

Dr. Sunetri's Ayurveda

(A Superspeciality Ayurveda And Panchkarma Clinic)

Dr. Sunetri Singh

B.A.M.S, M. D. (Ayurveda)

PG Dip. Yogic Science

PG Dip. Mass. Comm.

Sr. Ayurveda Consultant & Panchkarma Expert

Dr. Parikshit Singh Chauhan

B.A.M.S. (UK)

Certificate in Ksharsutra (Jamnagar)

Parayani Nadi Vaidya & Sr. Ayurveda Consultant

UHID NO : DSA185

OPD No - 433

Name : C.T. Sandeep Mohan

Age : 59 Years

Sex : Male

W/o, D/o, S/o : Dr. S.K. Mallhotra

Date : 15/12/2022

Time : 12 pm

Chief Complaint : Pain in neck, Pain & Stiffness in shoulders

History : Constipation

Family : Mother + 2 children

Menstrual History :

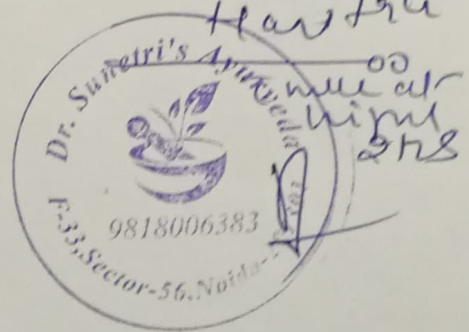
	Lipid	LFT
B.P. : 131/89	Ch - 146	Pr. B - 0.19
Weight : 77 kg	Tgl - 164	D - 0.64
Height : 5'7"	HDL - 42	E - 0.45
P/R : 85/M	LDL - 22	GT - 32
SPO ₂ : 97%	LDL - 3	PT - 0.97
C.V.S. : 2	HDL - 3.5	ALP - 3
C.N.S. : 2	LDL - 173	
	Ch - 104	
	Chol - 216	
	CPIC (8/2/22)	

Bempel - 100 capsules
- 10 capsules

Phol - Loose stool (any ke)

Sur - can you do it
or
for needs understanding

Tab. Shadharan
B7K
1 tab 12 B
(warm water)
Syp. gandrana koshadi
15 + 30 ml
100 ml water
Tab. Ekayven
main 100 ml
Tab. Eranda Bhita
Havali



Functional Evaluation:

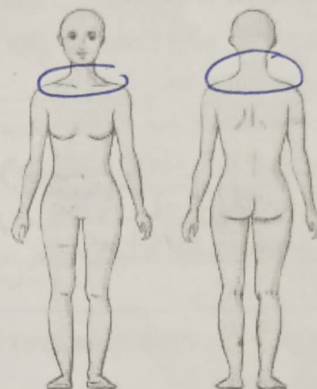
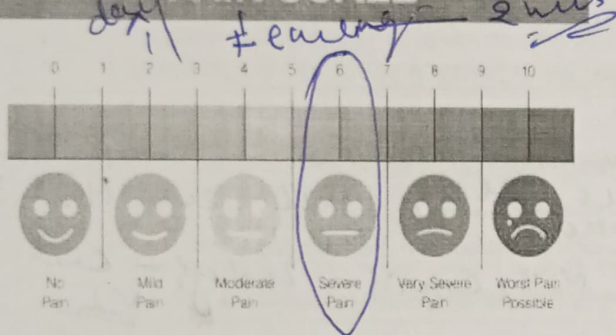
Balance disorders

Sitting	Normal
	Good ✓
	Poor
	Not possible
Standing	Normal
	Good ✓
	Poor
	Not possible

Coordination

UPPER LIMBS	Good ✓		Poor		Not possible	
	L	R	L	R	L	R
LOWER LIMBS	Good ✓		Poor		Not possible	
	L	R	L	R	L	R
Comments:						

PAIN SCALE



PANCHKARMA TREATMENT PLAN

POORVA KARMA

Days Medicine/ Treatment	
Risk, Benefits	
Next follow up advice	
Next follow up date	

PRADHAN KARMA

Days Medicine/Treatment	
Risk, Benefits	
Next follow up advice	
Next follow up date	

PASCHAT KARMA

Days Medicine/Treatment	
Risk, Benefits	

Next Follow Plan

Next Follow Date

DSA 185. OPD-469.

25 | 12 | 22

Tab. Shaddhanan

0 1 2 3 4 5 6 7 8 9

0 1 ms ВВ
с делением

Nov. Elefanten Rev 1973

Tab. Ereignisstruktur zu IV

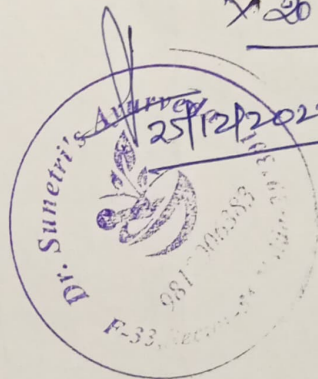
உதாரணம்

~~212 cm~~

Tab. ^{210 on} names in the natural

mill

x 20 days



Date → 25/12/2022 Capt. Sandeep Malhotra (59yrs/M)

Functional Evaluation:

Balance disorders

UHD → DSA-185

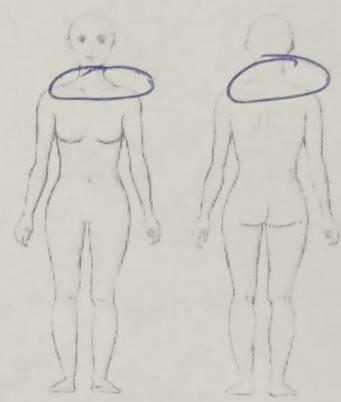
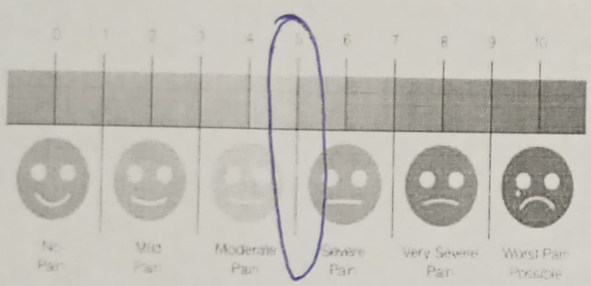
Coordination

OPD → 0469

Sitting	Normal
	Good ✓
	Poor
	Not possible
Standing	Normal
	Good ✓
	Poor
	Not possible

UPPER LIMBS	Good ✓		Poor		Not possible	
	L	R	L	R	L	R
LOWER LIMBS	Good ✓		Poor		Not possible	
	L	R	L	R	L	R
Comments:						

PAIN SCALE



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Days Medicine/Treatment	
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Days Medicine/Treatment	
Risk, Benefits	

Next Follow Plan

Next Follow Date