



PARAMANANDAYURVEDA PANCHKARMA HOSPITAL

Plot no-2, A-block Gopal Nagar, Near Prem Nursery Bus Stand

Main Dhansa Road, Najafgarh, New Delhi -110043

G- general duty , LM- last month of
M- morning MG- morning general
E- evening EG- evening general
O- off N- Night

DUTY ROSTER

Month: November, 2022

S.NO.	NAME	DESIGNATION	DUTY TIME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
1.)	Dr. Shubambhaskar	Doctor	8am-6pm	MG	MG	O	MG	MG	MG	MG	MG	MG	O	MG	MG	MG	MG	MG
2.)	Mr. Sudhansu Senoal	Pharmacist	8am-6pm	M	M	M	E	E	N	O	E	E	M	M	M	N	O	E
3.)	Mr. Ankit Samra	Pharmacist	8am-6pm	O	E	E	M	M	MG	G	O	M	E	E	E	MG	E	O
4.)	Mr. Lal Mohan	Therapist	8am-6pm	G	G	G	G	O	G	G	G	G	G	G	O	G	G	G
5.)	Ms. Meena	Therapist	8am-6pm	G	G	G	O	G	G	G	G	G	G	O	G	G	G	G
6.)	Mrs. Ranjana	Therapist	8am-6pm	O	G	G	G	G	G	O	G	G	G	G	G	G	O	G
7.)	Mr. Ajit Singh	Therapist	8am-6pm	G	G	O	G	G	G	G	G	G	O	G	G	G	G	G
8.)	Mr. Santosh	Housekeeper	8am-6pm	O	M	M	M	E	E	N	O	E	E	M	M	M	N	O
9.)	Mr. Nitin	Attendant	8am-6pm	EG	EG	O	EG	EG	EG	EG	EG	EG	O	EG	EG	EG	EG	EG
10.)	Mrs. Atiya	Attendant	8am-6pm	MG	MG	MG	MG	O	MG	MG	MG	MG	MG	O	MG	MG	MG	MG



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Month : November, 2022

S.NO.	NAME	DESIGNATION	DUTY TIME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
11.)	Ms. Gulfshe	Receptionist	6 ^{am} 2 ^{hr}	E	E	N	O	G	E	M	E	N	O	G	M	E	E	G
12.)	Mr. Shubham	Receptionist	2 ^{hr} 6 ^{pm}	O	G	M	E	N	O	E	G	M	E	N	O	N	N	E
13.)	Ms. Varsha	Receptionist	6 ^{pm} 8 ^{am}	M	M	E	G	O	G	N	O	E	G	E	G	M	G	M
14.)	Mr. Amit	Cook	6 ^{am} 4 ^{hr}	M	G	M	G	O	E	G	E	G	E	G	M	G	E	O
15.)	Ms. Kajal	Staff Nurse	6 ^{am} 2 ^{hr}	M	M	E	G	M	O	N	E	M	M	M	G	N	N	O
16.)	Mr. Sandeep	Staff Nurse	2 ^{hr} 6 ^{pm}	E	E	N	E	N	E	O	G	N	N	N	O	M	G	M
17.)	Ms. Tyoti Singh	Staff Nurse	8 ^{am} 6 ^{am}	N	O	M	N	G	G	G	M	E	E	E	E	E	M	G
18.)	Mr. Ajit	House-keeper	2 ^{hr} 8 ^{pm}	M	N	E	M	O	N	E	E	N	O	E	E	N	O	E
19.)	Dr. Lalit	Doctor	6 ^{pm} 8 ^{am}	E	E	E	E	O	G	E	E	N	M	O	E	E	E	N
20.)	Mr. Ankit	Cook	8 ^{pm} 6 ^{am}	E	G	E	G	G	M	G	M	G	O	E	E	M	G	G

S.NO.	NAME	DESIGNATION	DUTY TIME	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
16.)	Ms. Gulscha	Receptionist	8 ⁰⁰ to 8 ³⁰	N	O	E	M	G	E	G	M	E	M	N	M	G	E	M	
18.)	Mr. Shubham	Receptionist	8 ³⁰ to 9 ⁰⁰	E	G	G	E	E	M	O	LMD	M	G	E	E	E	M	G	
13.)	Ms. Varsha	Receptionist	8 ³⁰ to 9 ⁰⁰	M	K	O	G	M	N	O	G	N	E	M	N	LMD	G	N	
14.)	Mr. Amit	Cook	8 ³⁰ to 9 ⁰⁰	G	MG	MG	MG	MG	EG	EG	EG	EG	O	MG	MG	MG	MG	MG	
15.)	Ms. Kajal	Staff Nurse	6 ⁰⁰ to 8 ³⁰	M	E	M	MG	N	N	O	M	M	M	N	N	O	M	M	
16.)	Mr. Dandup	Staff Nurse	8 ³⁰ to 9 ⁰⁰	N	N	N	O	M	M	EG	E	E	O	M	M	MG	N	N	
17.)	Ms. Jyoti Singh	Staff Nurse	8 ³⁰ to 9 ⁰⁰	E	O	GE	EG	E	E	EM	N	N	EG	E	E	EG	E	O	
18.)	Mr. Ajit	House-keeper	8 ³⁰ to 9 ⁰⁰	M	E	G	E	M	N	O	M	M	N	O	M	M	E	M	
19.)	Dr. Lalit	Doctor	8 ³⁰ to 9 ⁰⁰	O	E	E	E	N	O	E	E	E	G	G	E	E	O	N	
20.)	Ms. Ankit	Cook	8 ³⁰ to 9 ⁰⁰	O	EG	EG	EG	EG	MG	MG	MG	MG	G	EG	EG	EG	EG	O	

Dr. Jyoti Singh
 Paramanand Ayurveda Hospital
 Plot No. 2, Main Dhasa Road & B Block
 Godan Nagar, Najafgarh New Delhi-110035

Month : November 2022

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S.NO.	NAME	DESIGNATION	DUTY TIME	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
210)	Dr. Kavita	Doctor	6 ¹⁵ to 8 ³⁰	G	D	N	N	N	E	E	E	N	O	E	E	E	N	O	
220)	Dr. Suman Bhainsara	Doctor	10 ⁰⁰ to 4 ³⁰	G	G	G	G	G	G	G	G	G	G	G	G	G	G	G	
250)	Mrs. Rekha	House-keeper	8 ⁰⁰ to 6 ¹⁵	N	G	O	N	E	E	E	N	O	E	M	N	E	M	G	

[Signature]

Paramanand Anuvada Panchkama Hospital
 Plot No. 2, Main Dharasa Road A Block
 Gopal Nagar, Najafgarh, New Delhi-110045