Handwritten Signature]*  
**JEENA SIKHO LIFECARE LTD.**  
1-C-3, SFS, Sheela Choudhary Road  
Talwandi, Kota Rajasthan-324005

## CHECKLIST FOR PANCHKARMA THERAPY ROOM

Room No.: 01

DATE FROM	28/11/2023				DATE TO	5/12/2022			
DAYS	TIME	PANCHKARMA TABLE	PANCHKARMA STEAMER	PANCHKARMA STOOL	TABLE	SHIRODHARA PORT	SHIRODHARA STAND	CLEANED BY	SIGNATURE
MONDAY	8:30 AM	✓	✓	✓	✓	✓	✓	VISHAN SINGH	
	10:00AM	✓	✓	✓	✓	NA	NA		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	NA	NA		
TUESDAY	8:30 AM	✓	✓	✓	✓	NA	NA	VISHAN SINGH	
	10:00 AM	✓	✓	✓	✓	✓	✓		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	✓	✓		
WEDNESDAY	8:30 AM	✓	✓	✓	✓	NA	NA	VISHAN SINGH	
	10:00 AM	✓	✓	✓	✓	✓	✓		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	NA	NA		
THURSDAY	8:30 AM	✓	✓	✓	✓	✓	✓	VISHAN SINGH	
	10:00 AM	✓	✓	✓	✓	✓	✓		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	✓	✓		
FRIDAY	8:30 AM	✓	✓	✓	✓	NA	NA	VISHAN SINGH	
	10:00 AM	✓	✓	✓	✓	✓	✓		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	NA	NA		
SATURDAY	8:30 AM	✓	✓	✓	✓	NA	NA	VISHAN SINGH	
	10:00 AM	✓	✓	✓	✓	✓	✓		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	✓	✓		
SUNDAY	8:30 AM	✓	✓	✓	✓	✓	✓	VISHAN SINGH	
	10:00 AM	✓	✓	✓	✓	NA	NA		
	1:30 PM	✓	✓	✓	✓	✓	✓		
	4:00 PM	✓	✓	✓	✓	✓	✓		

Jeena Sikho Lifecare Ltd.  
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Talwandi, Kota Rajasthan-324005