OREGANO LIFE PVT LTD.

www.oreganolife.com oreganolifeprivatelimited@gmail.com
11, Krishna Kunj, Main Market, Near Lovely Public School,
Laxmi Nagar, Delhi - 110092
+91-99834-08618 / +91-94140-93327
GST NO :- 07AADCO2760R1ZX / CIN NO :- U74999DL2020PTC370758

NC02/AAC 7b: Investigation results were not found neither in sampled case sheets nor on prescription

- In the shared file we have rectified the deficiency and followed as per your guidance as it contains the test results mentioned in the attached sample case sheet

22-12-2022
OREGANO LIFE PVT. LTD.
11, Krishna Kunj,
Main Market, Laxmi Nagar,
East Delhi-110092

OREGANO LIFE PVT. LTD

Healing with Ayurveda Panchkarma

11, Krishna Kunj,Main Market, Laxmi Nagar, Delhi – 110092

93136-66680

Dr. Himanshu Verma

BAMS, D.A.K, D.P.C (Ayurvedacharya)

UHID No.: OL0563

Age: 69 Sex: M

Date: 8/8/23

Time: 11:30 AM

ORTHOCARE
- Joint Pain
- Cervical Pain
- Back Pain
- RA, OA
- Ankylosing Spondylitis

PANCHKARMA
- Detoxification
- Rejuvenation
- Shirodhara, Shiro Basti Shiro Pichu
- Kati Basti, Prishta Basti Janu Basti
- Akshi Tarpana
- Nasya
- Basti
- Abhyanga
- Swedanam
- Virechan
- Vaman

GASTOCARE
- Acidity
- Constipation
- Liver Treatment
- Gastritis
- I.B.S, Ulcers

FACILITY
- In Patient Department (I.P.D)
- Day Care Facility
- Out Patient Department (O.P.D)

Name: Mr. Naresh Chand

W/o, D/o, S/o: Raghubir Singh

Chief Complaint: Pain in joints, Pain in legs, Weakness, difficulty in walking.

History: ↑ Continued from last 2 years

Menstrual History: N/A

Diagnosis: Hypertension, CKD

Creatinine - 4.80 mg/dl

- urea - 129 mg/dl.

Phosphorus - 3.80 mg/dl.

C/o Pain in joints, Pain in legs, weakness, difficulty in walking.

⇒ CKD, Hypertension

अष्टविध परीक्षा

स्पर्श (N)

शब्द (N)

Face (आकृति) (N)

Eye (दृष्टि) (N)

Jiwha (जिव्हा) (N)

Urine (मूत्र) (N)

Stool (मल) (N)

Nadi (नाड़ी) Vata pitta

Rx

- Syp eKD 1 x B.D
- Cap. Nephron 1 x B.D
- Syp. kidney care 1 x B.D
- Tab. mutral vati 1 x B.D

(Dash Vidha)

1. Prakruti Vata pittaj
2. Vikruti Pittaj
3. Sara Madhyam
4. Samhana Madhyam
5. Pramana Madhyam
6. Satmya Madhyam
7. Satva Madhyam
8. Aahar Shakti Madhyam
9. Vaya Vridh
10. Vyayam Shakti Madhyam

Advice: KFT. Reports attached

Vitals:

B.P.: 128/80 mm Hg

Weight: 75 kg

Height: 5'9 ft

OREGANO LIFE PVT. LTD.
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Main Market, Laxmi Nagar,
East Delhi-110092

NEXT CONSULTATION DATE:.....

Doctor Signature & Stamp .....

Oregano Life Pvt. Ltd.

11, Krishna Kunj, Main Market, Laxmi Nagar, Delhi-110092

INITIAL ASSESSMENT FORM

DATE: 8-Aug-22 UHID No: 010563 OPD No.: OL/OP/563

PATIENT NAME: Naresh Chand S/W/D Name: Raghubir Singh PHONE No: 9811388195

PATIENT HISTORY:

ADDRESS (Province-District): F-209 Mangal Bazar, Laxmi Nagar, Saharpur Delhi - 92

PATIENT AGE: 69/M		F	M	Diagnosis:
1.	Civil Status	Single	Married	Number of children: - 2
2.	History of the trauma/illness	Date:		Circumstances/Etiology:
	Associated diseases:			
3.	Medical History/Treatment	Hospital:		Care: Day. Care
	Evolution since the beginning	Improved	Worse	Remarks:
	Medication: Tab. Dytor 10mg 1-0-0 Tab Glynase 1-0-0			X-ray/Other ex:

		VATA		PITTA		KAPHA
MENTAL PROFILE						
Mental activity	✓	Quick mind restless		Sharp intellect aggressive		Claim stead stable
Memory		Short-term best		Good general memory		Long –term best
Thoughts		Constantly charging		Fairly steady		Steady stable fixed
Concentration		Short-learn focus best		Better than average mental concentration		Good ability for long term focus
Ability to learn		Quick grasp of learning	✓	Medium to moderate grasp		Slow to learn
Dreams	✓	Fearful flying running jumping		Angry , fiery ,violent adventurous		Includes water clouds relationship , romance
Sleep		Interrupted light		Sound ,medium	✓	Sound ,heavy long
Speech		Fast sometimes missing words		Fast sharp clear cut	✓	Sound ,clear ,sweet
Voice		High pitch	✓	Medium pitch		Low pitch
Mental profile						
Eating speed	✓	Quick		Medium		Show
Hunger level		irregular	✓	Sharp need food when hungry		Can easily miss meals
Food and drink	✓	Prefers warm		Prefers cold	✓	Prefers dry and warm
Achieving goal		Easily distracted		Focused of driven		Slow and steady
Giving/donation		Gives small amounts	✓	Gives nothing or large amount infrequently	✓	Gives regularly and generously
Relationships	✓	Many casual		Intense		Long and deep
Sex,drive		Variable or law		Moderate		Strong
Works best		White supervised		Alone	✓	In groups
Weather preference		Aversion to cold		Aversion to heat		Aversion to damps cool
Reaction to stress		Excites quickly		Medium		Slow to get excited
Finances		Doesn't save spends quickly		(Save but big heat)		Save regularly accumulates wealth
Friendship		Tends towards short term friendship makes friends		Tends to be a longer friends related to occupation		Tends to form long lasting

Remarks:

Date 8-Aug-22

Diet (As Per Patient Already Taking)

Breakfast	Lunch	Dinner	Night
8/8/22 Tea.	Roti + Sabji	Dal + Rice	Milk.
2 Slice Bread	Roti + Sabji	Rajma + Rice	Milk

PANCHKARMA TREATMENT PLAN	
POORVA KARMA	
Days Medicine	Rx — Syrup Nephro B D B·D - Cap Nephro X B·D - Syrup Kidney Care x D·D — Tab mutral Vati x D·D
Risk, Benefits	
Next follow up advice	
Next follow up date	
PRADHA KARMA	
Days Medicine	
Risk, Benefits	
Next follow up advice	
Next follow up date	
PASCHAT KARMA	
Days Medicine	
Risk, Benefits	

Pain Score

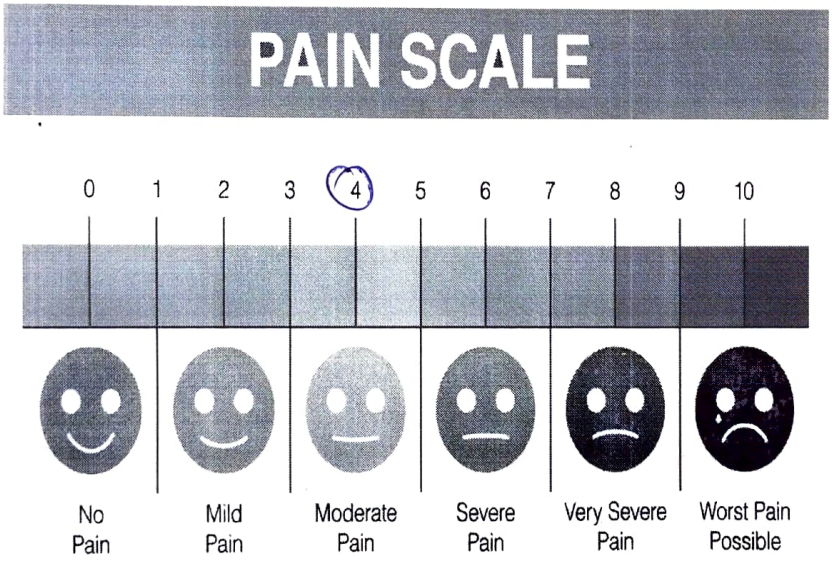
Functional Evaluation:

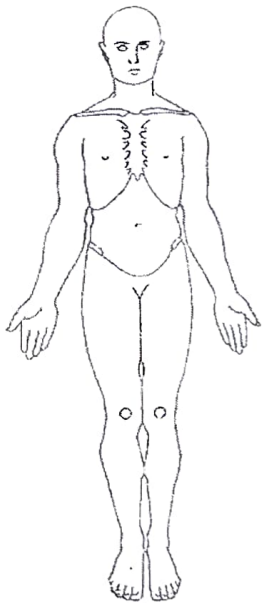
Balance disorders

Sitting	Normal
	Good
	Poor
	Not possible
Standing	Normal
	Good
	Poor
	Not possible

Coordination

UPPER LIMBS	Good		Poor		Not possible	
	L	**R**	**L**	**R**	**L**	**R**
LOWER LIMBS	Good		Poor		Not possible	
	L	**R**	**L**	**R**	**L**	**R**
Comments:						





Next Follow Plan 8/8/22

Next Follow Date

eral Examination Assesement

ASTA VIDHA PARIKSHA

S No	Asta Vidha Pariksha	Date	Next Review Date	Next Review Date	Sign	Remark
1.	स्पर्श (N)	8/8/22				
2.	शब्द (N)	"				
3.	Face (Akruti) (N)	"				
4.	Eye (Dirka) (N)	"				
5.	Jiwha (N)	"				
6.	Urine (N)	"				
7.	Kastho (Stool) (N)	"				
8.	**Nadi** (वात, पत्त,कफ) Vataj	"				

DASH VIDHA PARIKSHA

S No	Pariksha	Date	Next Review Date	Next Review Date	Sign	Remark
1.	Prakruti Vataj	8/8/22				
2.	Vikruti Vataj	"				
3.	Sara Madhyam	"				
4.	Samhana (M)	"				
5.	Pramana (M)	"				
6.	Satmyaō (M)	"				
7.	Satva (M)	"				
8.	Aahar Shakti (M)	"				
9.	Vaya Vridha	"				
10	Vyayani Shakti (M)	"				

Oregano Life Pvt. Ltd.

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NUTRITIONAL ASSESSMENT FORM

I. Identifying Information

Full Name: Naresh Chand *Date :* 8/8/22

UHID No : 040563 *Age:* 69 *Sex :* M.

Ethnicity: ☑ Hindu ☐ Muslim ☐ Christian ☐ Sikh ☐ Jain ☐ Tribe ☐ Other: -

Referring Clinician: _____

Reason(s) for visit: _____

II. Medical History (please give full details)

- **Diabetes** YES/NO ✓ **HBA1c.....since.....Medication**
- **HTN** YES/NO ✓ **Last recorded value .....since.....medication**
- **CAD** YES/NO ✓ **STENT/BYPASS/MEDICINE SINCE...MEDICATION**
- **THYROID** YES/NO ✓ **REPORTS.....SINCE.....MEDICATION**
- **MENTRUAL HISTORY** **MENSTRUALCYCLE.....MEDICATION**

Are you allergic to any food or drink? Yes or No

If yes, please specify: - No

Do you get a rash or edema from your allergy? Yes or No

Do you take any vitamins, minerals and/or food supplements? Yes or No

If yes, which ones No

Have you had any major injuries, hospitalizations, or operations? Yes or No

If yes, what No

Do you have any chronic illnesses? Yes or No

If yes, please explain No

(Examples: Shortness of breath, Heartburn, Constipation, Excessive thirst, Headaches, Pain, bleeding etc)

Do you take any medications on a regular basis? Yes or No

If yes, what medication and what dosage No

Breakfast - चाय, पोहा
Lunch - रोटी, सब्जी
Dinner - चावल, दाल

ase explain about

- Appetite : Good
- Food habits : Normal
- Daily working hours: -
- Exercise : ½ hour
- Job profile : -
- Height : 5'4 ft
- Weight : 68 kg

Have you ever been diagnosed or do you suffer from anxiety? Yes or No

If yes, please explain No

Have you ever been diagnosed or do you suffer from depression? Yes or No

If yes, please explain No

Have you ever been diagnosed or do you suffer from an eating disorder, such as, anorexia, bulimia, or binge eating? Yes or No

If yes, please explain No

पथ्य - हल्का सादा व सुपाच्य भोजन
Ex — खिचड़ी, दलिया, पोहा, उपमा आदि

अपथ्य - राजमा, छोले, पनीर, चावल आदि

विहार - ज्यादा वाहर न जाए, Exercise कम करें।

Doctor Signature
OREGANO LIFE PVT. LTD.
11, Krishna Kunj,
Main Market, Laxmi Nagar,
East Delhi-110092

Patient Signature
Manish Chand

Oregano Life Pvt. Ltd.

11, Krishna Kunj, Main Market, Laxmi Nagar, Delhi-110092

COVID-19 MANDATORY SELF DECLARATION FORM

Name: Naresh Chand **Age:** 69 **Gender:M/F** M

Date : 8/8/22 **Contact Number :** 9811388195

Address: F-209 Mangal Bazar Laxmi Nagar, Sakarpur, Delhi - 92

Due to the ongoing and rapidly changing situation with the novel-corona virus (COVID-19), we are requiring all visitors to the Oregano Life Pvt. Ltd. to fill-out the self-declaration form below.

Do you have any of the following flu-like symptoms ?

Fever	Yes	No ✓
Dry Cough	Yes	No
Sore Throat	Yes	No ✓
Diarrhoea	Yes	No ✓
Breathlessness	Yes	No ✓
Asthma	Yes	No ✓
Other : Please specify	Yes	No ✓

- . History of travel in the recent one month nationally and internationally?

  No

- Any contact history with a person who had returned from foreign country ? If yes, please specify.

  No

- Purpose of your visit : For consultation, Patient attendant / other reason?

  For Consultation

- Have you come in contact with the covid-19 positive patient in last one month?

  No

- Have you attend any gathering or visited any crowded market place in the last 14 days ? If you,please specify.

  No

- . Are you taking any precautionary measures for boosting your immunity prior to coming ? If you,please specify.

  No

- Kindly share your status of Aarogya Setu app? Red / Orange / Green.

  Green

I hereby assure that whatever information I have provided is correct and true to the best of my knowledge.

If I am an asymptomatic carrier or an undiagnosed patient with covid-19, I know it may endanger doctors and clinic staff. It is my responsibility to take appropriate precaution and to follow the protocols prescribed by them.

I also know that I may get an infection from the clinic or form a doctor and I will take every precaution to prevent this from happening but I will not at all hold Doctors and clinic staff accountable if such infection occurs to me or my accompanying persons.

Naresh Chand

Signature

Oregano Life Pvt. Ltd.

11, Krishna Kunj, Main Market, Laxmi Nagar, Delhi-110092

FEEDBACK FORM (प्रतिक्रिया फॉर्म)

UHID No: OL0563 OPD No: OL/OP/563 IPD No: ..... Date: 8/8/22

Patient Name (रोगी का नाम) Naresh Chand Age (उम्र) 69 Sex (लिंग) M

Name of W/O, D/O, S/O (पता/पति का नाम) Raghubir Singh

Address (पता) F-209, Mangal Bazar, Laxmi Nagar, Shakarpur, Delhi-92

Phone No (फोन नं.) 9811388195 Email (ईमेल) .....

Name of Doctor /डॉक्टर का नाम: Dr. Himanshu Verma

Dear Sir/Madam, प्रिय महोदय/ महोदया

We want know your opinion. We would appreciate if you would spare us a moment of your valuable time in providing us your feedback regarding various aspects of medical care and hospitality that were extended to your stay here with us.
हम आपकी राय जानना चाहते हैं हम आप की सराहना करेंगे अगर आप हमें अपने मूल्यवान समय का एकक्षण देंगे जो हमें आपकी चिकित्सा, देखभाल और आतिथ्य के विभिन्न पहलुओं के बारे में आप की प्रतिक्रिया प्रदान करने में मदद करता है।
जो हमारे यहाँ इलाज के दौरान अनुभव किया।

S. No	Services/ सेवाएं	Good / अच्छा Yes/ हाँ	Not good/ अच्छा नहीं No/नहीं
1.	Do you found, Time period spent on your assessment is sufficient or not? आपकी जांच के लिए डॉक्टर के द्वारा दिया गया समय पर्याप्त है या नहीं ?	Yes	
2.	Explained about diagnosis and treatment? निदान और उपचार के बारे में समझाया ?	Yes	
3.	How is work experience of staff? कर्मचारियों का कार्य अनुभव कैसा हैं ?	Good	
4.	During your problem did employee or staff respond you on time or not? जब आप अपनी समस्या बताते हैं, तो कर्मचारी ठीक से सुनते हैं ?	Yes	
5.	Did staff treat you with dignity and respect? क्या कर्मचारी आप से गरिमा और सम्मान के साथ व्यवहार करते हैं ?	Yes	
6.	How would you feel during treatment? ईलाज के दौरान आपने कैसा अनुभव किया ?	Good	
7.	Did you have confidence and trust in the staff? क्या आप कर्मचारी के कार्य क्षमता से संतुष्ट हैं ?	Yes	
8.	What one thing would you change about the department? इस विभाग में कोई एक भी ऐसी चीज जिस में आप सुधार चाहते हैं ?		No
Your comments / आपके सुझाव			Naresh Chand

Date: 8/8/22

Signature (Patient/Guardian)

OREGANO LIFE PVT. LTD.
11, Krishna Kunj,
Main Market, Laxmi Nagar,
East Delhi-110092

Signature (Clinic Authority)

OREGANO LIFE PVT. LTD.
11, Krishna Kunj,
Main Market, Laxmi Nagar,
East Delhi-110092

Signature (MD/MS)

S03 - LPL-PREET VIHAR
C-49, MAIN VIKAS MARG, PREET VIHAR, NEW DELHI-110092
DELHI

Name	: Mr. NARESH CHAND			**Collected**	: 12/9/2022 10:11:00AM
Lab No.	: 170745651	**Age:** 69 Years	**Gender:** Male	**Received**	: 12/9/2022 10:12:43AM
				Reported	: 12/9/2022 3:43:33PM
A/c Status	: P	**Ref By :** Dr. RAMESH KUMAR		**Report Status**	: Final

Test Name	Results	Units	Bio. Ref. Interval
KIDNEY PANEL; KFT,SERUM			
Urea (Urease GLDH)	**129.00**	mg/dL	17.00 - 49.00
Creatinine (Modified JaffeKinetic)	**4.80**	mg/dL	0.70 - 1.30
Result Rechecked, Please Correlate Clinically.			
Uric Acid (Uricase)	3.50	mg/dL	3.50 - 7.20
Calcium, Total (Arsenazo III)	**7.40**	mg/dL	8.80 - 10.20
Phosphorus (Phosphomolybdate UV)	**3.80**	mg/dL	2.30 - 3.70
Alkaline Phosphatase (ALP) (IFCC-AMP)	100.00	U/L	30.00 - 120.00
Total Protein (Biuret)	**4.50**	g/dL	5.70 - 8.20
Albumin (BCG)	**1.90**	g/dL	3.20 - 4.60
A : G Ratio (Calculated)	**0.73**		0.90 - 2.00
Sodium (Indirect ISE)	139.90	mEq/L	136.00 - 145.00
Potassium (Indirect ISE)	4.09	mEq/L	3.50 - 5.10
Chloride (Indirect ISE)	104.90	mEq/L	98.00 - 107.00

503 - LPL-PREET VIHAR
C-49, MAIN VIKAS MARG, PREET VIHAR, NEW DELHI-110092
DELHI

Name	: **Mr. NARESH CHAND**			**Collected**	: **12/9/2022 10:11:00AM**
				Received	: **12/9/2022 10:12:43AM**
Lab No.	: **170745651**	**Age: 69 Years**	**Gender: Male**	**Reported**	: **12/9/2022 3:43:33PM**
A/c Status	: **P**	**Ref By : Dr. RAMESH KUMAR**		**Report Status**	: **Final**

Test Name	Results	Units	Bio. Ref. Interval

ADVICE: CKD RISK MAP

KDIGO guideline, 2012 recommends Chronic Kidney disease (CKD) should be classified based on cause, GFR category and albuminuria (ACR) category. GFR & ACR category combined together reflect risk of progression and helps clinician to identify individuals who are progressing at more rapid rate than anticipated

Dr Gaurav Jyoti Phukan
DCP, Pathology
Chief of Laboratory
Dr Lal PathLabs Ltd

----------End of report ----------

IMPORTANT INSTRUCTIONS

•Test results released pertain to the specimen submitted.•All test results are dependent on the quality of the sample received by the Laboratory. •Laboratory investigations are only a tool to facilitate in arriving at a diagnosis and should be clinically correlated by the Referring Physician.•Sample repeats are accepted on request of Referring Physician within 7 days post reporting.•Report delivery may be delayed due to unforeseen circumstances. Inconvenience is regretted.•Certain tests may require further testing at additional cost for derivation of exact value. Kindly submit request within 72 hours post reporting.•Test results may show interlaboratory variations.•The Courts/Forum at Delhi shall have exclusive jurisdiction in all disputes/claims concerning the test(s) & or results of test(s).•Test results are not valid for medico legal purposes. •Contact customer care Tel No. +91-11-39885050 for all queries related to test results.
(#) Sample drawn from outside source.

Name	: Mr. NARESH CHAND	Age	: 69 Years
Lab No.	: 170200052	Gender	: Male
Ref By	: DGEHS DISPANCERY	Reported	: 23/11/2022 12:08:42PM
Collected	: 23/11/2022 9:04:00AM	Report Status	: Final
A/c Status	: R	Processed at	: LPL-PREET VIHAR Plot no. 33, Defence Enclave, Vikas Marg, Preet Vihar, New Delhi-110092
Collected at	: LPL-PREET VIHAR C-49 Main Vikas Marg, Preet Vihar, Delhi 110092		

Test Report

Test Name	Results	Units	Bio. Ref. Interval
KIDNEY PANEL; KFT,SERUM			
Urea (Urease GLDH)	**88.00**	mg/dL	17.00 - 49.00
Creatinine (Modified Jaffe,Kinetic)	**1.81**	mg/dL	0.70 - 1.30
Uric Acid (Uricase)	3.50	mg/dL	3.50 - 7.20
Calcium, Total (Arsenazo III)	**7.40**	mg/dL	8.80 - 10.20
Phosphorus (Phosphomolybdate UV)	3.10	mg/dL	2.30 - 3.70
Alkaline Phosphatase (ALP) (IFCC-AMP)	**124.00**	U/L	30.00 - 120.00
Total Protein (Biuret)	**4.50**	g/dL	5.70 - 8.20
Result Rechecked, Please Correlate Clinically.			
Albumin (BCG)	**1.80**	g/dL	3.20 - 4.60
Result Rechecked, Please Correlate Clinically.			
A : G Ratio (Calculated)	**0.67**		0.90 - 2.00
Sodium (Indirect ISE)	138.50	mEq/L	136.00 - 145.00
Potassium (Indirect ISE)	4.31	mEq/L	3.50 - 5.10
Chloride (Indirect ISE)	**107.10**	mEq/L	98.00 - 107.00

ADVICE: CKD RISK MAP

KDIGO guideline, 2012 recommends Chronic Kidney disease (CKD) should be classified based on cause, GFR category and albuminuria (ACR) category. GFR & ACR category combined together reflect risk of progression and helps clinician to identify individuals who are progressing at more rapid rate than anticipated

Name	: Mr. NARESH CHAND	Age	: 69 Years
Lab No.	: 170200076	Gender	: Male
Ref By	: Dr. RAMESH KUMAR	Reported	: 23/11/2022 3:01:57PM
Collected	: 23/11/2022 8:39:00AM	Report Status	: Final
A/c Status	: P	Processed at	: LPL-PREET VIHAR Plot no. 33, Defence Enclave, Vikas Marg, Preet Vihar, New Delhi-110092
Collected at	: LPL-PREET VIHAR C-49 Main Vikas Marg, Preet Vihar, Delhi 110092		

Test Report

Test Name	Results	Units	Bio. Ref. Interval
SODIUM, SERUM (Indirect ISE)	138.70	mEq/L	136.00 - 145.00
POTASSIUM, SERUM (Indirect ISE)	4.27	mEq/L	3.50 - 5.10