



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

JAIPUR, E-19, New light Colony, Gopal Pura Mod, Under Bhaskar Flyover
Contact No.: 95726-95726, Email ID: shuddhihospital.jaipur@jeenasikho.co.in

Ref. No.

Dated 15/9/22

NC 01 / AAC 5B: Outpatients are not properly informed about the conditions for follow-up and how to get it.

Remark in Cycle 01: the conditions could lead for immediate call/visit also be highlighted in the same advice for follow up

- If an emergency occurs, we have made changes as advised for better follow up action for immediate call or visit

Dr. Rahul Sharma
15/9/22
JEENA SIKHO LIFECARE LTD.
E-19, NEW LIGHT COLONY
UNDER BHASKAR FLYOVER
JAIPUR-302018 (RAJASTHAN)

Dr. Rahul Sharma
(BAMS) Ayurvedacharya

Dr. Neha
(BAMS) Ayurvedacharya

Dr. Himanshu
(BAMS) Ayurvedacharya

Dr. Alok
(BAMS) Ayurvedacharya

UHID No.: JS774 OPD.: 774 IPD.: —

ORTHOCARE

- Joint Pain
- Cervical Pain
- Back Pain
- RA, OA
- Ankylosing Spondylitis

PANCHKARMA

- Detoxification
- Rejuvenation
- Shirodhara, Shiro Basti
Shiro Pichu
- Kati Basti, Prisht Basti
Janu Basti
- Akshi Tarpana
- Nasya
- Basti
- Abhyanga
- Swedanam
- Virechan
- Vaman

GASTOCARE

- Acidity
- Constipation
- Liver Treatment
- Gastritis
- I.B.S., Ulcers

FACILITY

- In Patient Department (I.P.D)
- Day Care Facility
- Out Patient Department (O.P.D)

Name: Neelam Saini

W/o, D/o, S/o: Nasudev Saini

Chief Complaint

History N/S clo

Menstrual History - NA

Diagnosis:

अष्टविध

परीक्षा

स्पर्श - रूखा

शब्द - N

Face (आकृति) N

Eye (दृष्टि) N

Jivha (जिह्वा) शान

Urine (मूत्र) Regular

Stool (मल) विशुद्ध

Nadi (नाड़ी) वृत्त, कफ

(Dash Vidha)

1. Prakruti वृत्त

2. Vikruti - वृत्त

3. Sara - भ्रूषा

4. Samhana रूखा

5. Pramana रूखा

6. Satmya रूखा

7. Satva रूखा

8. Aahar Shakti रूखा

9. Vaya रूखा

10. Vyayam Shakti रूखा

Vitals:

B.P.: 101/71 mmHg

Weight: 55.0 kg

Height: 5'6

Age: 54 Sex: F

Date: 11/9/22

Time: 11:00 AM

B/L Knee Joint Pain
Swelling in Both Knees
Constipation
Hypers Gas Acidity

APP - on/off

Sleep - on/off

Bowel - Irregular

Bladder - Regular

Sandhivata. (संधिवात)

① Dr. Shuddhi powder - 1/2 kg प्रति 3 महीने
समय अनुसार पानी से

② Dr. Immune tab 1 tab 2-3 बार
1 tab 2 बार समय से 3 बार
आज तक पानी से

③ Naatahar Kure 1 tab सुबह 1 बार
आज तक पानी से

④ 90 Flexi cap - 1 cap सुबह 1 बार
आज तक पानी से

⑤ Orthonal Syrup 2 kg 2-3 बार
2 kg 2 बार समय से 3 बार
आज तक पानी से

NEXT CONSULTATION DATE: 772.70780

After 15 days

In case of Fever, Stiffness Swelling Pain

Please Come Immediately or Call at 9572695726 Increased